




Norwalk Community School District-Gluten-Free Elementary Menu



FEBRUARY 2023 ELEMENTARY GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Grilled Chicken Sandwich Baked Beans Baby Carrots/Cucumbers Fruit Cocktail Thickened Strawberries	2 GF Ham* & Cheese Sandwich Sweet Potato Fries Chilled Edamame/Baby Carrots Mandarin Oranges Pears	3 GF Grilled Cheese Sandwich Green Beans Baby Carrots/Chilled Peas Pineapple Peaches
6 GF Cheese Burger Steamed Peas Baby Carrots/Zucchini Slices Baked Apples Pineapple	7 Beef Taco Meat/Tortilla Chips Refried Beans/Shredded Cheese Shredded Lettuce/Diced Tomatoes Sliced Apples Fresh Grapes	8 No School Today!	9 GF Hot Dog on a Bun* Baked Beans Baby Carrots/Broccoli Applesauce Peaches	10 Homemade Garlic Cheese Bread Glazed Carrots Romaie Lettuce/Cherry Tomatoes Mandarin Oranges Pears
13 GF Hamburger Mixed Vegetables Romaine Salad/Cucumbers Applesauce Raisins	14 GF Chicken Tenders/GF Roll Steamed Broccoli Chilled Edamame/Baby Carrots Banana  Fruit Slushy	15 GF Pepperoni Pizza* Glazed Carrots Cucumbers/Broccoli Fruit Cocktail Thickened Strawberries	16 GF Grilled Cheese Sandwich French Fries Romaine Salad/Cherry Tomatoes Cinnamon Baked Apples Pineapple	17 Walking Taco/Salsa Refried Beans Shredded Lettuce/Diced Tomatoes Pears Peaches
20 GF Cheese Burger Steamed Peas Baby Carrots/Zucchini Slices Fruit Cocktail Pineapple	21 GF Chicken Tenders Corn Romaine Salad/Red Pepper Strips Baked Apples Mandarin Oranges	22 Homemade Garlic Cheese Bread Hash Brown Potato Celery/Baby Carrots Banana Apricots	23 Hot Dog* on GF Bun Baked Beans Baby Carrots/Broccoli Pears Peaches	24 GF Pancakes/Yogurt Hash Brown Potato Baby Carrots/Chilled Peas 100% Juice Cup Apple Slices
27 GF Chicken Tenders Mixed Vegetables Baby Carrots/Cucumber Slices Craisins Mandarin Orages	28 GF Cheese Burger Steamed Corn Lettuce/Red Pepper Slices Apricots Apple Slices			
<p><i>Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.</i></p>				
<p>* Entrée May Contain Pork Only Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily</p> <p>Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.</p>				