## Norwalk Community School District-Oviatt Elementary

## JANUARY 2022 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Bacon Breakfast Pizza or Cereal & Graham Crackers	4 French Toast Sticks <i>or</i> Cereal & Graham Crackers	5 Cereal & Graham Crackers	6 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers	7 Variety of Minis <i>or</i> Cereal & Graham Crackers
Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk
Chicken Nuggets or	Cheese Burger or	Hot Dog on a Bun* or	Breaded Chicken Patty on a Bun or	Cheese Stuffed Sticks/Marinara or
Sun Butter & Jelly Sandwich	Diced Ham*/Dinner Roll	Deli Turkey on a Bun	Deli Ham* & Cheese on a Bun	Deli Turkey Sandwich
Steamed Broccoli	Corn	Baked Beans	Sweet Potato Fries	Green Beans
Baby Carrots/Romaine Lettuce	Chillled Edamame/Baby Carrots	Cucumber Slices/Baby Carrots	Baby Carrots/Broccoli	Assorted Veggies/Chilled Peas
Craisins	Fruity Side Kick	Apple Slices	Pears	Pineapple
Applesauce Cup	Fruit Cocktail	Thickened Strawberries	Apricots	Peaches
10 Bacon Breakfast Pizza or Cereal & Graham Crackers	11 Cereal & Graham Crackers	12 French Toast Sticks <i>or</i> Cereal & Graham Crackers	13 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers	14 Variety of Minis <i>or</i> Cereal & Graham Crackers
Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk
Cheese Pizza or	French Toast Sticks/Sausage Patties* "	Soft Beef Taco or	Breaded Mozzarella Sticks/Marinara or	Mini Corn Dogs or
Diced Turkey/Dinner Roll	Diced Ham*/Dinner Roll	Turkey & Cheese Roll-Up	Diced Ham*/Dinner Roll	Deli Turkey Sandwich
Steamed Peas	Hash Brown Potato	Refried Beans/Shredded Cheese	Sweet Potato Fries	Baked Beans
Baby Carrots/Zucchini Slices	Cherry Tomatoes/Baby Carrots	Romaine Lettuce/Baby Carrots	Baby Carrots/Chilled Edamame	Celery Sticks/Vegetable Choice
Blueberries	Craisins	Apple Slices	Pears	Mandarin Oranges
Applesauce	100% Apple Juice	Grapes	Peaches	Fruit Cocktail
17	18 French Toast Sticks <i>or</i> Cereal & Graham Crackers	19 Cereal & Graham Crackers	20 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers	21 Variety of Minis <i>or</i> Cereal & Graham Crackers
No School Today!	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk
	Chicken Tenders/Dinner Roll or	Pepperoni Pizza* or	Grilled Cheese Sandwich or	Walking Taco/Salsa or
M.L.A	Diced Ham*/Dinner Roll	Deli Turkey on a Bun	Deli Ham* on a Bun	Deli Turkey Sandwich
DA	Steamed Broccoli	Glazed Carrots	Oven Baked Tater Tots	Ranch Beans
	Chilled Edamame/Baby Carrots	Cucumber Slices/Fresh Broccoli	Romaine Salad/Cherry Tomatoes	Shredded Lettuce/Diced Tomatoes
	Apricots	Banana	Cinnamon Spiced Baked Apples	Strawberry Kiwi Side Kick
	Cinnamon Applesauce	Thickened Strawberries	Peaches	Pears
24 Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk	25 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	26 Cereal & Graham Crackers Fruit, 100% Juice & Milk	27 Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk	28 Variety of Minis or Cereal & Graham Crackers Fruit, 100% Juice & Milk
Breaded Chicken Patty or	BBQ Rib on a Bun* or	Macaroni & Cheese/Bread Stick or	Pancakes/Sausage Patties* or	Ultimate Cheese Bites/Marinara or
Deli Ham* & Cheese Sandwich	Deli Turkey Sandwich	Diced Ham/ Bread Stick	Deli Turkey Sandwich	Diced Ham*/Dinner Roll
Steamed Broccoli	Oven Baked French Fries	Green Beans	Hash Brown Potato	Baked Beans
Baby Carrots/Romaine Lettuce	Baby Carrots/Romaine Lettuce	Chilled Peas/Baby Carrots	Baby Carrots/Celery	Chilled Edamame/Baby Carrots
Pears	Peaches	Craisins	100% Orange Juice	Pineapple
Mandarin Oranges	Apple Slices	Fresh Orange Wedges	Blueberries	Applesauce
31 Bacon Breakfast Pizza or Cereal & Graham Crackers				
Fruit, 100% Juice & Milk				
Corn Dog or	Supply Chain Disruptions may result in rapid menu changes. Nutrislice will be updated to reflect those changes to the menu. Please refer to Nutrislice frequently. https://norwalkschools.nutrislice.com/menu/ Cheese Omelets are out of stock and will not be offered in January on the breakfast menu.			
Deli Turkey & Cheese Sandwich				
Steamed Broccoli				
Baby Carrots/Romaine Lettuce				
Pears				
Mandarin Oranges				
* Entrée May Contain Pork Only Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily				
Cereal &	USDA is an equal opportunity provid Graham Crackers are offered daily as a break		nu is subject to change without notice. aily-1% White or Skim White, Chocolate or	Strawberry
Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.				