## Norwalk Community School District-Gluten Free Elementary

APRIL 2022 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Homemade Garlic Cheese Bread
				Green Beans
				Assorted Veggies/Chilled Peas
				Baked Apples
				Peaches
4	5	6	7	8
GF Cheese Pizza	GF Pancakes/Trix Yogurt	Homemade Garlic Cheese Bread	GF Cheese Burger	GF Grilled Chicken Sandwich
Steamed Peas	Hash Brown Potato	Steamed Broccoli	Sweet Potato Fries	Baked Beans
Baby Carrots/Zucchini Slices	Cherry Tomatoes/Baby Carrots	Romaine Lettuce/Baby Carrots	Chilled Edamame/Baby Carrots	Celery Sticks/Veggie Choice
Craisins	Blueberries	Apple Slices	Pears	Mandarin Oranges
Applesauce	100% Apple Juice	Apricots	Peaches	Fruit Cocktail
11	12	13	14	15
GF Pepperoni Pizza*	GF Chicken Tenders/GF Roll	GF Turkey & Gravy/GF Roll	GF Grilled Cheese Sandwich	Walking Taco/Salsa
Steamed Peas	Steamed Broccoli	Mashed Potatoes	Oven Baked Tater Tots	Ranch Beans
Baby Carrots/Zucchini Slices	Chilled Edamame/Baby Carrots	Cucumbers/Fresh Broccoli	Romaine Salad/Cherry Tomatoes	Romaine Salad/Diced Tomatoes
Sliced Apples	Apricots	Banana	Baked Apples	Strawberry Kiwi Side Kick
Mixed Berry Cup	Cinnamon Applesauce	Thickened Strawberries	Peaches	Pears
18	19	20	21	22
GF Chicken Tenders	GF Cheese Pizza	GF Grilled Chicken Sandwich	GF Pancakes/Sausage Patties*	GF Grilled Cheese
Mashed Potatoes	Steamed Corn	Green Beans	Hash Brown Potato	Baked Beans
Baby Carrots/Romaine Lettuce	Baby Carrots/Romaine Lettuce	Chilled Peas/Baby Carrots	Baby Carrots/Celery	Chilled Edamame/Baby Carrots
Craisins	Peaches	Pears	100% Orange Juice	Pineapple
Apple Slices	Mandarin Oranges	Fresh Orange Wedges	Blueberries	
ar				Applesauce
25	26	27	28	29
GF Chicken Tenders	GF Cheese Burger		GF Deli Turkey Sandwich	GF Garlic Cheese Bread
Steamed Broccoli	Corn	NO SCHOOL TODAY K-12!	Sweet Potato Fries	Green Beans
Baby Carrots/Romaine Lettuce	Sliced Tomatoes/Baby Carrots		Baby Carrots/Broccoli	Assorted Veggies/Chilled Peas
Pears	Fruity Side Kick		Pears	Pineapple
Mandarin Oranges	Fruit Cocktail		Apricots	Peaches
	* Entrée May Contain Pork USDA is an equal opportuni	Only Whole Grain-Rich Products Are Serve	d A Variety of Condiments Are Offered E Menu is subject to change without notice.	Daily
		reakfast option. A Variety of Milk is Offered Da		vberry
Stu	idents may choose a hot entrée, cold entrée or ye	ogurt & string cheese option daily. All meals inclu	de a choice of fruit & vegetable sides, as well as	a carton of milk.