

Norwalk Community School District-Gluten Free Elementary

MAY 2022 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">2</div> GF Cheese Pizza Steamed Peas Baby Carrots/Zucchini Slices Craisins Applesauce	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">3</div> GF Pancakes/Trix Yogurt Hash Brown Potato Cherry Tomatoes/Baby Carrots Blueberries 100% Apple Juice	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">4</div> Homemade Garlic Cheese Bread Steamed Broccoli Romaine Lettuce/Baby Carrots Apple Slices Apricots	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">5</div> GF Cheese Burger Sweet Potato Fries Chilled Edamame/Baby Carrots Pears Peaches	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">6</div> GF Grilled Chicken Sandwich Baked Beans Assorted Veggies/Celery Sticks Mandarin Oranges Fruit Cocktail
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">9</div> GF Garlic Cheese Bread Steamed Peas Baby Carrots/Zucchini Slices Sliced Apples Mixed Berry Cup	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">10</div> GF Chicken Tenders/GF Roll Steamed Broccoli Edamame/Baby Carrots Apricots Cinnamon Applesauce	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">11</div> Turkey & Gravy/GF Roll Mashed Potatoes Cucumbers/Fresh Broccoli Banana Thickened Strawberries	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">12</div> GF Grilled Cheese Sandwich Oven Baked Tater Tots Romaine Salad/Cherry Tomatoes Peaches Baked Apples	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">13</div> Deli Turkey Sandwich Baby Carrots Celery Sticks 100% Juice Applesauce Cup
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">16</div> GF Chicken Tenders Mashed Potatoes Baby Carrots/Romaine Lettuce Pears Mandarin Oranges	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">17</div> GF Pepperoni Pizza Steamed Corn Baby Carrots/Romaine Lettuce Craisins Apple Slices	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">18</div> <p style="text-align: center;">NO School Today!</p>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">19</div> GF Pancakes/Sausage Patties Hashbrown Potatoe Baby Carrots/Celery OJ Cup Mixed Berries	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">20</div> Homemade Garlic Cheese Bread Green Beans Assorted Veggies/Chilled Peas Pineapple Peaches
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">23</div> GF Grilled Chicken Sandwich Steamed Broccoli Baby Carrots/Romaine Lettuce Peas Mandarin Oranges	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">24</div> Cheese Burger on GF Bun Steamed Corn Baby Carrots/Sliced Tomatoes Peaches Apple Slices	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">25</div> Cook's Choice Fiesta Black Beans Baby Carrots/Vegetable Choice Mixed Berry Cup Apricos	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">26</div> GF Chicken Tenders/GF Roll Sweet Potato Fries Baby Carrots/Celery Fruit Cocktail Oranges	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">27</div> Deli Turkey Sandwich Baby Carrots Celery Sticks Applesauce Cup Craisins
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">30</div> <p style="text-align: center;">----- Memorial Day</p> <div style="text-align: center;">  </div>				

* Entrée May Contain Pork Only Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

Gluten-Free Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry
 Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.