Norwalk Community School District-Lakewood NOVEMBER 2017 BREAKFAST AND LUNCH MENU MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY 1 French Toast Sticks 2 3 Fruit, Juice & Milk Chicken Sticks/Dinner Roll **NO SCHOOL K-5 ONLY NO SCHOOL K-12** Sliced Cheese/Dinner Roll **Baked Beans** Baby Carrots Broccoli Orange Wedges Baked Apples 6 Bacon Breakfast Pizza* 8 French Toast Sticks 9 Sausage Breakfast Pizza* 10 Mini Blueberry Waffles **7** Cheese Omelet, Toast Fruit, Juice & Milk Fish Treasures/Goldfish Crackers Orange Chicken/Rice Mini Corn Dogs Walking Taco/Salsa Pancakes/Egg Omelet Diced Ham*/Goldfish Crackers **Deli Ham Sandwich** Sun Butter Sandwich Diced Turkey/Dinner Roll Deli Turkey on WG Bun Oven Baked Potato Smiles Steamed Broccoli Green Beans Refried Beans Tri-Tater Baby Carrots Romaine Salad **Baby Carrots** Shredded Romaine Lettuce Baby Carrots Chilled Edamame Zucchini Slices Celery Sticks **Diced Tomatoes Grape Tomatoes** Banana 100% Fruit Juice Apple Slices Peaches Mandarin Oranges Fruit Cocktail Applesauce Pineapple Tidbits Dried Fruit Pears 13 Bacon Breakfast Pizza* 14 Cheese Omelet, Toast 15 French Toast Sticks 16 Sausage Breakfast Pizza* 17 Mini Blueberry Waffles Fruit, Juice & Milk Taco Pizza Chicken & Noodles/Dinner Roll French Toast/Trix Yogurt **Chicken Nuggets** Hamburger on Bun String Cheese/Dinner Roll Diced Turkey/Dinner Roll Diced Ham*/Dinner Rolls **Deli Ham Sandwich** Sun Butter Sandwich Sweet Potato Fries Hash Brown Refried Beans Mashed Potatoes **Baked Beans** Shredded Romaine Lettuce Romaine Salad **Baby Carrots Baby Carrots Baby Carrots** Diced Tomatoes Celery Sticks Cucumber Slices Broccoli Tomato Slices Mandarin Oranges Apple Wedges Pears **Dried Cherries** 100% Orange Juice Blueberries Fruit Cocktail Peaches Pineapple Grapes 22 23 20 Bacon Breakfast Pizza* 21 Cheese Omelet, Toast 24 Fruit, Juice & Milk Fruit, Juice & Milk Pepperoni Pizza* Chicken Tenders Diced Ham/Dinner Roll Deli Turkey Sandwich Steamed Broccoli Corn **Baby Carrots** Romaine Lettuce Cucumber Slices Red Pepper Strips Fresh Apple Slices Pineapple Thickened Strawberries Fruit Cocktail 27 Bacon Breakfast Pizza* 28 Cheese Omelet, Toast 29 French Toast Sticks 30 Sausage Breakfast Pizza* Fruit, Juice & Milk Fruit, Juice & Milk Fruit, Juice & Milk Fruit, Juice & Milk Popcorn Chicken/Dinner Roll Turkey & Gravy/Biscuit Cheese Pizza Pasta with Italian Meat Sauce Hard Boiled Egg/Biscuit Cheese Sandwich **Turkey Sandwich** Deli Ham Sandwich Meal Prices for 2017-18 Steamed Broccoli Mashed Potatoes Steamed Corn Green Beans Elementary Lunch \$2.60 **Baby Carrots** Romaine Salad **Baby Carrots** Romaine Salad Milk \$ 50 Student Breakfast \$1.75 Cauliflower Broccoli Zucchini Garbanzo Beans Mandarin Oranges Applesauce Pears Pineapple Fruit Cocktail Orange Wedges **Baked Apples** * Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily

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USDA is an equal opportunity provider. Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.