








Norwalk Community School District-Lakewood Elementary



MAY 2023 BREAKFAST AND LUNCH MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	2	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	3	Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit & Milk	4	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	5	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk
Pizza Crunchers <i>or</i>		Cheese Burger <i>or</i>		Soft Shell Beef Taco/Cheese <i>or</i>		Bosco Cheese Sticks/Marinara <i>or</i>		Grilled Cheese Sandwich	
Deli Turkey Sandwich		Deli Ham Sandwich*		Turkey & Cheese Roll-Up		Deli Ham Sandwich*		Diced Ham*/Dinner Roll	
Steamed Peas		Oven Baked Fries		Refried Beans		Steamed Broccoli		Glazed Carrots	
Baby Carrots/Cucumber Slices		Romaine Lettuce/Tomato Slices		Romaine Lettuce/Diced Tomatoes		Baby Carrots/Edamame		Romaine Lettuce/Broccoli	
Blueberries		Apple Crisp 		Craisins		Peaches		Fruit Cocktail	
Applesauce		Fresh Grapes		Fruit Slushy		Pears		Mandarin Oranges	
8	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	9	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	10	Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	11	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	12	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk
Orange Chicken/Rice <i>or</i>		Pancakes/Sausage Patties* <i>or</i>		Pepperoni French Bread* <i>or</i>		Mini Corn Dogs <i>or</i>		Cheese Stuffed Sticks/Marinara <i>or</i>	
Turkey Sandwich		Cheese Sandwich		Deli Turkey Sandwich		Diced Ham*/Dinner Roll		Deli Ham Sandwich*	
Steamed Broccoli		Tater Tots		Sweet Potato Fries		Baked Beans		Green Beans	
Baby Carrots/Chilled Peas		Baby Carrots/Celery Sticks		Romaine Lettuce/Chilled Edamame		Baby Carrots/Romaine Lettuce		Broccoli/Cucumbers	
Pineapple		Fruit Choice		Banana		Mandarin Oranges		Peaches 	
Mixed Berry Cup		100% Juice Cup		Thickened Strawberries		Pears		Fruit Cocktail	
15	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	16	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	17	Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	18	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	19	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk
Garlic Cheese Bread <i>or</i>		Pasta & Meat Sauce <i>or</i>		Deep Dish Cheese Pizza <i>or</i>		Cook's Choice <i>or</i>		Breaded Mozzarella Sticks/Marinara <i>or</i>	
Deli Turkey Sandwich		Ham* Sandwich		Deli Turkey Sandwich		Deli Ham* Sandwich		Diced Ham*/Dinner Roll	
Steamed Broccoli		Mixed Vegetables		Steamed Corn		Vegetable Choice		Steamed Peas	
Baby Carrots/Cauliflower 		Romaine Lettuce/Red Pepper Strips		Zucchini/Baby Carrots		Romaine Salad/Tomato Slices		Baby Carrots/Celery	
Applesauce		Banana		Apple Slices		Peaches		Fruit Choice	
Raisins or Craisins		Mandarin Oranges		Mixed Fruit		Pineapple		Chilled Blueberries	
22	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	23	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	24	Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	25	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	26	Cereal & Graham Crackers Fruit, 100% Juice & Milk
Chicken Tenders <i>or</i>		Hamburger <i>or</i>		Cheese Pizza <i>or</i>		Macaroni & Cheese <i>or</i>		French Toast Sticks/Vanilla Yogurt <i>or</i>	
Deli Ham* Sandwich		Deli Turkey Sandwich		Deli Ham* Sandwich		Diced Ham*/Dinner Roll		Deli Ham Sandwich*	
Sweet Potatoes		Baked Beans		Glazed Carrots		Steamed Peas		Tater Tots	
Carrots/Cauliflower		Romaine Lettuce/Tomato Slices		Romaine Lettuce/Cherry Tomatoes		Baby Carrots/Broccoli		Baby Carrots/Veggie Choice	
Apricots		Orange Wedges		Banana		Watermelon		Fruit Choice	
Pineapple		Cinnamon Applesauce Cup		Thickened Strawberries		Apricots		100% Juice Cup	
29	MEMORIAL DAY! NO SCHOOL! 	30	Cereal & Graham Crackers Fruit, 100% Juice & Milk Hot Option Meal Only	31	Cereal & Graham Crackers Fruit, 100% Juice & Milk SACK LUNCH MEAL				
		Chicken Nuggets		Sun Butter & Jelly Sandwich					
		Hot Vegetable Choice		Baby Carrots					
		Baby Carrots/Chilled Peas		Celery Sticks					
		Pears		Applesauce Cup					
		Mandarin Oranges		Craisins					

Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.

* Entrée May Contain Pork
USDA is an equal opportunity provider.

Only Whole Grain-Rich Products Are Served

A Variety of Condiments Are Offered Daily
Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily unless noted otherwise. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.