







# Norwalk Community School District-Oviatt Elementary



## JANUARY 2023 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 	3	4 Cereal/Graham Crackers, 100% Juice, Fruit & Milk ----- Chicken Nuggets <i>or</i> Sun Butter & Jelly Sandwich Steamed Broccoli Baby Carrots/Chilled Edamame Applesauce Cup Craisins	5 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Mini Corn Dogs <i>or</i> Deli Turkey Sandwich Baked Beans Celery Sticks/Baby Carrots Mandarin Oranges Fruit Cocktail	6 Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Breaded Chicken Patty <i>or</i> Deli Ham* Sandwich Sweet Potato Fries Baby Carrots/Chilled Peas Pears Peaches
9 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Cheese Pizza <i>or</i> Diced Ham*/Dinner Roll Steamed Peas Baby Carrots/Zucchini Slices Baked Apples Pineapple	10 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Orange Chicken/Brown Rice <i>or</i> Deli Turkey & Cheese on Bun Corn Fresh Broccoli/Celery Sticks Fruit Cocktail Applesauce & WG Chocolate Chip Cookie	11 Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Pasta & Meat Sauce/Breadstick <i>or</i> Deli Ham *Sandwich Steamed Broccoli Chilled Peas/Baby Carrots Orange Wedges Craisins 	12 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Pancakes/Sausage Patties* <i>or</i> Deli Turkey Sandwich Hash Brown Potato Baby Carrots/Edamame 100% Orange Juice Blueberries 	13 Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Queso Blanco/Tortilla Chips <i>or</i> Deli Ham* Sandwich Refried Beans Shredded Lettuce/Diced Tomatoes Peaches Pears
16 	17 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Chicken Tenders/Dinner Roll <i>or</i> Cheese Sandwich Steamed Broccoli Chilled Edamame/Baby Carrots Cinnamon Applesauce Cup Raisins	18 Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Pepperoni Pizza* <i>or</i> Deli Turkey Sandwich Glazed Carrots Cucumber Slices/Broccoli Fruit Cocktail Thickened Strawberries	19 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Grilled Cheese Sandwich <i>or</i> Deli Ham* Sandwich French Fries Romaine Salad/Cherry Tomatoes Cinnamon Baked Apples Pineapple	20 Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Walking Taco/Salsa <i>or</i> Deli Turkey Sandwich Refried Beans Shredded Lettuce/Diced Tomatoes Pears Peaches
23 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Garlic Cheese French Bread <i>or</i> Diced Ham*/Dinner Roll Steamed Peas Baby Carrots/Zucchini Slices Fruit Cocktail Pineapple	24 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Soft Beef Taco <i>or</i> Turkey & Cheese Roll-Up Refried Beans/Shredded Cheese Shredded Lettuce/Diced Tomatoes Apple Crisp Mandarin Oranges	25 Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- French Toast Sticks/Strawberry Yogurt <i>or</i> Ham* Sandwich Hash Brown Potato Celery/Baby Carrots Blueberries 100% Apple Juice	26 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Hot Dog* on a Bun <i>or</i> Deli Turkey Sandwich Baked Beans Baby Carrots/Broccoli Pears Peaches	27 Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Bosco Cheese Sticks/Marinara <i>or</i> Deli Turkey Sandwich Green Beans Edamame/Romaine Lettuce Pineapple Strawberries
30 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Chicken Nuggets <i>or</i> Sun Butter & Jelly Sandwich Mixed Vegetables Baby Carrots/Cucumber Slices Craisins Mandarin Oranges	31 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk ----- Cheese Burger <i>or</i> Diced Ham*/Dinner Roll Corn Lettuce/Red Pepper Strips Apricots Apple Slices			

*Nutritional information, including common food allergens can be found at [norwalkschools.nutrislice.com](http://norwalkschools.nutrislice.com). Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.*

\* Entrée May Contain Pork      Only Whole Grain-Rich Products Are Served      A Variety of Condiments Are Offered Daily  
USDA is an equal opportunity provider.      Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.