



# Norwalk Community School District-Lakewood Elementary



## MARCH 2023 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Students please join us as we kick off National School Breakfast Week March 6th - March 8th. Students can receive one free breakfast meal March 6-8th in the cafeteria.</b></p> 		<p><b>1</b> Egg &amp; Bagel <i>or</i> Cereal &amp; Graham Crackers Fruit &amp; Milk</p> <hr/> <p><b>Mini Corn Dogs</b> <i>or</i> <b>Deli Turkey Sandwich</b> Baked Beans Baby Carrots/Broccoli Fruit Cocktail Mixed Berry Cup</p>	<p><b>2</b> Bacon Breakfast Pizza <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Breaded Chicken Sandwich</b> <i>or</i> <b>Deli Ham* &amp; Cheese Sandwich</b> Sweet Potato Fries Chilled Edamame/Baby Carrots Mandarin Oranges Pears</p>	<p><b>3</b> Variety of Mini Entrees <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Cheese Stuffed Sticks/Marinara</b> <i>or</i> <b>Deli Turkey Sandwich</b> Green Beans Baby Carrots/Chilled Peas Pineapple Peaches</p>
	<p><b>6</b> Bacon Breakfast Pizza <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Cheese Pizza</b> <i>or</i> <b>Diced Ham*/Dinner Roll</b> Steamed Peas Baby Carrots/Chilled Edamame Baked Apples Mandarin Oranges</p>	<p><b>7</b> French Toast Sticks <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Soft Chicken Taco</b> <i>or</i> <b>Turkey &amp; Cheese Roll-Up</b> Refried Beans/Shredded Cheese Shredded Lettuce/Diced Tomatoes Pineapple Mixed Berry Cup</p>	<p><b>8</b> Egg &amp; Bagel <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Pancakes/Sausage Patties*</b> <i>or</i> <b>Deli Turkey Sandwich</b> Tater Tots Baby Carrots/Broccoli Blueberries 100% Juice Cup</p>	<p><b>9</b></p> <hr/> <p style="text-align: center;"><b>No School! Have a great break!</b></p> 
<p><b>13</b></p>	<p><b>14</b></p>	<p><b>15</b></p>	<p><b>16</b></p>	<p><b>17</b></p>



**NO SCHOOL MARCH 13-17**



<p><b>20</b> Bacon Breakfast Pizza <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Chicken Tenders</b> <i>or</i> <b>Sun Butter &amp; Jelly Sandwich</b> Steamed Peas Baby Carrots/Zucchini Slices Fruit Cocktail Pineapple</p>	<p><b>21</b> French Toast Sticks <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Turkey &amp; Gravy/Biscuit</b> <i>or</i> <b>Diced Ham*/Biscuit</b> Mashed Potatoes Romaine Lettuce/Red Pepper Strips Applesauce Mandarin Oranges</p>	<p><b>22</b> Egg &amp; Bagel <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Garlic Cheese Bread</b> <i>or</i> <b>Ham* Sandwich</b> Green Beans Romaine Lettuce/Celery Sticks Banana Apricot Cup</p>	<p><b>23</b> Bacon Breakfast Pizza <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Hot Dog* on a Bun</b> <i>or</i> <b>Deli Turkey Sandwich</b> Baked Beans Baby Carrots/Broccoli Pears Peaches</p>	<p><b>24</b> Variety of Mini Entrees <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Grilled Cheese Sandwich</b> <i>or</i> <b>Deli Ham Sandwich*</b> Oven Baked Potato Wedges Baby Carrots/Chilled Edamame Mixed Fruit Apple Slices</p>
<p><b>27</b> Bacon Breakfast Pizza <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Popcorn Chicken</b> <i>or</i> <b>Diced Ham*/Dinner Roll</b> Sweet Potato Fries Baby Carrots/Cucumber Slices Craisins Mandarin Oranges</p>	<p><b>28</b> French Toast Sticks <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>BBQ Pork Rib on a Bun*</b> <b>Turkey Sandwich</b> Oven Baked Fries Romaine Salad/Red Pepper Strips Grapes Pears &amp; WG Chocolate Chip Cookie</p>	<p><b>29</b> Egg &amp; Bagel <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Pasta with Meat Sauce /Breadstick</b> <i>or</i> <b>Deli Ham Sandwich*</b> Steamed Broccoli Cauliflower Florettes/Romaine Lettuce Apple Slices Strawberries</p>	<p><b>30</b> Bacon Breakfast Pizza <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Pepperoni Pizza*</b> <i>or</i> <b>Turkey Sandwich</b> Green Beans Baby Carrots/Chilled Edamame Applesauce Mixed Fruit</p>	<p><b>31</b> Variety of Mini Entrees <i>or</i> Cereal &amp; Graham Crackers Fruit, 100% Juice &amp; Milk</p> <hr/> <p><b>Queso Blanco/Tortilla Chips</b> <i>or</i> <b>Deli Ham Sandwich*</b> Refried Beans Shredded Lettuce/Diced Tomatoes Pineapple Peaches</p>

*Nutritional information, including common food allergens can be found at [norwalkschools.nutrislice.com](http://norwalkschools.nutrislice.com). Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.*

\* Entrée May Contain Pork      Only Whole Grain-Rich Products Are Served      A Variety of Condiments Are Offered Daily  
USDA is an equal opportunity provider.      Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.