

Norwalk Lunch Menu Grades 9-12 April 2023

	3	MONDAY	4	TUESDAY	5	WEDNESDAY	6	THURSDAY	7	FRIDAY
Choose an Entrée: <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	3	Chicken Tenders/Dinner Roll Cheese Pizza Italian Beef Meatbal Sub Deli Sandwich or Protein Pack or Salad Bar Potato Fusion Corn Apple Slices Apricots Fresh Fruit Assortment	4	Pepperoni French Bread Pizza* Cheese Burger Salisbury Steak/Gravy/Biscuit Deli Sandwich or Protein Pack or Salad Bar Mashed Potatoes Peas Pears Pineapple Fresh Fruit Assortment	5	Breaded Chicken Sandwich Grilled Cheese Sandwich Beef Soft Tacos Deli Sandwich or Protein Pack or Salad Bar Refried Beans/Shredded Cheese Sweet Potatoes Apple Slices Fruit Cocktail Fresh Fruit Assortment	6	Grilled Chicken Sandwich Fiestada Beef Taco Pizza Queso Blanco/Tortilla Chips Deli Sandwich or Protein Pack or Salad Bar Green Beans Steamed Broccoli Strawberry Cup Orange Wedges Fresh Fruit Assortment	7	Deluxe Chicken Sandwich Pork Fritter* or BBQ Rib* Pasta & Meat Sauce/Breadstick Deli Sandwich or Protein Pack or Salad Bar Baked Beans Mixed Vegetables Mandarin Oranges Peaches Fresh Fruit Assortment
Choose an Entrée: <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	10	Breaded Mozzarella Sticks/Marinara Popcorn Chicken/Dinner Roll Spicy Chicken Sandwich Deli Sandwich or Protein Pack or Salad Bar Mashed Potatoes Peas Mixed Berries Applesauce Fresh Fruit Assortment	11	Pulled Pork* Sandwich Mini Corn Dogs Honey Sriracha Chicken/Brown Rice Deli Sandwich or Protein Pack or Salad Bar Green Beans Corn Pears Pineapple Fresh Fruit Assortment	12	Pepperoni Pizza* Chicken Nuggets/Roll Pretzel with Cheese Sauce Deli Sandwich or Protein Pack or Salad Bar Broccoli Glazed Carrots Peaches Craisins Fresh Fruit Assortment	13	Pizza Crunchers Hot Dog* on a Bun French Toast Sticks/Scrambled Eggs Deli Sandwich or Protein Pack or Salad Bar Hash Browns Baked Beans 100% Juice Cup Apple Slices Fresh Fruit Assortment	14	Cheese Pizza Spicy Chicken Tenders/Roll Walking Taco Deli Sandwich or Protein Pack or Salad Bar Refried Beans Steamed Peas Mandarin Oranges Applesauce Cup Fresh Fruit Assortment
Choose an Entrée: <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	17	Chicken Nuggets/Biscuit Bosco Cheese Sticks/Marinara Turkey & Gravy/Biscuit Deli Sandwich or Protein Pack or Salad Bar Mashed Potatoes Green Beans Peaches Craisins Fresh Fruit Assortment	18	Garlic Cheese Bread Burger with Crispy Onions Teriyaki Chicken/Brown Rice Deli Sandwich or Protein Pack or Salad Bar Broccoli Glazed Carrots Mandarin Oranges Grapes Fresh Fruit Assortment	19	BBQ Pork Rib Sandwich* Breaded Chicken Sandwich Pancakes/Sausage Patties* Deli Sandwich or Protein Pack or Salad Bar Steamed Peas Hash Brown Applesauce Juice Cup Fresh Fruit Assortment	20	Grilled Chicken Sandwich Cheese Pizza Pasta Bar/Bread Stick Deli Sandwich or Protein Pack or Salad Bar Corn Broccoli Apple Slices Pineapple Fresh Fruit Assortment	21	Chicken Drumstick/Biscuit Pepperoni Pizza* Cheese Nachos Deli Sandwich or Protein Pack or Salad Bar Steamed Italian Blend Vegetables Refried Beans Peas Apricots Fresh Fruit Assortment
Choose an Entrée: <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	24	Cheese Stuffed Sticks/Marinara Breaded Chicken Sandwich Macaroni & Cheese/Breadstick Deli Sandwich or Protein Pack or Salad Bar Carrots Steamed Broccoli Apple Slices Pineapple Fresh Fruit Assortment	25	Cheese Pizza Hot Dog on Bun* Crisritos/Cheese Sauce Deli Sandwich or Protein Pack or Salad Bar Baked Beans Tater Tots Mandarin Oranges Applesauce Fresh Fruit Assortment	26	Corn Dog Fiestada Pizza Chicken Fajitas/Salsa Deli Sandwich or Protein Pack or Salad Bar Refried Beans/Shredded Cheese Italian Vegetables Pears Blueberries Fresh Fruit Assortment	27	Chicken Nuggets/Dinner Roll Cheese Pizza Beef & Noodles/Dinner Roll Deli Sandwich or Protein Pack or Salad Bar Mashed Potatoes Corn Peaches Orange Wedges Fresh Fruit Assortment	28	BBQ Pork Rib on Bun* Breaded Mozzarella Sticks/Marinara Pasta & Meat Sauce/Breadstick Deli Sandwich or Protein Pack or Salad Bar French Fries Green Peas Fruit Slushy Fruit Cocktail Fresh Fruit Assortment

All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily as Part of the Meal. Menu is subject to change without notice. USDA is an equal opportunity provider.

Please bring your lunch card each day so that we may efficiently serve you! Take a picture of it! Replacement cards are \$10.00 each.