



Norwalk Community School District-Secondary Gluten-Free Menu



APRIL 2023 SCC GF LUNCH MENU GRADES 6-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 GF Chicken Tenders Potato Fusion Corn Apricots Apple Slices	4 Cheese Burger on GF Bun Mashed Potatoes Steamed Peas Pineapple Pears	5 Beef Taco Meat/Tortilla Chips Refried Beans Sweet Potatoes Fruit Cocktail Apple Slices	6 Queso Blanco/Tortilla Chips Green Beans Broccoli Strawberry Cup Orange Wedges	7 Grilled Chicken on GF Bun Baked Beans Mixed Vegetables Mandarin Oranges Peaches
10 Homemade Garlic Cheese Bread Mashed Potatoes Peas Mixed Berries Applesauce	11 Pulled Pork* Sandwich Green Beans Corn Pears Pineapple	12 GF Chicken Tenders/GF Roll Broccoli Glazed Carrots Peaches Craisins	13 Hot Dog* on a Bun Baked Beans Hash Browns 100% Juice Cup Apple Slices	14 Walking Taco Refried Beans Steamed Peas Mandarin Oranges Applesauce Cup
17 Turkey & Gravy/GF Roll Mashed Potatoes Green Beans Peaches Craisins	18 GF Cheese Burger Broccoli Glazed Carrots Grapes Mandarin Oranges	19 GF Pancakes/Sausage Patties* Hash Browns Steamed Peas Applesauce 100% Juice Cup	20 Grilled Chicken Sandwich Broccoli Corn Apple Slices Pineapple	21 Cheese Nachos Refried Beans Italian Blend Vegetables Pears Apricots
24 GF Chicken Tenders/GF Roll Steamed Broccoli Carrots Apple Slices Pineapple	25 GF Hot Dog* on GF Bun Tater Tots Baked Beans Applesauce Mandarin Oranges	26 Chicken Fajita Meat/Tortilla Chips Refried Beans Italian Vegetables Pears Blueberries	27 GF Grilled Cheese Sandwich Mashed Potatoes Corn Orange Wedges Peaches	28 GF Chicken Sandwich French Fries Green Peas Fruit Slushy Fruit Cocktail



Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.

* Entrée May Contain Pork Only Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.