



Norwalk Community School District-Elementary

SEPTEMBER 2017 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Meal Prices for 2017-18</p> <p>Elementary Lunch \$2.60 Milk \$.50 Student Breakfast \$1.75</p>	 <p>Breakfast is offered each day before school. Join us each morning beginning at 7:30. We hope to see you there!</p>			<p style="text-align: center;">1</p> <p>Pancakes/Sausage Patties*</p> <p>Deli Turkey on WG Bun</p> <p>Tri-Tater Baby Carrots Grape Tomatoes 100% Orange Juice Chilled Blueberries</p>
<p style="text-align: center;">4</p> <p style="text-align: center;">Labor Day~ No</p> 	<p style="text-align: center;">5</p> <p>Homemade Garlic Cheese Bread</p> <p>Steamed Broccoli Romaine Salad Cauliflower Applesauce Fruit Cocktail</p>	<p style="text-align: center;">6</p> <p>Turkey & Gravy/GF Dinner Roll</p> <p>Mashed Potatoes Baby Carrots Broccoli Pears Grapes</p>	<p style="text-align: center;">7</p> <p>Deli Turkey on GF Bread</p> <p>Glazed Carrots Romaine Salad Zucchini Mandarin Oranges Baked Apples</p>	<p style="text-align: center;">8</p> <p>Beef & Cheese Nachos</p> <p>Refried Beans Baby Carrots Salsa/Diced Tomatoes Apple Wedges Peaches</p>
<p style="text-align: center;">11</p> <p>Sloppy Joe on a GF Bun</p> <p>Oven Baked French Fries Baby Carrots Chilled Edamame Diced Pears Thickened Strawberries</p>	<p style="text-align: center;">12</p> <p>Beef Taco Meat/Tortilla Chips</p> <p>Ranch Beans Shredded Romaine Lettuce/Cheese Cucumber Slices Apple Wedges Grapes</p>	<p style="text-align: center;">13</p> <p>GF Chicken Tenders</p> <p>Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce</p>	<p style="text-align: center;">14</p> <p>Deli Ham & Cheese on GF Bread</p> <p>Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail</p>	<p style="text-align: center;">15</p> <p>GF Cheese Bread</p> <p>Marinara Sauce Baby Carrots Celery Sticks Mandarin Oranges Dried Fruit</p>
<p style="text-align: center;">18</p> <p>Sun Butter Sandwich on GF Bread</p> <p>Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches</p>	<p style="text-align: center;">19</p> <p>Chicken Fajita Meat/Tortilla Chips</p> <p>Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries</p>	<p style="text-align: center;">20</p> <p>Hamburger on GF Bun</p> <p>Baked Beans Baby Carrots Broccoli Orange Wedges Baked Apples</p>	<p style="text-align: center;">21</p> <p>GF Deli Ham Sandwich</p> <p>Green Beans Romaine Salad Red Pepper Strips Applesauce Mandarin Oranges</p>	<p style="text-align: center;">22</p> <p>GF Pancakes/Trix Yogurt</p> <p>Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries</p>
<p style="text-align: center;">25</p> <p>GF Chicken Tenders/GF Roll</p> <p>Oven Baked Potato Smiles Baby Carrots Chilled Edamame Apple Slices Fruit Cocktail</p>	<p style="text-align: center;">26</p> <p>Grilled Cheese on GF Bread</p> <p>Steamed Broccoli Romaine Salad Zucchini Slices Banana Applesauce</p>	<p style="text-align: center;">27</p> <p>Deli Turkey on GF Bread</p> <p>Green Beans Baby Carrots Celery Sticks Peaches Pineapple Tidbits</p>	<p style="text-align: center;">28</p> <p>Walking Taco/Salsa</p> <p>Refried Beans Shredded Romaine Lettuce Diced Tomatoes Mandarin Oranges Pears</p>	<p style="text-align: center;">29</p> <p>GF Pancakes/Egg Omelet</p> <p>Tri-Tater Baby Carrots Grape Tomatoes 100% Fruit Juice Dried Fruit</p>
<p>* Entrée May Contain Pork A Variety of Condiments Are Offered Daily</p> <p>USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>Gluten Free cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry</p> <p>Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.</p>				