

Norwalk Lunch Menu Grades 6-8 January 2023

Choose an Entrée:	2	MONDAY	3	TUESDAY	4	WEDNESDAY	5	THURSDAY	6	FRIDAY
Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)						Breaded Chicken Sandwich Beef Soft Taco Deli Sandwich or Protein Pack or Salad Bar Glazed Carrots Green Beans Apple Slices Pineapple		Cheese Burger on Bun Pasta with Meat Sauce Deli Sandwich or Protein Pack or Salad Bar Potato Wedges Steamed Broccoli Strawberry Cup Craisins		Cheese Stuffed Sticks/Marinara Walking Taco Deli Sandwich or Protein Pack or Salad Bar Steamed Broccoli Corn Pineapple Fruit Cocktail
Choose an Entrée: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)	9	MONDAY	10	TUESDAY	11	WEDNESDAY	12	THURSDAY	13	FRIDAY
		Chicken Nuggets Turkey & Gravy/Biscuit Deli Sandwich or Protein Pack or Salad Bar Mashed Potatoes Peas Peaches Applesauce		Stuffed Crust Cheese Pizza Orange Chicken/WG Rice Deli Sandwich or Protein Pack or Salad Bar Oven Baked Fries Broccoli Pears Pineapple		Breaded Chicken Sandwich Corn Dog Deli Sandwich or Protein Pack or Salad Bar Glazed Carrots Green Beans Baked Apples Fresh Oranges		Breaded Mozzarella Sticks/Marinara French Toast Sticks/Sausage Patties* Deli Sandwich or Protein Pack or Salad Bar Hash Browns Steamed Corn 100% Juice Cup Apple Slices		Deluxe Chicken Sandwich Deep Dish Cheese Pizza Deli Sandwich or Protein Pack or Salad Bar Tater Gems Steamed Peas Mandarin Oranges Blueberries
Choose an Entrée: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)	16	MONDAY	17	TUESDAY	18	WEDNESDAY	19	THURSDAY	20	FRIDAY
		No School Today!		Spicy Chicken Tenders/Dinner Roll Cheese Burger Popcorn Chicken Bowl/Dinner Roll Deli Sandwich or Protein Pack or Salad Bar Corn Mashed Potatoes Craisins Pears		BBQ Pork Rib Sandwich* Breaded Chicken Sandwich Mini Pancakes/Scrambled Eggs Deli Sandwich or Protein Pack or Salad Bar Steamed Peas Hash Brown Applesauce Fruit Cocktail		Mini Corn Dogs Garlic Cheese French Bread Pasta Bar/Bread Stick Deli Sandwich or Protein Pack or Salad Bar Baked Beans Broccoli Orange Wedges Pineapple		Chicken Drumstick/Biscuit Pizza Crunchers Totchos/Warrior Waffle Deli Sandwich or Protein Pack or Salad Bar Mixed Vegetables Green Beans Peaches Chilled Blueberries
Choose an Entrée: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)	23	MONDAY	24	TUESDAY	25	WEDNESDAY	26	THURSDAY	27	FRIDAY
		Cheese Stuffed Sticks/Marinara Spicy Chicken Sandwich Sweet Thai Chili Chicken/Rice Deli Sandwich or Protein Pack or Salad Bar Carrots Steamed Broccoli Apple Slices Pineapple		Cheese Pizza Hot Dog on Bun* Macaroni & Cheese/Breadstick Deli Sandwich or Protein Pack or Salad Bar Baked Beans Green Beans Mandarin Oranges Applesauce		Grilled Cheese Cheese Burger on a Bun Soft Beef Taco Deli Sandwich or Protein Pack or Salad Bar Refried Beans/Shredded Cheese Italian Vegetables Pears Blueberries		Chicken Nuggets Fiestada Beef Taco Pizza Queso Blanco/Tortilla Chips Deli Sandwich or Protein Pack or Salad Bar Steamed Corn Fiesta Black Beans Peaches Orange Wedges		BBQ Pork Rib on Bun* Breaded Mozzarella Sticks/Marinara Chicken Fajita/Salsa Deli Sandwich or Protein Pack or Salad Bar French Fries Green Peas Fruit Slushy Fruit Cocktail
Choose an Entrée: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)	30	MONDAY	31	TUESDAY						
		Chicken Tenders/Dinner Roll Stuffed Crust Cheese Pizza Italian Meatball Sub Deli Sandwich or Protein Pack or Salad Bar Glazed Carrots Green Beans Apple Slices Apricots		Cheese Burger Pepperoni French Bread* Salisbury Steak/Gravy/WG Biscuit Deli Sandwich or Protein Pack or Salad Bar Mashed Potatoes Broccoli Pears Pineapple						

All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily as Part of the Meal. Menu is subject to change without notice. USDA is an equal opportunity provider.

Please bring your lunch card each day so that we may efficiently serve you! Take a picture of it! Replacement cards are \$10.00 each.