



Norwalk Community School District-Lakewood



MAY 2017 BREAKFAST AND LUNCH MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| 1 Breakfast Pizza* Fruit, Juice & Milk ----- Real Slice Pepperoni Pizza* Diced Turkey/Dinner Roll Oven Baked French Fries Baby Carrots Spinach Salad Diced Pears Applesauce | 2 Egg & Cheese Muffin Fruit, Juice & Milk ----- Breaded Mozzarella Sticks/Marinara Diced Ham*/Dinner Roll Cuban Black Beans Romaine Salad Cucumber Slices Fruit Cocktail Grapes | 3 French Toast Sticks Fruit, Juice & Milk ----- French Toast/Trix Yogurt Cheese Sandwich Hash Brown Baby Carrots Green Pepper Strips 100% Fruit Juice Dried Fruit | 4 ----- NO SCHOOL (K-5 ONLY)  | 5 ----- NO SCHOOL  |
| 8 Breakfast Pizza* Fruit, Juice & Milk ----- Fish Treasures/Goldfish Crackers Cottage Cheese/Dinner Roll Oven Baked Smiles Baby Carrots Chilled Edamame Peaches Pears | 9 Egg & Cheese Muffin Fruit, Juice & Milk ----- Orange Chicken/Rice Cheese Sandwich Steamed Broccoli Romaine Salad Cherry Tomatoes Watermelon Dried Fruit | 10 French Toast Sticks Fruit, Juice & Milk ----- Mini Corn Dogs Sun Butter Sandwich Mixed Vegetables Baby Carrots Celery Sticks Mandarin Oranges Pineapple Tidbits | 11 Cheese Omelet, Toast Fruit, Juice & Milk ----- Walking Taco/Salsa Diced Turkey/Dinner Roll Refried Beans Shredded Romaine Lettuce Diced Tomatoes Apple Wedges Apricots | 12 Sausage & Pancake Bites* Fruit, Juice & Milk ----- Cheese Stuffed Sticks Deli Ham Sandwich* Marinara Sauce Baby Carrots Chilled Peas Applesauce Fruit Cocktail |
| 15 Breakfast Pizza* Fruit, Juice & Milk ----- Chicken Nuggets/Roll String Cheese/Dinner Roll Sweet Potato Fries Baby Carrots Chilled Edamame Pineapple Mandarin Oranges | 16 Egg & Cheese Muffin Fruit, Juice & Milk ----- Cheese Pizza Wedge Sun Butter Sandwich Glazed Carrots Romaine Salad Cucumber Slices Orange Wedges Pears | 17 French Toast Sticks Fruit, Juice & Milk ----- Chicken & Noodles Diced Ham*/Dinner Roll Mashed Potatoes Baby Carrots Broccoli Florettes Thickened Strawberries Peaches | 18 Cheese Omelet, Toast Fruit, Juice & Milk ----- Hamburger on Bun Cheese Sandwich Baked Beans Romaine Salad Sliced Tomatoes Blue Raspberry-Lemon Side Kick Dried Fruit | 19 Sausage & Pancake Bites* Fruit, Juice & Milk ----- French Toast Sticks/Trix Yogurt Deli Turkey Sandwich Hash Brown Baby Carrots Celery Sticks Apricots 100% Fruit Juice |
| 22 Breakfast Pizza* Fruit, Juice & Milk ----- Pepperoni Pizza Wedge* Sun Butter Sandwich Steamed Broccoli Baby Carrots Red Pepper Strips Peaches Pears | 23 Egg & Cheese Muffin Fruit, Juice & Milk ----- Chicken Sticks/Dinner Roll Diced Turkey/Dinner Roll Steamed Corn Romaine Salad Zucchini Slices Grapes Pineapple | 24 French Toast Sticks Fruit, Juice & Milk ----- Breaded Chicken Patty on a Bun Deli Ham on a Bun* Baked Beans Baby Carrots Tomato Slices Applesauce Peaches | 25 Cheese Omelet, Toast Fruit, Juice & Milk ----- Beef & Cheese Nachos Diced Ham*/Dinner Roll Refried Beans Shredded Romaine Lettuce Diced Tomatoes Baked Apples Mandarin Oranges | 26 Sausage & Pancake Bites* Fruit, Juice & Milk ----- Pancakes/Sausage Patties* String Cheese/Dinner Roll Hash Brown Baby Carrots Celery Sticks 100% Fruit Juice Blueberries |
| 29 MEMORIAL DAY-NO SCHOOL  | 30 Breakfast Pizza* Fruit, Juice & Milk ----- Hot Dog Baked Beans Romaine Salad Cucumber Slices Mandarin Oranges Pears | 31 Cook's Choice Fruit, Juice & Milk ----- Sack Lunch Deli Turkey Sandwich Celery Sticks Baby Carrots Strawberry Applesauce Cup Raisins |  | |

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.