



Norwalk Lunch Menu Grades 9-12 February 2023



Choose an Entrée:	MONDAY	TUESDAY	1 WEDNESDAY	2 THURSDAY	3 FRIDAY
<i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)			Mini Corn Dogs Garlic Cheese French Bread Pancakes/Sausage Patties* Deli Sandwich or Protein Pack or Salad Bar Hash Brown Italian Blend Vegetables Chilled Blueberries 100% Fruit Juice	Breaded Pork Fritter* on Bun Grilled Cheese Sandwich Pasta & Meat Sauce/Breadstick Deli Sandwich or Protein Pack or Salad Bar Baked Beans Sweet Potato Fries Mandarin Oranges Pears	Bosco Cheese Sticks/Marinara Chicken Tenders/Dinner Roll Beef & Noodles/Dinner Roll Deli Sandwich or Protein Pack or Salad Bar Scalloped Potatoes Edamame Orange Wedges Fruit Cocktail
Choose an Entrée: <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	6 MONDAY	7 TUESDAY	8 WEDNESDAY	9 THURSDAY	10 FRIDAY
	Cheese Burger Breaded Mozzarella Sticks/Marinara Popcorn Chicken/Dinner Roll Deli Sandwich or Protein Pack or Salad Bar Mashed Potatoes Peas Peaches Applesauce	Individual Pepperoni Pizza* Chicken Nuggets/Dinner Roll Chili/Cinnamon Roll Deli Sandwich or Protein Pack or Salad Bar Oven Baked Tater Tots Broccoli Pears Pineapple	NO SCHOOL TODAY!	Hangry Bear Cheese Pizza Hangry Bear Pepperoni* Pizza Walking Taco Deli Sandwich or Protein Pack or Salad Bar Fiesta Black Beans Steamed Corn Mixed Berry Cup Apple Slices	Pizza Crunchers Deluxe Chicken Sandwich French Toast/Sausage Patties* Deli Sandwich or Protein Pack or Salad Bar Tater Gems Mixed Vegetables Mandarin Oranges Blueberries
Choose an Entrée: <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	13 MONDAY	14 TUESDAY	15 WEDNESDAY	16 THURSDAY	17 FRIDAY
	Spicy Chicken Sandwich Cheese Stuffed Sticks/Marinara Honey Sriracha Chicken/Rice Deli Sandwich or Protein Pack or Salad Bar Glazed Carrots Steamed Broccoli Apple Slices Pineapple	Cheese Pizza Hot Dog on a Bun* Chicken Fajitas/Salsa Deli Sandwich or Protein Pack or Salad Bar Corn Baked Beans Peaches Grapes	Pepperoni French Bread* Hamburger Soft Beef Tacos/Salsa Deli Sandwich or Protein Pack or Salad Bar Refried Beans/Shredded Cheese Sweet Potato Fries Applesauce Fruit Cocktail	Chicken Tenders/Dinner Roll Fiestada Beef Taco Pizza Queso Blanco/Tortilla Chips Deli Sandwich or Protein Pack or Salad Bar Green Beans Broccoli & Cauliflower Medley Orange Wedges Pears	BBQ Pork Rib on a Bun* Corn Dog Pasta & Meat Sauce/Breadstick Deli Sandwich or Protein Pack or Salad Bar Mixed Vegetables Corn Strawberries Chilled Blueberries
Choose an Entrée: <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY
	Pepperoni Pizza* Popcorn Chicken/Biscuit Turkey & Gravy/Biscuit Deli Sandwich or Protein Pack or Salad Bar Mashed Potatoes Edamame Cinnamon Applesauce Mandarin Oranges	Garlic Cheese Bread Burger with Crispy Onions Teriyaki Chicken/Rice Deli Sandwich or Protein Pack or Salad Bar Mixed Vegetables Sweet Potato Fries Grapes Fruit Cocktail	Soft Pretzel with Cheese Sauce Breaded Chicken Sandwich Mini Pancakes/Scrambled Eggs Deli Sandwich or Protein Pack or Salad Bar Hash Brown Broccoli 100% OJ Cup Blueberries	Pulled Pork Sandwich* Mini Corn Dogs Totchos/Warrior Waffle Deli Sandwich or Protein Pack or Salad Bar Steamed Corn Baked Beans Peaches Orange Wedges	Cheese Stuffed Sticks/Marinara Fish Sandwich/Tartar Sauce Chicken Crisпитos/Cheese Sauce/Salsa Deli Sandwich or Protein Pack or Salad Bar Glazed Carrots Green Peas Fruit Slushy Fruit Cocktail
Choose an Entrée: <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	27 MONDAY	28 TUESDAY			
	Chicken Tenders/Dinner Roll Cheese Pizza Italian Meatball Sub Deli Sandwich or Protein Pack or Salad Bar Italian Vegetables Corn Apple Slices Apricots	Cheese Burger Pepperoni French Bread* Salisbury Steak/Gravy & Biscuit Deli Sandwich or Protein Pack or Salad Bar Mashed Potatoes Broccoli Pears Pineapple			

All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily as Part of the Meal. Menu is subject to change without notice. USDA is an equal opportunity provider.

Please bring your lunch card each day so that we may efficiently serve you! Take a picture of it! Replacement cards are \$10.00 each.