




# Norwalk Community School District-Oviatt



## OCTOBER 2017 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Bacon Breakfast Pizza* Fruit, Juice & Milk	<b>3</b> Cheese Omelet, Toast Fruit, Juice & Milk	<b>4</b> French Toast Sticks Fruit, Juice & Milk	<b>5</b> Sausage Breakfast Pizza* Fruit, Juice & Milk	<b>6</b> Mini Blueberry Waffles Fruit, Juice & Milk
<b>Chicken Nuggets</b> <b>String Cheese/Dinner Roll</b> Sweet Potato Fries Baby Carrots Cucumber Slices Mandarin Oranges Fruit Cocktail	<b>Taco Pizza</b> <b>Diced Turkey/Dinner Roll</b> Refried Beans Shredded Romaine Lettuce Diced Tomatoes Apple Wedges Pineapple	<b>Chicken &amp; Noodles</b> <b>Diced Ham*/Dinner Roll</b> Mashed Potatoes Baby Carrots Broccoli Pears Grapes	<b>Cheese Burger on Bun</b> <b>Deli Ham Sandwich*</b> Baked Beans Romaine Salad Tomato Slices Dried Cherries Peaches 	<b>French Toast/Trix Yogurt</b> <b>Sun Butter Sandwich</b> Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries

### **CELEBRATE NATIONAL SCHOOL LUNCH WEEK OCTOBER 9-13**

<b>9</b> <b>NO SCHOOL!</b>	<b>10</b> Cheese Omelet, Toast Fruit, Juice & Milk <b>Chicken Tenders</b> <b>Diced Ham*/Dinner Roll</b> Corn Shredded Romaine Lettuce Red Pepper Strips Fresh Apple Slices Fruit Cocktail	<b>11</b> French Toast Sticks Fruit, Juice & Milk <b>Hot Dog on a Bun*</b> <b>Cheese Sandwich</b> Baked Beans Baby Carrots Zucchini Slices Banana Applesauce	<b>12</b> Sausage Breakfast Pizza* Fruit, Juice & Milk <b>Breaded Chicken Patty on a Bun</b> <b>Sun Butter Sandwich</b> Steamed Edamame Romaine Salad Tomato Slices Mandarin Oranges Diced Pears	<b>13</b> Mini Blueberry Waffles Fruit, Juice & Milk <b>Pancakes/Sausage Patties*</b> <b>Deli Turkey on WG Bun</b> Tri-Tater Baby Carrots Grape Tomatoes 100% Orange Juice Chilled Blueberries
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<b>16</b> Bacon Breakfast Pizza* Fruit, Juice & Milk <b>Popcorn Chicken/Dinner Roll</b> <b>Hard Boiled Egg/Biscuit</b> Steamed Broccoli Baby Carrots Cauliflower Applesauce Fruit Cocktail	<b>17</b> Cheese Omelet, Toast Fruit, Juice & Milk <b>Turkey &amp; Gravy/Biscuit</b> <b>Cheese Sandwich</b> Mashed Potatoes Romaine Salad Broccoli Pears Orange Wedges	<b>18</b> French Toast Sticks Fruit, Juice & Milk <b>Cheese Pizza</b> <b>Turkey Sandwich</b> Green Beans Baby Carrots Zucchini Mandarin Oranges Baked Apples	<b>19</b> Sausage Breakfast Pizza* Fruit, Juice & Milk <b>Pasta with Italian Meat Sauce</b> <b>Deli Ham Sandwich*</b> Steamed Corn Romaine Salad Zucchini Pineapple Strawberries	<b>20</b> Mini Blueberry Waffles Fruit, Juice & Milk <b>Beef &amp; Cheese Nachos</b> <b>Diced Ham*/Dinner Roll</b> Refried Beans Baby Carrots Salsa/Diced Tomatoes Apple Wedges Peaches
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<b>23</b> Bacon Breakfast Pizza* Fruit, Juice & Milk <b>Sloppy Joe on a Bun</b> <b>Deli Ham Sandwich*</b> Oven Baked French Fries Baby Carrots Chilled Edamame Diced Pears Thickened Strawberries	<b>24</b> Cheese Omelet, Toast Fruit, Juice & Milk <b>Soft Beef Taco/Salsa</b> <b>Deli Turkey Sandwich</b> Ranch Beans Shredded Romaine Lettuce/Cheese Cucumber Slices Apple Crisp Grapes	<b>25</b> French Toast Sticks Fruit, Juice & Milk <b>Real Slice Pepperoni Pizza*</b> <b>Diced Ham*/Dinner Roll</b> Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce	<b>26</b> Sausage Breakfast Pizza* Fruit, Juice & Milk <b>Pulled BBQ Pork on Bun*</b> <b>Cheese Sandwich</b> Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail	<b>27</b> Mini Blueberry Waffles Fruit, Juice & Milk <b>Cheese Stuffed Sticks</b> <b>Diced Turkey/Dinner Roll</b> Marinara Sauce Baby Carrots Celery Sticks Mandarin Oranges Dried Fruit
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<b>30</b> Bacon Breakfast Pizza* Fruit, Juice & Milk <b>Real Slice Cheese Pizza</b> <b>Sun Butter Sandwich</b> Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches	<b>31</b> Cheese Omelet, Toast Fruit, Juice & Milk <b>Breaded Mozzarella Sticks/Marinara</b> <b>Diced Ham*/Dinner Roll</b> Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries			<b>Meal Prices for 2017-18</b>  Elementary Lunch \$2.60 Milk \$.50 Student Breakfast \$1.75
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\* Entrée May Contain Pork      Only Whole Grain Products Are Served      A Variety of Condiments Are Offered Daily  
USDA is an equal opportunity provider.      Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry  
Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.