

Norwalk Lunch Menu Grades 6-8 February 2022

| Choose an Entrée: | | 1 TUESDAY | 2 WEDNESDAY | 3 THURSDAY | 4 FRIDAY |
|--|--|--|--|--|--|
| Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.) | | Popcorn Chicken Breaded Mozzarella Sticks/Marinara Deli Sandwich Steamed Corn Garden Peas Mandarin Oranges Mixed Berry Cup Assorted Fresh Fruit | No School K-12 | Mini Corn Dogs Garlic Cheese French Bread Deli Sandwich Mixed Vegetables Edamame Craisins Applesauce Cup Assorted Fresh Fruit | Bosco Cheese Sticks/Marinara Deluxe Chicken Sandwich Deli Sandwich Steamed Cauliflower/Broccoli Sweet Potato Fries Pineapple Fruit Cocktail Assorted Fresh Fruit |
| Choose an Entrée: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.) | 7 MONDAY | 8 TUESDAY | 9 WEDNESDAY | 10 THURSDAY | 11 FRIDAY |
| | Ultimate Italian Cheese Bites Spicy Chicken Sandwich Deli Sandwich Glazed Carrots Steamed Broccoli Applesauce Pineapple Assorted Fresh Fruit | Pulled BBQ Pork on a Bun Cheese Pizza Deli Sandwich Baked Beans Green Beans Pears Mandarin Oranges Assorted Fresh Fruit | Queso Blanco/Tortilla Chips Chicken Tenders Deli Sandwich Refried Beans Steamed Corn Peaches Banana Assorted Fresh Fruit | Grilled Cheese Sandwich Pepperoni French Bread Deli Sandwich Tater Gems Italian Vegetables Strawberry Fruit Cup Craisins Assorted Fresh Fruit | Pancakes/Lil' Smokies* Corn Dog Deli Sandwich Hash Brown Mixed Vegetables Juice Cup Chilled Blueberries Assorted Fresh Fruit |
| Choose an Entrée: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.) | 14 MONDAY | 15 TUESDAY | 16 WEDNESDAY | 17 THURSDAY | 18 FRIDAY |
| | Chicken Nuggets/Dinner Roll Italian Meatball Sub Deli Sandwich Sweet Potato Fries Glazed Carrots Baked Apples Pineapple Assorted Fresh Fruit | Cheese Stuffed Sticks/Marinara Honey Sriracha Chicken/Rice Deli Sandwich Steamed Broccoli Edamame Pears Peaches Assorted Fresh Fruit | Hamburger Popcorn Chicken Bowl Deli Sandwich Steamed Corn Mashed Potatoes Strawberry Applesauce Fruit Cocktail Assorted Fresh Fruit | Chicken Drumstick/Dinner Roll Bosco Cheese Sticks/Marinara Deli Sandwich Green Beans Scalloped Potatoes Oranges Mixed Berry Cup Assorted Fresh Fruit | Garlic Cheese Bread Chicken Fajita Deli Sandwich Mixed Vegetables Fiesta Black Beans Fruit Choice Applesauce Assorted Fresh Fruit |
| Choose an Entrée: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.) | 21 MONDAY | 22 TUESDAY | 23 WEDNESDAY | 24 THURSDAY | 25 FRIDAY |
| | Cheese Pizza Hot Dog on a Bun* Deli Sandwich Baked Beans Steamed Peas Fruity Side Kick Pineapple Assorted Fresh Fruit | Cheese Burger Orange Chicken/Rice Deli Sandwich Steamed Broccoli Italian Blend Vegetables Applesauce Fruit Choice Assorted Fresh Fruit | Breaded Chicken Sandwich Pasta with Meat Sauce/Bread Stick Deli Sandwich Edamame Glazed Carrots Pears Pineapple Assorted Fresh Fruit | French Toast Sticks/Sausage Patties Chicken Nuggets/Dinner Roll Deli Sandwich Hash Brown Green Beans Juice Cup Blueberries Assorted Fresh Fruit | Garlic Cheese Bread Soft Beef Taco Deli Sandwich Fiesta Black Beans Corn Pears Pineapple Assorted Fresh Fruit |
| Choose an Entrée: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.) | 28 MONDAY | A variety of fresh fruits and vegetables options are offered each day on our Garden Bar as part of the meal option. Students may complement their meals with baby carrots, romaine lettuce, broccoli, cauliflower, assorted sweet peppers, tomatoes, and/or legumes each day. They must take a minimum of 1/2 cup of a fruit and/or vegetable, along with two other food groups to build a free meal. A la carte options are available for purchase. | | | |

All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.

Please bring your lunch card each day so that we may efficiently serve you!