






Norwalk Community School District-Gluten-Free SCC Menu



JANUARY 2023 SECONDARY CAMPUS CAFETERIA GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 	3	4 Beef Taco Meat/Tortilla Chips Glazed Carrots Green Beans Apple Slices Pineapple	5 GF Cheese Burger Potato Wedges Steamed Broccoli Strawberry Cup Craisins	6 Walking Taco/Salsa Steamed Broccoli Corn Pineapple Fruit Cocktail
9 GF Turkey & GF Dinner Roll Mashed Potatoes Steamed Peas Peaches Applesauce	10 GF Pizza Oven Baked Fries Broccoli Pears Pineapple	11 Grilled Chicken on GF Bun Glazed Carrots Green Beans Baked Apples Fresh Oranges 	12 GF Pancakes/Sausage Patties* Hash Brown Potato Steamed Corn 100% Juice Cup Apple Slices 	13 GF Grilled Cheese Sandwich Tater Gems Steamed Peas Mandarin Oranges Blueberries
16 Martin Luther King Day	17 GF Cheeseburger Mashed Potatoes Corn Craisins Pears	18 GF Pancakes/Scrambled Eggs Steamed Peas Hash Brown Potato Fruit Cocktail Applesauce	19 Homemade GF Garlic Cheese Bread Baked Beans Broccoli Orange Wedges Pineapple	20 Totchos/Cheese Sauce/GF Roll Mixed Vegetables Green Beans Peaches Blueberries
23 GF Grilled Chicken Sandwich Carrots Broccoli Apple Slices Pineapple	24 Hot Dog on GF Bun Baked Beans Green Beans Mandarin Oranges Applesauce	25 Beef Taco Meat/Tortilla Chips Refried Beans/Shredded Cheese Italian Vegetables Pears Blueberries	26 Queso Blanco/Tortilla Chips Fiesta Black Beans Corn Peaches Orange Wedges	27 Chicken Fajita Meat/Tortilla Chips French Fries Green Peas Fruit Slushy Fruit Cocktail
30 GF Pizza Glazed Corn Green Beans Apple Slices Apricots	31 GF Cheeseburger Broccoli Mashed Potatoes Pears Pineapple			

Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.

* Entrée May Contain Pork Only Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily
USDA is an equal opportunity provider. Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.