

Norwalk Community School District-Lakewood Elementary

JANUARY 2023 BREAKFAST AND LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
		Cereal/Graham Crackers, 100% Juice, Fruit & Milk <hr style="border-top: 1px dashed black;"/> Chicken Nuggets <i>or</i> Sun Butter & Jelly Sandwich Steamed Broccoli Baby Carrots/Chilled Edamame Applesauce Cup Craisins	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Mini Corn Dogs <i>or</i> Deli Turkey Sandwich Baked Beans Celery Sticks/Baby Carrots Mandarin Oranges Fruit Cocktail	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Breaded Chicken Patty <i>or</i> Deli Ham* Sandwich Sweet Potato Fries Baby Carrots/Chilled Peas Pears Peaches
9	10	11	12	13
Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Cheese Pizza <i>or</i> Diced Ham*/Dinner Roll Steamed Peas Baby Carrots/Zucchini Slices Baked Apples Pineapple	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Orange Chicken/Brown Rice <i>or</i> Deli Turkey & Cheese on Bun Corn Fresh Broccoli/Celery Sticks Fruit Cocktail Applesauce & WG Chocolate Chip Cookie	Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Pasta & Meat Sauce/Breadstick <i>or</i> Deli Ham *Sandwich Steamed Broccoli Chilled Peas/Baby Carrots Orange Wedges Craisins	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Pancakes/Sausage Patties* <i>or</i> Deli Turkey Sandwich Hash Brown Potato Baby Carrots/Edamame 100% Orange Juice Blueberries	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Queso Blanco/Tortilla Chips <i>or</i> Deli Ham* Sandwich Refried Beans Shredded Lettuce/Diced Tomatoes Peaches Pears
	17	18	19	20
	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Chicken Tenders/Dinner Roll <i>or</i> Cheese Sandwich Steamed Broccoli Chilled Edamame/Baby Carrots Cinnamon Applesauce Cup Raisins	Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Pepperoni Pizza* <i>or</i> Deli Turkey Sandwich Glazed Carrots Cucumber Slices/Broccoli Fruit Cocktail Thickened Strawberries	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Grilled Cheese Sandwich <i>or</i> Deli Ham* Sandwich French Fries Romaine Salad/Cherry Tomatoes Cinnamon Baked Apples Pineapple	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Walking Taco/Salsa <i>or</i> Deli Turkey Sandwich Refried Beans Shredded Lettuce/Diced Tomatoes Pears Peaches
23	24	25	26	27
Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Garlic Cheese French Bread <i>or</i> Diced Ham*/Dinner Roll Steamed Peas Baby Carrots/Zucchini Slices Fruit Cocktail Pineapple	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Soft Beef Taco <i>or</i> Turkey & Cheese Roll-Up Refried Beans/Shredded Cheese Shredded Lettuce/Diced Tomatoes Apple Crisp Mandarin Oranges	Egg & Bagel <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> French Toast Sticks/Strawberry Yogurt <i>or</i> Ham* Sandwich Hash Brown Potato Celery/Baby Carrots Blueberries 100% Apple Juice	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Hot Dog* on a Bun <i>or</i> Deli Turkey Sandwich Baked Beans Baby Carrots/Broccoli Pears Peaches	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Bosco Cheese Sticks/Marinara <i>or</i> Deli Turkey Sandwich Green Beans Edamame/Romaine Lettuce Pineapple Strawberries
30	31			
Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Chicken Nuggets <i>or</i> Sun Butter & Jelly Sandwich Mixed Vegetables Baby Carrots/Cucumber Slices Craisins Mandarin Oranges	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk <hr style="border-top: 1px dashed black;"/> Cheese Burger <i>or</i> Diced Ham*/Dinner Roll Corn Lettuce/Red Pepper Strips Apricots Apple Slices			

Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.

* Entrée May Contain Pork Only Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.