

Norwalk Community School District-Oviatt

JANUARY 2017 BREAKFAST AND LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 	3 Cheese Omelet, Toast Fruit, Juice & Milk <hr/> Cheese Pizza Diced Turkey/Biscuit Green Beans Romaine Salad Cucumber Slices Mandarin Oranges Pineapple Tidbits	4 Breakfast Pizza* Fruit, Juice & Milk <hr/> Hamburger on a Bun Shredded Cheese/Flatbread Chips Baked Beans Baby Carrots Tomato Slices Mixed Dried Fruit Peaches	5 French Toast Sticks Fruit, Juice & Milk <hr/> Macaroni & Cheese Diced Ham*/Dinner Roll Steamed Broccoli Romaine Salad Chilled Peas Apple Wedges Pears	6 Mini Pancakes Fruit, Juice & Milk <hr/> French Toast/Trix Yogurt Turkey Sandwich Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries
9 Breakfast Pizza* Fruit, Juice & Milk <hr/> Pepperoni Pizza* Sun Butter Sandwich Steamed Broccoli Baby Carrots Cauliflower Florettes Peaches Pears	10 Cheese Omelet, Toast Fruit, Juice & Milk <hr/> Chicken Sticks/Dinner Roll Cottage Cheese/Dinner Roll Corn Romaine Salad Zucchini Slices Pineapple Tidbits Banana	11 Breakfast Pizza* Fruit, Juice & Milk <hr/> Soft Shell Beef Taco/Salsa Deli Turkey Sandwich Refried Beans Shredded Romaine Lettuce Shredded Cheese/Baby Carrots Apple Crisp Fruit Cocktail	12 French Toast Sticks Fruit, Juice & Milk <hr/> Breaded Chicken Patty on Bun Diced Ham*/Dinner Roll Baked Beans Romaine Salad Tomato Slices Applesauce Orange Wedges	13 Sausage & Pancake Bites* Fruit, Juice & Milk <hr/> Pancakes/Sausage Patties* Diced Turkey/Dinner Roll Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries
NO SCHOOL 	17 Cheese Omelet, Toast Fruit, Juice & Milk <hr/> Hot Dog on a Bun* Sun Butter Sandwich Baked Beans Baby Carrots Broccoli Florettes Peaches Pears	18 Breakfast Pizza* Fruit, Juice & Milk <hr/> Turkey & Gravy/Biscuit Cottage Cheese/Biscuit Mashed Potatoes Romaine Salad Cucumber Slices Banana Fruit Cocktail	19 French Toast Sticks Fruit, Juice & Milk <hr/> Chicken Tenders/Dinner Roll Cheese Slices/Flat Bread Chips Steamed Peas Baby Carrots Zucchini Slices Pineapple Tidbits Applesauce	20 Mini Pancakes Fruit, Juice & Milk <hr/> Beef & Cheese Nachos/Salsa Diced Ham*/Dinner Roll Glazed Carrots Romaine Salad Diced Tomatoes Mixed Dried Fruit Thickened Strawberries
23 Breakfast Pizza* Fruit, Juice & Milk <hr/> Sloppy Joe on a Bun Deli Ham Sandwich* Oven Baked Fries Baby Carrots Chilled Peas Mandarin Oranges Fruit Cocktail	24 Cheese Omelet, Toast Fruit, Juice & Milk <hr/> Pepperoni Pizza Bites Diced Turkey/Dinner Roll Sweet Potato Fries Romaine Salad Cucumber Slices Peaches Pears	25 Breakfast Pizza* Fruit, Juice & Milk <hr/> Chicken Leg/Dinner Roll Sun Butter Sandwich Baked Beans Baby Carrots Chilled Edamame Pineapple Tidbits Applesauce	26 French Toast Sticks Fruit, Juice & Milk <hr/> Spaghetti & Meat Sauce Cheese Slices/Flat Bread Chips Steamed Green Beans Romaine Salad Red Pepper Strips Thickened Strawberries Apricots	27 Sausage & Pancake Bites* Fruit, Juice & Milk <hr/> Garlic Cheese Bread Deli Turkey Sandwich Corn Baby Carrots Broccoli Florettes Baked Apples Blueberries
30 Breakfast Pizza* Fruit, Juice & Milk <hr/> Real Slice Pepperoni Pizza* Diced Turkey/Dinner Roll Oven Baked French Fries Baby Carrots Spinach Salad Diced Pears Applesauce	31 Cheese Omelet, Toast Fruit, Juice & Milk <hr/> Breaded Mozzarella Sticks/Sauce Diced Ham*/Dinner Roll Cuban Black Beans Romaine Salad Cucumber Slices Fruit Cocktail Thickened Strawberries			

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.