Norwalk Community School District-Gluten-Free Secondary Menu

MARCH 2023 GLUTEN FREE SCC LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Students please join us as we kick off National School Breakfast Week March 6th - March 8th. Students can receive one free breakfast meal March 6-8th in the cafeteria.		1 **GF Pancakes/Sausage Patties*** Potato Wedges Italian Blend Vegetables Chilled Blueberries 100% Juice Cup	2 **GF Grilled Cheese Sandwich** Sweet Potato Fries Baked Beans Mandarin Oranges Pears	3 **Chili/GF Dinner Roll** Green Beans Edamame Orange Wedges Fruit Cocktail
6 **Pulled Pork on GF Bun** Steamed Peas Baked Beans Peaches Applesauce	7 **Grilled Chicken on GF Bun** Steamed Corn Broccoli Pears Pineapple	8 **GF Pizza or GF Chicken Tenders** Mashed Potatoes Glazed Carrots Applesauce Cup Mixed Berry Cup	9 **No School! Have a great break!**	10
13 NO SCHOOL MARCH 13-17 SPRING BREAK!	14	15	16	17
20 **Cheese Burger on GF Bun** Glazed Carrots Steamed Broccoli Apple Slices Pineapple	21 **GF Hot Dog on a GF Bun** French Fries Baked Beans Peaches Grapes	22 **Beef Taco Meat/Tortilla Chips** Refried Beans Sweet Potato Fries Applesauce Fruit Cocktail	23 **Queso Blanco/Tortilla Chips** Green Beans Broccoli & Cauliflower Medley Orange Wedges Pears	24 **Homemade GF Garlic Cheese Bread** Corn Peas Strawberries Chilled Blueberries
27 **GF Turkey & Gravy/GF Roll** Mashed Potatoes Edamame Cinnamon Applesauce Cup Mandarin Oranges	28 **GF Hamburger on GF Bun** Mixed Vegetables Sweet Potato Fries Grapes Fruit Cocktail	29 **GF Pancakes/Egg Patties** Tater Tots Broccoli 100% Orange Juice Blueberries	30 **Pulled Pork on GF Bun** Steamed Corn Baked Beans Strawberry Applesauce Cup Orange Wedges	31 **GF Grilled Chicken Sandwich** Baby Carrots Green Beans Pears Fruit Cocktail

Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.

* Entrée May Contain Pork Only Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider. Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.