

Norwalk Gluten-Free Lunch Menu Grades 6-12 March 2021

	1	MONDAY	2	TUESDAY	3	WEDNESDAY	4	THURSDAY	5	FRIDAY
Choose an Entrée:		Chicken Tenders/GF Roll		Cheese Burger		GF Cheese Pizza		Hot Ham & Cheese on GF Bun		Homemade Garlic Cheese Bread
<i>Entrée Selection</i>										
Side Choices		Baby Carrots Mixed Berry Cup		Vegetable Choice Peaches		Glazed Carrots Fresh Fruit Selection		Green Beans Fruit Choice		Steamed Corn Fresh Fruit
Optional Side:		Banana or Fresh Orange		Applesauce Cup or Banana		Apple Slices		Apple Slices		Craisins or Orange
Choose an Entrée:	8	MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY
Choose an Entrée:		Chicken Tenders/GF Roll		GF Grilled Cheese		Walking Taco/Cheese	No School! No School!			
<i>Entrée Selection</i>										
Side Choices		Steamed Broccoli Apple Wedges		Baby Carrots Fruit Choice		Vegetable Choice Pears				
Optional Side:		Banana or Fresh Orange		Applesauce Cup or Banana		Orange or Applesauce Cup				
Choose an Entrée:	15	MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY
Choose an Entrée:	NO SCHOOL MARCH 11-19									
<i>Entrée Selection</i>										
Side Choices										
Optional Side:										
Choose an Entrée:	22	MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY
Choose an Entrée:		Homemade Garlic Cheese Bread		Hot Dog on a GF Bun*		GF Pepperoni Pizza*		Grilled Chicken on a GF Bun		Queso & Chips
<i>Entrée Selection</i>										
Side Choices		Sweet Potato Fries Applesauce Cup		Baked Beans Mandarin Oranges		Fresh Veggie Mix Baked Apples		Thickened Strawberries Baby Carrots		Refried Beans Apple Wedges
Optional Side:		Banana or Fresh Orange		Applesauce Cup or Banana		Fresh Orange or Apple Slices		Apple Slices or Fresh Orange		Banana or Craisins
Choose an Entrée:	29	MONDAY	30	TUESDAY	31	WEDNESDAY				
Choose an Entrée:		GF Cheese Burger		GF Chicken Tenders/GF Roll		GF Grilled Cheese Sandwich				
<i>Entrée Selection</i>										
Side Choices		Vegetable Choice Fresh Fruit Choice		Green Beans Pears		Fresh Veggie Mix Baked Apples				
Optional Side:		Applesauce		Applesauce		Fresh Orange or Apple Slices				

All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.