



# Norwalk Community School District-Oviatt



MARCH 2017 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Breakfast Pizza* Fruit, Juice & Milk	<b>2</b> French Toast Sticks Fruit, Juice & Milk	<b>3</b> Mini Pancakes Fruit, Juice & Milk
		<b>Pancakes/Egg Omelet</b> <b>Deli Turkey on WG Bun</b> Tri-Tater Baby Carrots Grape Tomatoes 100% Orange Juice Chilled Blueberries	<b>Beef &amp; Cheese Nachos/Salsa</b> <b>Diced Ham/Dinner Roll</b> Ranch Beans Romaine Salad Diced Tomatoes Mixed Dried Fruit Peaches	<i>Menu Planned by Mrs. Clark's Class</i> <b>Cheese Pizza Slice</b> <b>Deli Turkey Sandwich</b> Corn on the Cob Baby Carrots Celery Sticks Apples Strawberries
<b>6</b> Breakfast Pizza* Fruit, Juice & Milk	<b>7</b> Cheese Omelet, Toast Fruit, Juice & Milk	<b>8</b> Breakfast Pizza* Fruit, Juice & Milk	<b>9</b> French Toast Sticks Fruit, Juice & Milk	<b>10</b> Sausage & Pancake Bites* Fruit, Juice & Milk
<b>Sloppy Joe on a Bun</b> <b>Deli Ham Sandwich*</b> Oven Baked Fries Baby Carrots Chilled Peas Mandarin Oranges Fruit Cocktail	<b>Pepperoni Pizza Bites</b> <b>Diced Turkey/Dinner Roll</b> Sweet Potato Fries Romaine Salad Cucumber Slices Peaches Pears	<i>Menu Planned by Mrs. Tomkin's Class</i> <b>Chicken Leg/WG Cookie</b> <b>Sun Butter Sandwich</b> Corn Baby Carrots Red Pepper Strips Apple Wedges Mandarin Oranges	<b>Spaghetti &amp; Meat Sauce</b> <b>Cheese Slices/Flat Bread Chips</b> Steamed Green Beans Romaine Salad Chilled Edamame Applesauce Apricots	<b>Garlic Cheese Bread</b> <b>Deli Turkey Sandwich</b> Baked Beans Baby Carrots Broccoli Florettes Baked Apples Blueberries
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>

## NO SCHOOL MARCH 13-17



<b>20</b> Breakfast Pizza* Fruit, Juice & Milk	<b>21</b> Cheese Omelet, Toast Fruit, Juice & Milk	<b>22</b> Breakfast Pizza* Fruit, Juice & Milk	<b>23</b> French Toast Sticks Fruit, Juice & Milk	<b>24</b> Mini Pancakes Fruit, Juice & Milk
<i>Planned by Mrs. Freerksen's Class</i> <b>Real Slice Pepperoni Pizza*</b> <b>Diced Turkey/Dinner Roll</b> Steamed Corn Baby Carrots Pepper Strips Diced Pears Watermelon	<b>Breaded Mozzarella Sticks/Sauce</b> <b>Diced Ham*/Dinner Roll</b> Cuban Black Beans Romaine Salad Cucumber Slices Fruit Cocktail Thickened Strawberries	<b>Chicken Nuggets/Dinner Roll</b> <b>Sliced Cheese/Flat Bread Chips</b> Baked Beans Baby Carrots Spinach Salad Peaches Apricots	<b>Grilled Cheese on WG Bread</b> <b>Sun Butter Sandwich</b> Tomato Soup Romaine Salad Broccoli Florettes Pineapple Mandarin Oranges	<b>French Toast Sticks/Trix Yogurt</b> <b>Deli Ham Sandwich*</b> Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries
<b>27</b> Breakfast Pizza* Fruit, Juice & Milk	<b>28</b> Cheese Omelet, Toast Fruit, Juice & Milk	<b>29</b> Breakfast Pizza* Fruit, Juice & Milk	<b>30</b> French Toast Sticks Fruit, Juice & Milk	<b>31</b> Sausage & Pancake Bites* Fruit, Juice & Milk
<i>Menu Planned by Mrs. Wolff's Class</i> <b>Hot Dog on a Bun/Cookie</b> <b>Cottage Cheese/Dinner Roll</b> Corn Baby Carrots Chilled Edamame Pears Apple Wedges	<b>Orange Chicken/Rice</b> <b>Cheese Slices/Flat Bread Chips</b> Steamed Broccoli Romaine Salad Zucchini Slices Banana Applesauce	<b>Mini Corn Dogs</b> <b>Sun Butter Sandwich</b> Green Beans Baby Carrots Celery Sticks Strawberries Pineapple Tidbits	<b>Walking Taco</b> <b>Diced Turkey/Dinner Roll</b> Refried Beans Shredded Romaine Lettuce Diced Tomatoes Mandarin Oranges Pears	<b>Cheese Stuffed Sticks</b> <b>Deli Ham Sandwich*</b> Marinara Sauce Baby Carrots Chilled Peas Peaches Dried Fruit

\* Entrée May Contain Pork

Only Whole Grain Products Are Served

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.