


Norwalk Gluten-Free Menu Grades 6-12 May 2021

	3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY
Choose an Entrée:	Homemade Garlic Cheese Bread	GF Cheese Burger	GF Chicken Tenders	Chicken Fajita Meat/Tortilla Chips	GF Pepperoni Pizza
Entrée Selection:					
Side Choices:	Baby Carrots Fruit Cocktail	Baked Beans Apricots	Fresh Vegetables Pears	Baby Carrots Fruit Choice	Glazed Carrots Sliced Apples
Optional Side:	Banana or Oranges	Blueberries or Banana	Applesauce or Banana	Apple or Banana	Applesauce or Oranges
Choose an Entrée:	10 MONDAY	11 TUESDAY	12 WEDNESDAY	13 THURSDAY	14 FRIDAY
Entrée Selection:	Homemade Garlic Cheese Bread	Hot Dog* on a GF Bun	Grilled Cheese Sandwich	Deli Turkey Sandwich on GF Bread	Queso & Chips/Salsa
Side Choices:	Baby Carrots Mandarin Oranges	Baked Beans Fresh Fruit Choice	Fresh Vegetables Pears	Baby Carrots Applesauce	Fiesta Black Beans Fruit Choice
Optional Side:	Banana or Oranges	Blueberries or Banana	Applesauce or Banana	Oranges or Apple Slices	Craisins or Oranges
Choose an Entrée:	17 MONDAY	18 TUESDAY	19 WEDNESDAY	20 THURSDAY	21 FRIDAY
Entrée Selection:	Cheese Burger on GF Bun	GF BBQ Chicken Sandwich	GF Chicken Tenders	GF Pancakes/Omelet	Cook's Choice
Side Choices:	Corn Pineapple	Tater Tots Apple Wedges	Mixed Vegetables Peaches	Hash Brown Juice Cup	Fresh Veggies Fruit Cocktail
Optional Side:	Banana or Oranges	Banana or Orange	Banana or Oranges	Fruit Cup	Fruit Cup
Choose an Entrée:	24 MONDAY	25 TUESDAY	26 WEDNESDAY	27 THURSDAY	28 FRIDAY
Entrée Selection:	Grilled Chicken Sandwich	Homemade Garlic Cheese Bread	GF Cheese Burger	GF Chicken Tenders/GF Roll	Cook's Choice
Side Choices:	Steamed Peas Fruit Choice	Baked Beans Peaches	Green Peas Peaches	Craisins Baby Carrots	Applesauce Cup Vegetable Choice
Optional Side:	Craisins or Banana	Fresh Fruit Choice	Banana or Oranges	Fruit Choice	Fruit Choice
Choose an Entrée:	31 MONDAY				
Entrée Selection:	Memorial Day				
Entrée Selection:					
Side Choices:					
Optional Side:					

All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.