Norwalk Lunch Menu Grades 9-12 March 2023								
Choose an Entrée:	MONDAY	TUESDAY	1 WEDNESDAY	2 THURSDAY	3 FRIDAY			
Entrée Selection:			Mini Corn Dogs	Deluxe Chicken Sandwich	Bosco Cheese Sticks/Marinara			
Entrée Selection:			Garlic Cheese French Bread	Grilled Cheese Sandwich	Chicken Tenders/Dinner Roll			
Entrée Selection:			Pancakes/Sausage Patties*	Pasta & Meat Sauce/Bread Stick	Chili/Cinnamon Roll			
Entrée Selection:			Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar			
Choose Side Items:			Potato Wedges	Baked Beans	Green Beans			
(Must choose at least 1			Italian Blend Vegetables	Sweet Potato Fries	Edamame			
side to build a meal.)			Chilled Blueberries	Mandarin Oranges	Orange Wedges			
			100% Fruit Juice	Pears	Fruit Cocktail			
Choose an Entrée:	6 MONDAY	7 TUESDAY	8 WEDNESDAY	9 THURSDAY	10 FRIDAY			
Entrée Selection:	Pulled Pork Sandwich*	Pizza Crunchers	Pepperoni Pizza Slice*					
Entrée Selection:	Breaded Mozzarella Sticks/Marinara	Spicy Chicken Sandwich	Chicken Nuggets/Dinner Roll					
Entrée Selection:	Popcorn Chicken/Dinner Roll	Meatball Sub	Chicken & Noodles/Dinner Roll	NO SCHOOL TODAY!	NO SCHOOL TODAY!			
Entrée Selection:	Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar					
Choose Side Items:	Baked Beans	Steamed Corn	Mashed Potatoes					
(Must choose at least 1	Peas	Broccoli	Glazed Carrots					
side to build a meal.)	Peaches	Pears	Applesauce Cup					
	Applesauce	Pineapple	Mixed Berry Cup					
Choose an Entrée:	MONDAY	14 TUESDAY	15 WEDNESDAY	16 THURSDAY	17 FRIDAY			

Entrée Selection:
Entrée Selection:
Entrée Selection:

Entrée Selection:

Choose Side Items: (Must choose at least 1 side to build a meal.)









Choose an Entrée:	20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY
Entrée Selection:	Spicy Chicken Sandwich	Cheese Pizza	Pepperoni French Bread*	Chicken Tenders/Dinner Roll	BBQ Pork Rib on a Bun*
Entrée Selection:	Cheese Stuffed Sticks/Marinara	Hot Dog on a Bun*	Hamburger	Fiestada Beef Taco Pizza	Garlic Cheese Bread
Entrée Selection:	Honey Sriracha Chicken/Rice	Chicken Fajitas/Salsa/Cheese	Soft Beef Tacos/Salsa/Cheese	Queso Blanco/Tortilla Chips	Pasta & Meat Sauce/Breadstick
Entrée Selection:	Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar
Choose Side Items:	Glazed Carrots	French Fries	Refried Beans	Green Beans	Corn
(Must choose at least 1	Steamed Broccoli	Baked Beans	Sweet Potato Fries	Broccoli & Cauliflower Medley	Steamed Peas
side to build a meal.)	Apple Slices	Peaches	Applesauce	Orange Wedges	Strawberries
	Pineapple	Grapes	Fruit Cocktail	Pears	Chilled Blueberries
Choose an Entrée:	27 MONDAY	28 TUESDAY	29 WEDNESDAY	30 THURSDAY	31 FRIDAY
Entrée Selection:	Pepperoni Pizza*	Garlic Cheese Bread	Soft Pretzel with Cheese Sauce	Grilled Chicken Sandwich	Cheese Stuffed Sticks/Marinara
Entrée Selection:	Popcorn Chicken/Dinner Roll	Burger with Crispy Onions	Breaded Chicken Sandwich	Mini Corn Dogs	Chicken Drumstick/Dinner Roll
Entrée Selection:	Turkey & Gravy/Biscuit	Teriyaki Chicken/Rice	French Toast Sticks/Egg Patties	Pulled Pork Sandwich*	Pasta & Meat Sauce/Dinner Roll
Entrée Selection:	Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar	Deli Sandwich or Protein Pack or Salad Bar
Choose Side Items:	Mashed Potatoes	Mixed Vegetables	Tater Tots	Steamed Corn	Scalloped Potatoes
(Must choose at least 1	Edamame	Sweet Potato Fries	Broccoli	Baked Beans	Green Beans
side to build a meal.)	Cinnamon Applesauce	Grapes	100% OJ Cup	Strawberry Applesauce Cup	Pears
	Mandarin Oranges	Baked Apples	Blueberries	Orange Wedges	Fruit Cocktail

All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily as Part of the Meal. Menu is subject to change without notice. USDA is an equal opportunity provider.

Please bring your lunch card each day so that we may efficiently serve you! Take a picture of it! Replacement cards are \$10.00 each.