







# Norwalk Community School District-Oviatt Elementary



## MAY 2023 BREAKFAST AND LUNCH MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	2	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	3	Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit & Milk	4	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	5	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk
<b>Pizza Crunchers</b> <i>or</i>		<b>Cheese Burger</b> <i>or</i>		<b>Soft Shell Beef Taco/Cheese</b> <i>or</i>		<b>Bosco Cheese Sticks/Marinara</b> <i>or</i>		<b>Grilled Cheese Sandwich</b>	
<b>Deli Turkey Sandwich</b>		<b>Deli Ham Sandwich*</b>		<b>Turkey &amp; Cheese Roll-Up</b>		<b>Deli Ham Sandwich*</b>		<b>Diced Ham*/Dinner Roll</b>	
Steamed Peas		Oven Baked Fries		Refried Beans		Steamed Broccoli		Glazed Carrots	
Baby Carrots/Cucumber Slices		Romaine Lettuce/Tomato Slices		Romaine Lettuce/Diced Tomatoes		Baby Carrots/Edamame		Romaine Lettuce/Broccoli	
Blueberries		Apple Crisp 		Craisins		Peaches		Fruit Cocktail	
Applesauce		Fresh Grapes		Fruit Slushy		Pears		Mandarin Oranges	
8	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	9	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	10	Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	11	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	12	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk
<b>Orange Chicken/Rice</b> <i>or</i>		<b>Pancakes/Sausage Patties*</b> <i>or</i>		<b>Pepperoni French Bread*</b> <i>or</i>		<b>Mini Corn Dogs</b> <i>or</i>		<b>Cheese Stuffed Sticks/Marinara</b> <i>or</i>	
<b>Turkey Sandwich</b>		<b>Cheese Sandwich</b>		<b>Deli Turkey Sandwich</b>		<b>Diced Ham*/Dinner Roll</b>		<b>Deli Ham Sandwich*</b>	
Steamed Broccoli		Tater Tots		Sweet Potato Fries		Baked Beans		Green Beans	
Baby Carrots/Chilled Peas		Baby Carrots/Celery Sticks		Romaine Lettuce/Chilled Edamame		Baby Carrots/Romaine Lettuce		Broccoli/Cucumbers	
Pineapple		Fruit Choice		Banana		Mandarin Oranges		Peaches 	
Mixed Berry Cup		100% Juice Cup		Thickened Strawberries		Pears		Fruit Cocktail	
15	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	16	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	17	Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	18	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	19	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk
<b>Garlic Cheese Bread</b> <i>or</i>		<b>Pasta &amp; Meat Sauce</b> <i>or</i>		<b>Deep Dish Cheese Pizza</b> <i>or</i>		<b>Cook's Choice</b> <i>or</i>		<b>Breaded Mozzarella Sticks/Marinara</b> <i>or</i>	
<b>Deli Turkey Sandwich</b>		<b>Ham* Sandwich</b>		<b>Deli Turkey Sandwich</b>		<b>Deli Ham* Sandwich</b>		<b>Diced Ham*/Dinner Roll</b>	
Steamed Broccoli		Mixed Vegetables		Steamed Corn		Vegetable Choice		Steamed Peas	
Baby Carrots/Cauliflower 		Romaine Lettuce/Red Pepper Strips		Zucchini/Baby Carrots		Romaine Salad/Tomato Slices		Baby Carrots/Celery	
Applesauce		Banana		Apple Slices		Peaches		Fruit Choice	
Raisins or Craisins		Mandarin Oranges		Mixed Fruit		Pineapple		Chilled Blueberries	
22	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	23	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	24	Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	25	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	26	Cereal & Graham Crackers Fruit, 100% Juice & Milk
<b>Chicken Tenders</b> <i>or</i>		<b>Hamburger</b> <i>or</i>		<b>Cheese Pizza</b> <i>or</i>		<b>Macaroni &amp; Cheese</b> <i>or</i>		<b>French Toast Sticks/Vanilla Yogurt</b> <i>or</i>	
<b>Deli Ham* Sandwich</b>		<b>Deli Turkey Sandwich</b>		<b>Deli Ham* Sandwich</b>		<b>Diced Ham*/Dinner Roll</b>		<b>Deli Ham Sandwich*</b>	
Sweet Potatoes		Baked Beans		Glazed Carrots		Steamed Peas		Tater Tots	
Carrots/Cauliflower		Romaine Lettuce/Tomato Slices		Romaine Lettuce/Cherry Tomatoes		Baby Carrots/Broccoli		Baby Carrots/Veggie Choice	
Apricots		Orange Wedges		Banana		Watermelon		Fruit Choice	
Pineapple		Cinnamon Applesauce Cup		Thickened Strawberries		Apricots		100% Juice Cup	
29	<b>MEMORIAL DAY! NO SCHOOL!</b> 	30	Cereal & Graham Crackers Fruit, 100% Juice & Milk <b>Hot Option Meal Only</b>	31	Cereal & Graham Crackers Fruit, 100% Juice & Milk <b>SACK LUNCH MEAL</b>	<b>HAPPY SUMMER VACATION!</b>			
		Chicken Nuggets Hot Vegetable Choice Baby Carrots/Chilled Peas Pears Mandarin Oranges		Sun Butter & Jelly Sandwich Baby Carrots Celery Sticks Applesauce Cup Craisins					

*Nutritional information, including common food allergens can be found at [norwalkschools.nutrislice.com](http://norwalkschools.nutrislice.com). Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.*

\* Entrée May Contain Pork  
USDA is an equal opportunity provider.

Only Whole Grain-Rich Products Are Served

A Variety of Condiments Are Offered Daily  
Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily unless noted otherwise. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.