



Norwalk Community School District-Lakewood



OCTOBER 2017 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Bacon Breakfast Pizza* Fruit, Juice & Milk	3 Cheese Omelet, Toast Fruit, Juice & Milk	4 French Toast Sticks Fruit, Juice & Milk	5 Sausage Breakfast Pizza* Fruit, Juice & Milk	6 Mini Blueberry Waffles Fruit, Juice & Milk
Chicken Nuggets String Cheese/Dinner Roll Sweet Potato Fries Baby Carrots Cucumber Slices Mandarin Oranges Fruit Cocktail	Taco Pizza Diced Ham*/Dinner Roll Refried Beans Shredded Romaine Lettuce Diced Tomatoes Apple Wedges Pineapple	Chicken & Noodles/Dinner Roll Cheese Sandwich Mashed Potatoes Baby Carrots Broccoli Pears Grapes	Cheese Burger on Bun Deli Ham Sandwich* Baked Beans Romaine Salad Tomato Slices Dried Cherries Peaches	French Toast/Trix Yogurt Sun Butter Sandwich Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries




CELEBRATE NATIONAL SCHOOL LUNCH WEEK OCTOBER 9-13



9 NO SCHOOL!	10 Cheese Omelet, Toast Fruit, Juice & Milk	11 French Toast Sticks Fruit, Juice & Milk	12 Sausage Breakfast Pizza* Fruit, Juice & Milk	13 Mini Blueberry Waffles Fruit, Juice & Milk
	Chicken Tenders Diced Ham/Dinner Roll Corn Shredded Romaine Lettuce Red Pepper Strips Fresh Apple Slices Fruit Cocktail	Hot Dog on a Bun* Cheese Sandwich Baked Beans Baby Carrots Zucchini Slices Banana Applesauce	Breaded Chicken Patty on a Bun Sun Butter Sandwich Steamed Edamame Romaine Salad Tomato Slices Mandarin Oranges Diced Pears	Pancakes/Sausage Patties* Deli Turkey on WG Bun Tri-Tater Baby Carrots Grape Tomatoes 100% Orange Juice Chilled Blueberries

16 Bacon Breakfast Pizza* Fruit, Juice & Milk	17 Cheese Omelet, Toast Fruit, Juice & Milk	18 French Toast Sticks Fruit, Juice & Milk	19 Sausage Breakfast Pizza* Fruit, Juice & Milk	20 Mini Blueberry Waffles Fruit, Juice & Milk
Popcorn Chicken/Dinner Roll Hard Boiled Egg/Biscuit Steamed Broccoli Baby Carrots Cauliflower Applesauce Fruit Cocktail	Turkey & Gravy/Biscuit Cheese Sandwich Mashed Potatoes Romaine Salad Broccoli Pears Orange Wedges	Cheese Pizza Turkey Sandwich Green Beans Baby Carrots Garbanzo Beans Mandarin Oranges Baked Apples	Pasta with Italian Meat Sauce Deli Ham Sandwich Steamed Corn Romaine Salad Zucchini Pineapple Strawberries	Beef & Cheese Nachos Diced Ham*/Dinner Roll Refried Beans Baby Carrots Salsa/Diced Tomatoes Apple Wedges Peaches

23 Bacon Breakfast Pizza* Fruit, Juice & Milk	24 Cheese Omelet, Toast Fruit, Juice & Milk	25 French Toast Sticks Fruit, Juice & Milk	26 Sausage Breakfast Pizza* Fruit, Juice & Milk	27 Mini Blueberry Waffles Fruit, Juice & Milk
Sloppy Joe on a Bun Deli Ham Sandwich* Oven Baked French Fries Baby Carrots Chilled Edamame Diced Pears Thickened Strawberries	Soft Beef Taco/Salsa Deli Turkey Sandwich Ranch Beans Shredded Romaine Lettuce/Cheese Diced Tomatoes Apple Crisp Grapes	Real Slice Pepperoni Pizza* Diced Ham*/Dinner Roll Steamed Broccoli Baby Carrots Red Pepper Strips Peaches Applesauce	Pulled BBQ Pork on Bun* Cheese Sandwich Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail	Cheese Stuffed Sticks Sun Butter Sandwich Marinara Sauce Baby Carrots Celery Sticks Mandarin Oranges Dried Fruit

30 Bacon Breakfast Pizza* Fruit, Juice & Milk	31 Cheese Omelet, Toast Fruit, Juice & Milk			
Real Slice Cheese Pizza Turkey Sandwich Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches	Breaded Mozzarella Sticks/Marinara Diced Ham*/Dinner Roll Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries			

Meal Prices for 2017-18

Elementary Lunch \$2.60
Milk \$.50
Student Breakfast \$1.75

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily
USDA is an equal opportunity provider. Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.