

Norwalk Lunch Menu Grades 9-12 May 2023

Choose an Entrée:	1	2	3	4	5
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i>	Chicken Tenders/Dinner Roll Cheese Pizza Honey Sriracha or Teriyaki Chicken/Rice Deli Sandwich or Protein Pack or Salad Bar	Pepperoni or Garlic French Bread Pizza* Bosco Cheese Sticks or Pizza Crunchers Italian Meat Ball Sub Deli Sandwich or Protein Pack or Salad Bar	Breaded Chicken Sandwich Grilled Cheese Sandwich Beef Soft Tacos Deli Sandwich or Protein Pack or Salad Bar	Grilled Chicken Sandwich Fiesta Beef Taco Pizza Macaroni & Cheese/Breadstick Deli Sandwich or Protein Pack or Salad Bar	Cheese Burger Fish Sticks/Dinner Roll Walking Taco Deli Sandwich or Protein Pack or Salad Bar
Choose Side Items: (Must choose at least 1 side to build a meal.)	Green Beans Edamame Apple Slices Apricots Fresh Fruit Assortment	Sweet Potatoes Steamed Broccoli/Cauliflower Pears Pineapple Fresh Fruit Assortment	Refried Beans/Shredded Cheese Corn Grapes Fruit Cocktail Fresh Fruit Assortment	Green Peas Corn Strawberry Cup Applesauce Fresh Fruit Assortment	Black Beans Tater Tots Peach Cup Strawberries Fresh Fruit Assortment
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i>	Breaded Mozzarella Sticks/Marinara BBQ Pork Rib* or Pork Fritter* on Bun Turkey & Gravy/Biscuit Deli Sandwich or Protein Pack or Salad Bar	Deluxe Chicken Sandwich Mini Corn Dogs Pretzel with Cheese Sauce Deli Sandwich or Protein Pack or Salad Bar	Pepperoni Pizza* Chicken Nuggets/Roll Pasta & Meat Sauce/Bread Stick Deli Sandwich or Protein Pack or Salad Bar	Pizza Crunchers Hot Dog* on a Bun French Toast Sticks/Eggs Deli Sandwich or Protein Pack or Salad Bar	Cheese Pizza Spicy Chicken Sandwich or Tenders/Roll Cheese Nachos Deli Sandwich or Protein Pack or Salad Bar
Choose Side Items: (Must choose at least 1 side to build a meal.)	Mashed Potatoes Peas Mixed Berries Applesauce Fresh Fruit Assortment	Potato Fusion or Tots Corn Pears Pineapple Fresh Fruit Assortment	Broccoli Glazed Carrots Strawberries Craisins Fresh Fruit Assortment	Hash Browns Baked Beans 100% Juice Cup Apple Slices Fresh Fruit Assortment	Refried Beans Steamed Peas Peaches Pears Fresh Fruit Assortment
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i>	Popcorn Chicken/Dinner Roll Bosco Cheese Sticks/Marinara Chicken & Noodles/Roll Deli Sandwich or Protein Pack or Salad Bar	Garlic Cheese Bread Hamburger Cook's Choice Deli Sandwich or Protein Pack or Salad Bar	Cheese Sticks/Marinara Breaded Chicken Sandwich Pancakes/Sausage Patties* Deli Sandwich or Protein Pack or Salad Bar	Grilled Chicken Sandwich Cheese Pizza Pasta Bar/Bread Stick Deli Sandwich or Protein Pack or Salad Bar	Chicken Drumstick/Biscuit Pepperoni Pizza* Cook's Choice Deli Sandwich or Protein Pack or Salad Bar
Choose Side Items: (Must choose at least 1 side to build a meal.)	Mashed Potatoes Green Beans Peaches Craisins Fresh Fruit Assortment	Broccoli Glazed Carrots Mandarin Oranges Grapes Fresh Fruit Assortment	Steamed Peas Hash Brown Blueberries Juice Cup Fresh Fruit Assortment	Corn Broccoli Apple Slices Pineapple Fresh Fruit Assortment	Steamed Italian Blend Vegetables Edamame Applesauce Fruit Cocktail Fresh Fruit Assortment
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i>	Cheese Stuffed Sticks/Marinara Breaded Chicken Sandwich Deli Sandwich or Protein Pack or Salad Bar	Chicken Tenders/Roll Pancakes/Sausage Patties* Deli Sandwich or Protein Pack or Salad Bar	Cheese Burger Chicken Fajitas/Cheese/Salsa Deli Sandwich or Protein Pack or Salad Bar	Corn Dog or Mini Corn Dogs Breaded Chicken Sandwich Deli Sandwich or Protein Pack or Salad Bar	Variety of Pizza Beef Soft Tacos/Cheese/Salsa Deli Sandwich or Protein Pack or Salad Bar
Choose Side Items: (Must choose at least 1 side to build a meal.)	Potato Fusion Steamed Broccoli Peaches or Apricots Fruit Choice	Baked Beans Tater Tots Blueberries or Mixed Berries 100% Fruit Juice	Veggie Choice Sweet Potatoes Pears Apple Slices	Potatoes Veggie Choice Fruit Choice Pineapple	Refried Beans Green Peas Strawberries Fruit Cocktail
	MONDAY	TUESDAY	WEDNESDAY		
<i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i>	MEMORIAL DAY-NO SCHOOL!	Chicken Nuggets/Roll Hot Dog on Bun*	Deli Turkey Sandwich		
Choose Side Items: (Must choose at least 1 side to build a meal.)		Baked Beans Glazed Carrots Mandarin Oranges Assorted Fruit	Baby Carrots Celery Sticks Applesauce Cup Craisins		

All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily as Part of the Meal. Menu is subject to change without notice. USDA is an equal opportunity provider.

Please bring your lunch card each day so that we may efficiently serve you! Take a picture of it! Replacement cards are \$10.00 each.