


## Norwalk Community School District-Gluten Free Secondary Campus Cafeteria

### MAY 2022 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">2</div> <b>GF Cheese Pizza</b> Glazed Carrots Steamed Broccoli Applesauce Pineapple	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">3</div> <b>Homemade Garlic Cheese Bread</b> Mixed Vegetables Green Beans Pears Mandarin Oranges	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">4</div> <b>Queso Blanco/Tortilla Chips</b> Refried Beans Steamed Corn Peaches Banana	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">5</div> <b>Homemade GF Grilled Cheese</b> Tater Gems Italian Vegetables Strawberries Craisins	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">6</div> <b>GF Pancakes/Sausage*</b> Hash Brown Mixed Vegetables Juice Cup Blueberries
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">9</div> <b>GF Chicken Tenders/GF Roll</b> Glazed Carrots Sweet Potato Fries Baked Apples Pineapple	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">10</div> <b>GF Deli Turkey &amp; Cheese Sandwich</b> Steamed Broccoli Edamame Pears Peaches	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">11</div> <b>Hamburger on GF Bun</b> Steamed Corn Mashed Potatoes Strawberry Applesauce Fruit Cocktail	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">12</div> <b>Homemade GF Grilled Cheese</b> Green Beans Baby Carrots Oranges Mixed Berry Cup	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">13</div> <b>Chicken Fajita Meat/Tortilla Chips</b> Fiesta Black Beans Mixed Vegetables Fruit Choice Applesauce
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">16</div> <b>Hot Dog* on GF Bun</b> Baked Beans Steamed Peas Fruity Side Kick Pineapple	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">17</div> <b>GF Cheese Burger</b> Steamed Broccoli Italian Blend Vegetables Applesauce Fruit Choice	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">18</div> <p style="text-align: center;">NO SCHOOL TODAY!</p>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">19</div> <b>GF Pancakes/Sausage Patties*</b> Hash Brown Green Beans Juice Cup Blueberries	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">20</div> <b>Beef Taco Meat/Tortilla Chips</b> Fiesta Black Beans Corn Pears Peaches
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">23</div> <b>Walking Taco</b> Refried Beans Steamed Cauliflower/Broccoli Baked Apples Pineapple	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">24</div> <b>GF Chicken Tenders/GF Roll</b> Steamed Corn Peas Mandarin Oranges Fruit Choice	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">25</div> <b>GF Grilled Chicken Sandwich</b> Edamame Glazed Carrots Pears Pineapple	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">26</div> <b>GF Cook's Choice</b> Vegetable Choice Edamame Craisins Fruit Choice	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">27</div> <b>GF Cheese Burger</b> Vegetable Choice Vegetable Choice Fruit Choice Fruit Choice
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">30</div> <p style="text-align: center;"><b>MEMORIAL DAY-NO SCHOOL!</b></p> 				

\* Entrée May Contain Pork      Only Whole Grain-Rich Products Are Served      A Variety of Condiments Are Offered Daily  
 USDA is an equal opportunity provider.      Menu is subject to change without notice.

Gluten-Free Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry  
 Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.