


**Norwalk Lunch Menu Grades 9-12 January 2022**

	3	4	5	6	7
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Choose an Entrée:</b> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	<b>Mini Corn Dogs</b> <b>Garlic Cheese French Bread</b> <b>Deli Sandwich</b> Mixed Vegetables Edamame Craisins Applesauce Cup Assorted Fresh Fruit	<b>Popcorn Chicken/Dinner Roll</b> <b>Breaded Mozzarella Sticks/Marinara</b> <b>Deli Sandwich</b> Steamed Corn Garden Peas Mandarin Oranges Mixed Berry Cup Assorted Fresh Fruit	<b>Pepperoni Pizza*</b> <b>Cheese Burger on a Bun</b> <b>Deli Sandwich</b> Baked Beans Steamed Broccoli Pears Peaches Assorted Fresh Fruit	<b>Chicken Drumstick/Dinner Roll</b> <b>Pizza Crunchers</b> <b>Deli Sandwich</b> Green Beans Mashed Potatoes Apricots Apple Slices Assorted Fresh Fruit	<b>Bosco Cheese Sticks/Marinara</b> <b>Deluxe Chicken Sandwich</b> <b>Deli Sandwich</b> Glazed Carrots Sweet Potato Fries Pineapple Fruit Cocktail Assorted Fresh Fruit
<b>Choose an Entrée:</b> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	<b>Ultimate Italian Cheese Bites</b> <b>Spicy Chicken Sandwich</b> <b>Deli Sandwich</b> Glazed Carrots Steamed Broccoli Baked Apples Pineapple Assorted Fresh Fruit	<b>Pulled BBQ Pork on a Bun</b> <b>Cheese Pizza</b> <b>Deli Sandwich</b> Baked Beans Green Beans Pears Mandarin Oranges Assorted Fresh Fruit	<b>Queso Blanco/Tortilla Chips</b> <b>Chicken Tenders/Dinner Roll</b> <b>Deli Sandwich</b> Refried Beans Steamed Corn Peaches Banana Assorted Fresh Fruit	<b>Grilled Cheese Sandwich</b> <b>Pepperoni French Bread</b> <b>Deli Sandwich</b> Tater Gems Italian Vegetables Strawberry Fruit Cup Craisins Assorted Fresh Fruit	<b>Pancakes/Egg Omelet</b> <b>Corn Dog</b> <b>Deli Sandwich</b> Hash Brown Mixed Vegetables Juice Cup Chilled Blueberries Assorted Fresh Fruit
<b>Choose an Entrée:</b> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	<p align="center"><b>No School Today!</b></p> 	<b>Cheese Stuffed Sticks/Marinara</b> <b>Honey Sriracha Chicken/Rice</b> <b>Deli Sandwich</b> Steamed Broccoli Edamame Pears Peaches Assorted Fresh Fruit	<b>Hamburger</b> <b>Popcorn Chicken Bowl/Dinner Roll</b> <b>Deli Sandwich</b> Steamed Corn Mashed Potatoes Strawberry Applesauce Fruit Cocktail Assorted Fresh Fruit	<b>Chicken Drumstick/Dinner Roll</b> <b>Pizza Crunchers</b> <b>Deli Sandwich</b> Green Beans Scalloped Potatoes Oranges Mixed Berry Cup Assorted Fresh Fruit	<b>Garlic Cheese Bread</b> <b>Chicken Fajitas</b> <b>Deli Sandwich</b> Mixed Vegetables Glazed Carrots Fruit Choice Applesauce Assorted Fresh Fruit
<b>Choose an Entrée:</b> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	<b>Cheese Pizza</b> <b>Hot Dog on a Bun*</b> <b>Deli Sandwich</b> Baked Beans Steamed Peas Baked Apples Pineapple Assorted Fresh Fruit	<b>Cheese Burger</b> <b>Orange Chicken/Rice</b> <b>Deli Sandwich</b> Steamed Broccoli Italian Blend Vegetables Applesauce Fruit Choice Assorted Fresh Fruit	<b>Breaded Chicken Sandwich</b> <b>Pasta with Meat Sauce/Bread Stick</b> <b>Deli Sandwich</b> Edamame Glazed Carrots Pears Pineapple Assorted Fresh Fruit	<b>French Toast Sticks/Omelet</b> <b>Chicken Nuggets/Dinner Roll</b> <b>Deli Sandwich</b> Hash Brown Green Beans Juice Cup Blueberries Assorted Fresh Fruit	<b>Cheese Quesadilla</b> <b>Soft Beef Tacos</b> <b>Deli Sandwich</b> Fiesta Black Beans Corn Pears Pineapple Assorted Fresh Fruit
<b>Choose an Entrée:</b> <i>Entrée Selection:</i> <i>Entrée Selection:</i> <i>Entrée Selection:</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	<b>Soft Pretzel with Cheese Sauce</b> <b>Spicy Chicken Tenders/Roll</b> <b>Deli Sandwich</b> Green Beans Mixed Vegetables Baked Apples Pineapple Assorted Fresh Fruit	<p align="center">A variety of fresh fruits and vegetables options are offered each day on our Garden Bar as part of the meal option. Students may complement their meals with baby carrots, romaine lettuce, broccoli, cauliflower, assorted sweet peppers, tomatoes, and/or legumes each day. They must take a minimum of 1/2 cup of a fruit and/or vegetable, along with two other food groups to build a free meal. A la carte options are available for purchase.</p>			

All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

\*Entrée May Contain Pork    Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.

*Please bring your lunch card each day so that we may efficiently serve you!*