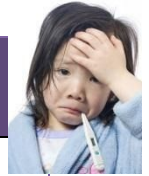


Norwalk Student Illness Guidance for Parents



You will be notified that your child needs to go home from school if he or she exhibits any of the following symptoms:

- Fever of 100.4 F or higher
- Vomiting
- Diarrhea
- Symptoms of contagious illness, such as: COVID-19, influenza, strep throat, skin infections

Please keep your child home for 72 hours:



- Following the last episode of vomiting or diarrhea
- After they no longer have a fever (**without** fever reducing medication)

Students may return after 24 hours:

- After antibiotics have started
- Diagnosed with a specific medical condition (such as strep throat or ear infections)
- Doctor's note with a diagnosis and permission to return to school.
- With a doctor's note, they must have also been fever free (**without** fever reducing medication) and without vomiting or diarrhea for 24 hours.

The following table is a comparison between [COVID-19](#), [Influenza](#), and a cold. This information was obtained from the [Iowa Department of Public Health](#). For more information, please see the following table and refer to the [CDC](#).



Symptoms	COVID-19	Influenza	Cold
Fever or chills	Common	Common	Uncommon
Headache	Common	Common	Uncommon
Aches/Pain	Common	Commonly severe	Slight
Runny Nose	Common	Common	Common
Sore Throat	Common	Common	Common
Cough	Common	Common	Common
Difficulty breathing	Common	Uncommon	Uncommon
Loss of taste or smell	Common	Uncommon	Uncommon
Stomach symptoms, such as vomiting, diarrhea, nausea	Common	Common	Uncommon

**** When calling in to notify the school of your child's illness, please be specific regarding your child's symptoms.** The nurses are required to report absences over 10% with similar symptoms to the Department of Health. Specific names are not reported, only symptoms and the number of students.