






Norwalk Community School District-Eastview



MAY 2017 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Sloppy Joe on GF Bun Oven Baked French Fries Edamame Sliced Peaches Applesauce	2 Grilled Chicken on GF Bun Steamed Broccoli w/ Cheese Sauce Sweet Potato Fries Fruit Cocktail Grapes	3 Walking Taco Ranch Beans Seasoned Corn Strawberry Applesauce Cup Mandarin Oranges	4 GF Pancakes/Egg Omelet Hash Brown Glazed Carrots 100% Juice Chilled Blueberries	5 NO SCHOOL 
8 Cheese Burger on GF Bun Broccoli Corn Peaches Pears	9 GF Chicken Tenders/Dinner Roll Mashed Potatoes Glazed Carrots Watermelon Dried Fruit	10 Grilled Cheese on GF Bread Refried Beans Oven Baked Fries Strawberries Fruit Cocktail	11 Hot Ham & Cheese Sandwich Green Beans Sweet Potato Cross Trax Baked Apples Peaches	12 Chicken Fajita Meat/Tortilla Chips Romaine Salad Spicy Black Beans Fruit Cocktail Applesauce
15 GF Cheese Pizza Mixed Vegetables Steamed Broccoli Pineapple Mandarin Oranges	16 Homemade Garlic Cheese Bread Green Beans California Blend Vegetables Pears Peach Slices	17 Queso & Chips Refried Beans Oven Baked Fries Strawberries Fruit Cocktail	18 Hamburger on GF Bun Baked Beans Sliced Tomatoes Blue Raspberry-Lemon Side Kick Dried Fruit	19 Egg & Cheese on GF Bagel Sweet Potato Fries Corn Chilled Blueberries 100% Fruit Juice
22 GF Chicken Tenders/GF Roll Potato Smiles Italian Blend Vegetables Peaches Baked Apples	23 Cheese Burger on GF Bun Steamed Peas Broccoli Grapes Applesauce	24 Grilled Chicken on GF Bun Mashed Potatoes California Blend Vegetables Pears Strawberries	25 Beef Taco Meat/Tortilla Chips Refried Beans Cauliflower Peach Cup Fruit Cocktail	26 GF Grilled Cheese Sandwich Sweet Potato Fries Green Beans Fruit Choice Fresh Fruit Choice
29 MEMORIAL DAY-NO SCHOOL 	30 GF Pizza Baked Beans Vegetable Choice Fruit Choice Fresh Fruit Choice	31 Sack Lunch Deli Turkey Sandwich on GF Bun Celery Sticks Baby Carrots Strawberry Applesauce Cup Craisins		
<p>* Entrée May Contain Pork</p> <p>USDA is an equal opportunity provider.</p> <p>A Variety of Condiments Are Offered Daily</p> <p>Menu is subject to change without notice.</p> <p>A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry</p> <p>All meals include side choices & carton of milk.</p>				