




# Norwalk Community School District-Gluten-Free Grades 6-12



## AUGUST 2023 SCC GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><u>Secondary Meal Pricing:</u>            Secondary Breakfast \$2.15            Reduced Priced Breakfast \$.30            Secondary Lunch \$3.20            Reduced Priced Lunch \$.40            Single Carton of Milk \$.50</p>		
		<p>23</p> <p><b>Turkey &amp; Gravy/GF Roll</b>            Mashed Potatoes            Green Beans            Applesauce            Fruit Cocktail</p>	<p>24</p> <p><b>GF Pancakes/Sausage Patties*</b>            Hash Brown            Glazed Carrots            Chilled Blueberries            100% Fruit Juice Cup</p>	<p>25</p> <p><b>GF Cheese Pizza</b>            Mixed Vegetables            Steamed Edamame            Peaches            Pears</p>

<p>28</p> <p><b>Homemade GF Grilled Cheese</b>            Edamame            Carrots            Apple Slices            Pineapple</p>	<p>29</p> <p><b>GF Chicken Tenders</b>            Steamed Peas            Tater Tots            Mandarin Oranges            Applesauce</p>	<p>30</p> <p><b>GF Corn Dog</b>            Green Beans            Steamed Broccoli            Pears            Apricots</p>	<p>31</p> <p><b>Glazed Chicken Drumstick/GF Roll</b>            Hash Brown            Italian Blend Vegetables            Grapes            Pineapple</p>
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Need help paying for school meals? See if your household qualifies for meal assistance. Apply online at [www.schoolcafe.com](http://www.schoolcafe.com). If you have questions about the Nutrition Program, please contact the Nutrition Office at 515-981-9876. Payments for school meals can be sent to school with your child or you may pay online at [norwalk.revtrak.net](http://norwalk.revtrak.net). If you have not yet registered for account balance information, you may do so at [www.schoolcafe.com](http://www.schoolcafe.com). You have until September 30, 2023 to complete the fee waiver if you were approved for free or reduced-priced school meals.



*Nutritional information, including common food allergens can be found at [norwalkschools.nutrislice.com](http://norwalkschools.nutrislice.com). Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.*

\* Entrée May Contain Pork      Only Whole Grain-Rich Products Are Served      A Variety of Condiments Are Offered Daily  
 USDA is an equal opportunity provider.      Menu is subject to change without notice.  
 Gluten-Free Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.