








# Norwalk Community School District-Lakewood



JANUARY 2017 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 	<b>3</b> Cheese Omelet, Toast Fruit, Juice & Milk <hr/> <b>Cheese Pizza</b> <b>Diced Turkey/Biscuit</b> Green Beans Romaine Salad Cucumber Slices Mandarin Oranges Pineapple Tidbits	<b>4</b> Breakfast Pizza* Fruit, Juice & Milk <hr/> <b>Hamburger on a Bun</b> <b>Shredded Cheese/Flatbread Chips</b> Baked Beans Baby Carrots Tomato Slices Mixed Dried Fruit Peaches	<b>5</b> French Toast Sticks Fruit, Juice & Milk <hr/> <b>Macaroni &amp; Cheese</b> <b>Diced Ham*/Dinner Roll</b> Steamed Broccoli Romaine Salad Chilled Peas Apple Wedges Pears	<b>6</b> Mini Pancakes Fruit, Juice & Milk <hr/> <b>French Toast/Trix Yogurt</b> <b>Turkey Sandwich</b> Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries
<b>9</b> Breakfast Pizza* Fruit, Juice & Milk <hr/> <b>Pepperoni Pizza*</b> <b>Sun Butter Sandwich</b> Steamed Broccoli Baby Carrots Cauliflower Florettes Peaches Pears	<b>10</b> Cheese Omelet, Toast Fruit, Juice & Milk <hr/> <b>Chicken Sticks/Dinner Roll</b> <b>Cottage Cheese/Dinner Roll</b> Corn Romaine Salad Zucchini Slices Pineapple Tidbits Banana	<b>11</b> Breakfast Pizza* Fruit, Juice & Milk <hr/> <b>Soft Shell Beef Taco/Salsa</b> <b>Deli Turkey Sandwich</b> Refried Beans Shredded Romaine Lettuce Shredded Cheese/Baby Carrots Apple Crisp Fruit Cocktail	<b>12</b> French Toast Sticks Fruit, Juice & Milk <hr/> <b>Breaded Chicken Patty on Bun</b> <b>Diced Ham*/Dinner Roll</b> Baked Beans Romaine Salad Tomato Slices Applesauce Orange Wedges	<b>13</b> Sausage & Pancake Bites* Fruit, Juice & Milk <hr/> <b>Pancakes/Sausage Patties*</b> <b>Diced Turkey/Dinner Roll</b> Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries
<b>16</b> 	<b>17</b> Cheese Omelet, Toast Fruit, Juice & Milk <hr/> <b>Hot Dog on a Bun*</b> <b>Sun Butter Sandwich</b> Baked Beans Baby Carrots Broccoli Florettes Peaches Fruit Cocktail	<b>18</b> Breakfast Pizza* Fruit, Juice & Milk <hr/> <i>Menu Planned by Mr. Hughes' Class</i> <b>Orange Chicken/Dinner Roll</b> <b>Cottage Cheese/Biscuit</b> Steamed Corn Baby Carrots Cucumber Slices Apple Wedges Pears	<b>19</b> French Toast Sticks Fruit, Juice & Milk <hr/> <b>Chicken Tenders/Dinner Roll</b> <b>Cheese Slices/Flat Bread Chips</b> Steamed Peas Baby Carrots Zucchini Slices Pineapple Tidbits Applesauce	<b>20</b> Mini Pancakes Fruit, Juice & Milk <hr/> <b>Beef &amp; Cheese Nachos/Salsa</b> <b>Diced Ham*/Dinner Roll</b> Glazed Carrots Romaine Salad Diced Tomatoes Mixed Dried Fruit Thickened Strawberries
<b>23</b> Breakfast Pizza* Fruit, Juice & Milk <hr/> <b>Sloppy Joe on a Bun</b> <b>Deli Ham Sandwich*</b> Oven Baked Fries Baby Carrots Chilled Peas Mandarin Oranges Fruit Cocktail	<b>24</b> Cheese Omelet, Toast Fruit, Juice & Milk <hr/> <b>Pepperoni Pizza Bites</b> <b>Diced Turkey/Dinner Roll</b> Sweet Potato Fries Romaine Salad Cucumber Slices Peaches Pears	<b>25</b> Breakfast Pizza* Fruit, Juice & Milk <hr/> <b>Chicken Leg/Dinner Roll</b> <b>Sun Butter Sandwich</b> Baked Beans Baby Carrots Chilled Edamame Pineapple Tidbits Applesauce	<b>26</b> French Toast Sticks Fruit, Juice & Milk <hr/> <b>Spaghetti &amp; Meat Sauce</b> <b>Cheese Slices/Flat Bread Chips</b> Steamed Green Beans Romaine Salad Red Pepper Strips Thickened Strawberries Apricots	<b>27</b> Sausage & Pancake Bites* Fruit, Juice & Milk <hr/> <b>Garlic Cheese Bread</b> <b>Deli Turkey Sandwich</b> Corn Baby Carrots Broccoli Florettes Baked Apples Blueberries
<b>30</b> Breakfast Pizza* Fruit, Juice & Milk <hr/> <b>Real Slice Pepperoni Pizza*</b> <b>Diced Turkey/Dinner Roll</b> Oven Baked French Fries Baby Carrots Spinach Salad Diced Pears Applesauce	<b>31</b> Cheese Omelet, Toast Fruit, Juice & Milk <hr/> <b>Breaded Mozzarella Sticks/Sauce</b> <b>Diced Ham*/Dinner Roll</b> Cuban Black Beans Romaine Salad Cucumber Slices Fruit Cocktail Thickened Strawberries			

\* Entrée May Contain Pork      Only Whole Grain Products Are Served      A Variety of Condiments Are Offered Daily  
 USDA is an equal opportunity provider.      Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.