



# Norwalk Community School District-Gluten-Free SCC Menu



FEBRUARY 2023 SECONDARY CAMPUS CAFETERIA GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <b>GF Pancakes/Sausage Patties*</b> Hash Brown Potato Italian Vegetables Chilled Blueberries 100% Fruit Juice	2 <b>GF Grilled Cheese Sandwich</b> Baked Beans Sweet Potato Fries Mandarin Oranges Pears	3 <b>GF Chicken Tenders/GF Roll</b> Baby Carrots Edamame Orange Wedges Fruit Cocktail
6 <b>GF Cheese Burger</b> Mashed Potatoes Steamed Peas Peaches Applesauce	7 <b>Chili/GF Dinner Roll</b> Oven Baked Tater Tots Steamed Broccoli Pears Pineapple	8          No School Today!	9 <b>Walking Taco</b> Fiesta Black Beans Steamed Corn Mixed Berry Cup Apple Slices	10 <b>GF Pancakes/Sausage Patties*</b> Tater Gems Mixed Vegetables Mandarin Oranges Blueberries
13 <b>GF Cheese or Pepperoni* Pizza</b> Glazed Carrots Broccoli Apple Slices Pineapple	14 <b>GF Hot Dog*</b> Corn Baked Beans Peaches Grapes	15 <b>Beef Taco Meat/Tortilla Chips</b> Refried Beans/Shredded Cheese Sweet Potato Fries Applesauce Fruit Cocktail	16 <b>Queso Blanco/Tortilla Chips</b> Green Beans Broccoli & Cauliflower Medley Orange Wedges Pears	17 <b>GF Grilled Chicken Sandwich</b> Mixed Vegetables Corn Strawberries Blueberries
20 <b>Turkey &amp; Gravy/GF Dinner Roll</b> Mashed Potatoes Edamame Cinnamon Applesauce Mandarin Oranges	21 <b>GF Hamburger</b> Mixed Vegetables Sweet Potato Fries Grapes Fruit Cocktail	22 <b>GF Pancakes/Scrambled Eggs</b> Hash Brown Potato Broccoli 100% OJ Cup Blueberries	23 <b>Pulled Pork* on GF Bun</b> Steamed Corn Baked Beans Peaches Orange Wedges	24 <b>Chicken Fajita Meat/Tortilla Chips</b> Glazed Carrots Green Peas Fruit Slushy Fruit Cocktail
27 <b>GF Chicken Tenders/GF Roll</b> Italian Vegetables Corn Apple Slices Apricots	28 <b>GF Cheese Burger</b> Broccoli Mashed Potatoes Pears Pineapple			



*Nutritional information, including common food allergens can be found at [norwalkschools.nutrislice.com](http://norwalkschools.nutrislice.com). Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.*

\* Entrée May Contain Pork      Only Whole Grain-Rich Products Are Served      A Variety of Condiments Are Offered Daily  
USDA is an equal opportunity provider.      Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.