Norwalk Community School District-Lakewood

SEPTEMBER 2017 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Mini Blueberry Waffles
March D. Jacob For 2017 40	_			Fruit, Juice & Milk
Meal Prices for 2017-18	Brea	akfast is offered each fore school. Join us each ng beginning at 7:30. We ope to see you there!		Pancakes/Sausage Patties*
Elementary Lunch \$2.60				Deli Turkey on WG Bun
Milk \$.50 Student Breakfast \$1.75				Tri-Tater
	How			Baby Carrots
				Grape Tomatoes
				100% Orange Juice
				Chilled Blueberries
4	5 Cheese Omelet, Toast	6 French Toast Sticks	7 Sausage Breakfast Pizza*	8 Mini Blueberry Waffles
Labor Day" No School!	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
	Popcorn Chicken/Dinner Roll	Turkey & Gravy/Biscuit		Beef & Cheese Nachos
	Shredded Cheese/Dinner Roll	Hard Boiled Egg/Biscuit	Turkey Sandwich	Diced Ham*/Dinner Roll
	Steamed Broccoli	Mashed Potatoes	Glazed Carrots	Refried Beans
	Romaine Salad	Baby Carrots	Romaine Salad	Baby Carrots
	Cauliflower	Broccoli	Zucchini	Salsa/Diced Tomatoes
	Applesauce	Pears	Mandarin Oranges	Apple Wedges
	Fruit Cocktail	Grapes	Baked Apples	Peaches
Bacon Breakfast Pizza*	12 Cheese Omelet, Toast	13 French Toast Sticks	14 Sausage Breakfast Pizza*	15 Mini Blueberry Waffles
Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
loppy Joe on a Bun	Soft Beef Taco/Salsa	Real Slice Pepperoni Pizza*	Pulled BBQ Pork on Bun*	Cheese Stuffed Sticks
eli Ham Sandwich*	Deli Turkey Sandwich	Diced Ham*/Dinner Roll	Cheese Sandwich	Diced Turkey/Dinner Roll
oven Baked French Fries	Ranch Beans	Steamed Broccoli	Corn	Marinara Sauce
aby Carrots	Shredded Romaine Lettuce/Cheese	Baby Carrots	Romaine Salad	Baby Carrots
hilled Edamame	Cucumber Slices	Green Pepper Strips	Broccoli Florettes	Celery Sticks
Diced Pears	Apple Crisp	Peaches	Strawberry Kiwi Side Kick	Mandarin Oranges
hickened Strawberries	Grapes	Applesauce	Fruit Cocktail	Dried Fruit
18 Bacon Breakfast Pizza*	19 Cheese Omelet, Toast	20 French Toast Sticks	21 Sausage Breakfast Pizza*	22 Mini Blueberry Waffles
Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
eal Slice Cheese Pizza	Breaded Mozzarella Sticks/Marinara	Chicken Sticks/Dinner Roll	Corn Dog	French Toast Sticks/Trix Yogurt
un Butter Sandwich	Diced Ham*/Dinner Roll	Sliced Cheese/Dinner Roll	Diced Turkey/Dinner Roll	Deli Ham Sandwich*
teamed Peas	Fiesta Black Beans	Baked Beans	Green Beans	Hash Brown
aby Carrots	Romaine Salad	Baby Carrots	Romaine Salad	Baby Carrots
ucchini Sticks	Cucumber Slices	Broccoli	Red Pepper Strips	Celery Sticks
Diced Pears	Pineapple	Orange Wedges	Applesauce	100% Orange Juice
eaches	Thickened Strawberries	Baked Apples	Mandarin Oranges	Blueberries
25 Bacon Breakfast Pizza*	26 Cheese Omelet, Toast	27 French Toast Sticks	28 Sausage Breakfast Pizza*	29 Mini Blueberry Waffles
Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
ish Treasures/Goldfish Crackers	Orange Chicken/Rice	Mini Corn Dogs	Walking Taco/Salsa	Pancakes/Egg Omelet
iced Ham*/Goldfish Crackers	Deli Ham Sandwich	Sun Butter Sandwich	Diced Turkey/Dinner Roll	Deli Turkey on WG Bun
Oven Baked Potato Smiles	Steamed Broccoli	Green Beans	Refried Beans	Tri-Tater
aby Carrots	Romaine Salad	Baby Carrots	Shredded Romaine Lettuce	Baby Carrots
Chilled Edamame	Zucchini Slices	Celery Sticks	Diced Tomatoes	Grape Tomatoes
apple Slices	Banana	Peaches	Mandarin Oranges	100% Fruit Juice
ruit Cocktail	Applesauce	Pineapple Tidbits	Pears	Dried Fruit
		Whole Grain Products Are Sei		
USDA is an equal opportunity provider.			•	•
USDA i	s an equal opportunity provider.		Menu is subject to change wit	hout notice.

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.