

Norwalk Community School District-Lakewood

*

MARCH 2017 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast Pizza*	2 French Toast Sticks	3 Mini Pancakes
		Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
		Pancakes/Egg Omelet	Beef & Cheese Nachos/Salsa	Cheese Pizza Slice
		Deli Turkey on WG Bun	Diced Ham/Dinner Roll	Deli Turkey Sandwich
		Tri-Tater	Glazed Carrots	Ranch Beans
		Baby Carrots	Romaine Salad	Baby Carrots
		Grape Tomatoes	Diced Tomatoes	Celery Sticks
		100% Orange Juice	Mixed Dried Fruit	Baked Apples
		Chilled Blueberries	Thickened Strawberries	Peaches
6 Breakfast Pizza*	7 Cheese Omelet, Toast	8 Breakfast Pizza*	9 French Toast Sticks	10 Sausage & Pancake Bites*
Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
Sloppy Joe on a Bun	Pepperoni Pizza Bites	Chicken Leg/Dinner Roll	Spaghetti & Meat Sauce	Garlic Cheese Bread
Deli Ham Sandwich*	Diced Turkey/Dinner Roll	Sun Butter Sandwich	Cheese Slices/Flat Bread Chips	Deli Turkey Sandwich
Oven Baked Fries	Sweet Potato Fries	Baked Beans	Steamed Green Beans	Corn
Baby Carrots	Romaine Salad	Baby Carrots	Romaine Salad	Baby Carrots
Chilled Peas	Cucumber Slices	Chilled Edamame	Red Pepper Strips	Broccoli Florettes
Mandarin Oranges	Peaches	Pineapple Tidbits	Apple Wedges	Baked Apples
Fruit Cocktail	Pears	Applesauce	Apricots	Blueberries
13	14	15	16	17



NO SCHOOL MARCH 13-17





20 Breakfast Pizza*	21 Cheese Omelet, Toast	22 Breakfast Pizza*	23 French Toast Sticks	24 Mini Pancakes
Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
Real Slice Pepperoni Pizza*	Breaded Mozzarella Sticks/Sauce	Chicken Nuggets/Dinner Roll	Grilled Cheese on WG Bread	French Toast Sticks/Trix Yogurt
Diced Turkey/Dinner Roll	Diced Ham*/Dinner Roll	Sliced Cheese/Flat Bread Chips	Sun Butter Sandwich	Deli Ham Sandwich*
Oven Baked French Fries	Cuban Black Beans	Baked Beans	Tomato Soup	Hash Brown
Baby Carrots	Romaine Salad	Baby Carrots	Romaine Salad	Baby Carrots
Spinach Salad	Cucumber Slices	Green Pepper Strips	Broccoli Florettes	Celery Sticks
Diced Pears	Fruit Cocktail	Peaches	Pineapple	100% Orange Juice
Baked Apples	Thickened Strawberries	Apricots	Mandarin Oranges	Blueberries
27 Breakfast Pizza*	28 Cheese Omelet, Toast	29 Breakfast Pizza*	30 French Toast Sticks	31 Sausage & Pancake Bites*
Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
Fish Treasures/Goldfish Crackers	Orange Chicken/Rice	Mini Corn Dogs	Walking Taco	Cheese Stuffed Sticks
Cottage Cheese/Dinner Roll	Cheese Slices/Flat Bread Chips	Sun Butter Sandwich	Diced Turkey/Dinner Roll	Deli Ham Sandwich*
Oven Baked Potato Smiles	Steamed Broccoli	Green Beans	Refried Beans	Marinara Sauce
Baby Carrots	Romaine Salad	Baby Carrots	Shredded Romaine Lettuce	Baby Carrots
Chilled Edamame	Zucchini Slices	Celery Sticks	Diced Tomatoes	Chilled Peas
Pears	Banana	Thickened Strawberries	Mandarin Oranges	Peaches
Apple Wedges	Applesauce	Pineapple Tidbits	Pears	Dried Fruit

* Entrée May Contain Pork

Only Whole Grain Products Are Served

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.