




Norwalk Community School District-Oviatt

SEPTEMBER 2017 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Meal Prices for 2017-18</p> <p>Elementary Lunch \$2.60 Milk \$.50 Student Breakfast \$1.75</p>	<p>Breakfast is offered each day before school. Join us each morning beginning at 7:30. We hope to see you there!</p> 			<p>1 Mini Blueberry Waffles Fruit, Juice & Milk</p> <p>Pancakes/Sausage Patties*</p> <p>Deli Turkey on WG Bun</p> <p>Tri-Tater</p> <p>Baby Carrots</p> <p>Grape Tomatoes</p> <p>100% Orange Juice</p> <p>Chilled Blueberries</p>
<p>4 Labor Day~ No School!</p> 	<p>5 Cheese Omelet, Toast Fruit, Juice & Milk</p> <p>Popcorn Chicken/Dinner Roll</p> <p>Shredded Cheese/Dinner Roll</p> <p>Steamed Broccoli</p> <p>Romaine Salad</p> <p>Cauliflower</p> <p>Applesauce</p> <p>Fruit Cocktail</p>	<p>6 French Toast Sticks Fruit, Juice & Milk</p> <p>Turkey & Gravy/Biscuit</p> <p>Hard Boiled Egg/Biscuit</p> <p>Mashed Potatoes</p> <p>Baby Carrots</p> <p>Broccoli</p> <p>Pears</p> <p>Grapes</p>	<p>7 Sausage Breakfast Pizza* Fruit, Juice & Milk</p> <p>Cheese Pizza</p> <p>Turkey Sandwich</p> <p>Glazed Carrots</p> <p>Romaine Salad</p> <p>Zucchini</p> <p>Mandarin Oranges</p> <p>Baked Apples</p>	<p>8 Mini Blueberry Waffles Fruit, Juice & Milk</p> <p>Beef & Cheese Nachos</p> <p>Diced Ham*/Dinner Roll</p> <p>Refried Beans</p> <p>Baby Carrots</p> <p>Salsa/Diced Tomatoes</p> <p>Apple Wedges</p> <p>Peaches</p>
<p>11 Bacon Breakfast Pizza* Fruit, Juice & Milk</p> <p>Sloppy Joe on a Bun</p> <p>Deli Ham Sandwich*</p> <p>Oven Baked French Fries</p> <p>Baby Carrots</p> <p>Chilled Edamame</p> <p>Diced Pears</p> <p>Thickened Strawberries</p>	<p>12 Cheese Omelet, Toast Fruit, Juice & Milk</p> <p>Soft Beef Taco/Salsa</p> <p>Deli Turkey Sandwich</p> <p>Ranch Beans</p> <p>Shredded Romaine Lettuce/Cheese</p> <p>Cucumber Slices</p> <p>Apple Crisp</p> <p>Grapes</p>	<p>13 French Toast Sticks Fruit, Juice & Milk</p> <p>Real Slice Pepperoni Pizza*</p> <p>Diced Ham*/Dinner Roll</p> <p>Steamed Broccoli</p> <p>Baby Carrots</p> <p>Green Pepper Strips</p> <p>Peaches</p> <p>Applesauce</p>	<p>14 Sausage Breakfast Pizza* Fruit, Juice & Milk</p> <p>Pulled BBQ Pork on Bun*</p> <p>Cheese Sandwich</p> <p>Corn</p> <p>Romaine Salad</p> <p>Broccoli Florettes</p> <p>Strawberry Kiwi Side Kick</p> <p>Fruit Cocktail</p>	<p>15 Mini Blueberry Waffles Fruit, Juice & Milk</p> <p>Cheese Stuffed Sticks</p> <p>Diced Turkey/Dinner Roll</p> <p>Marinara Sauce</p> <p>Baby Carrots</p> <p>Celery Sticks</p> <p>Mandarin Oranges</p> <p>Dried Fruit</p>
<p>18 Bacon Breakfast Pizza* Fruit, Juice & Milk</p> <p>Real Slice Cheese Pizza</p> <p>Sun Butter Sandwich</p> <p>Steamed Peas</p> <p>Baby Carrots</p> <p>Zucchini Sticks</p> <p>Diced Pears</p> <p>Peaches</p>	<p>19 Cheese Omelet, Toast Fruit, Juice & Milk</p> <p>Breaded Mozzarella Sticks/Marinara</p> <p>Diced Ham*/Dinner Roll</p> <p>Fiesta Black Beans</p> <p>Romaine Salad</p> <p>Cucumber Slices</p> <p>Pineapple</p> <p>Thickened Strawberries</p>	<p>20 French Toast Sticks Fruit, Juice & Milk</p> <p>Chicken Sticks/Dinner Roll</p> <p>Sliced Cheese/Dinner Roll</p> <p>Baked Beans</p> <p>Baby Carrots</p> <p>Broccoli</p> <p>Orange Wedges</p> <p>Baked Apples</p>	<p>21 Sausage Breakfast Pizza* Fruit, Juice & Milk</p> <p>Corn Dog</p> <p>Diced Turkey/Dinner Roll</p> <p>Green Beans</p> <p>Romaine Salad</p> <p>Red Pepper Strips</p> <p>Applesauce</p> <p>Mandarin Oranges</p>	<p>22 Mini Blueberry Waffles Fruit, Juice & Milk</p> <p>French Toast Sticks/Trix Yogurt</p> <p>Deli Ham Sandwich*</p> <p>Hash Brown</p> <p>Baby Carrots</p> <p>Celery Sticks</p> <p>100% Orange Juice</p> <p>Blueberries</p>
<p>25 Bacon Breakfast Pizza* Fruit, Juice & Milk</p> <p>Fish Treasures/Goldfish Crackers</p> <p>Diced Ham*/Goldfish Crackers</p> <p>Oven Baked Potato Smiles</p> <p>Baby Carrots</p> <p>Chilled Edamame</p> <p>Apple Slices</p> <p>Fruit Cocktail</p> 	<p>26 Cheese Omelet, Toast Fruit, Juice & Milk</p> <p>Orange Chicken/Rice</p> <p>Deli Ham Sandwich</p> <p>Steamed Broccoli</p> <p>Romaine Salad</p> <p>Zucchini Slices</p> <p>Banana</p> <p>Applesauce</p>	<p>27 French Toast Sticks Fruit, Juice & Milk</p> <p>Mini Corn Dogs</p> <p>Sun Butter Sandwich</p> <p>Green Beans</p> <p>Baby Carrots</p> <p>Celery Sticks</p> <p>Peaches</p> <p>Pineapple Tidbits</p>	<p>28 Sausage Breakfast Pizza* Fruit, Juice & Milk</p> <p>Walking Taco/Salsa</p> <p>Diced Turkey/Dinner Roll</p> <p>Refried Beans</p> <p>Shredded Romaine Lettuce</p> <p>Diced Tomatoes</p> <p>Mandarin Oranges</p> <p>Pears</p>	<p>29 Mini Blueberry Waffles Fruit, Juice & Milk</p> <p>Pancakes/Egg Omelet</p> <p>Deli Turkey on WG Bun</p> <p>Tri-Tater</p> <p>Baby Carrots</p> <p>Grape Tomatoes</p> <p>100% Fruit Juice</p> <p>Dried Fruit</p>
<p>* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily</p> <p>USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry</p> <p>Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.</p>				