





Norwalk Community School District-Gluten Free



JANUARY 2017 ELEMENTARY-GLUTEN FREE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> 	<p>3</p> <p>GF Cheese Pizza Green Beans Romaine Salad Cucumber Slices Mandarin Oranges Pineapple Tidbits</p>	<p>4</p> <p>Hamburger on a GF Bun Baked Beans Baby Carrots Tomato Slices Mixed Dried Fruit Peaches</p>	<p>5</p> <p>Grilled Cheese Sandwich Steamed Broccoli Romaine Salad Chilled Peas Apple Wedges Pears</p>	<p>6</p> <p>GF Pancakes/Trix Yogurt Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries</p>
<p>9</p> <p>GF Pepperoni Pizza* Steamed Broccoli Baby Carrots Cauliflower Florettes Peaches Pears</p>	<p>10</p> <p>GF Chicken Tenders Corn Romaine Salad Zucchini Slices Pineapple Tidbits Banana</p>	<p>11</p> <p>Beef Taco Meat/Tortilla Chips Refried Beans Shredded Romaine Lettuce Shredded Cheese/Baby Carrots Apple Wedges Fruit Cocktail</p>	<p>12</p> <p>Grilled Chicken Patty on GF Bun Baked Beans Romaine Salad Tomato Slices Applesauce Orange Wedges</p>	<p>13</p> <p>GF Pancakes/Sausage Patties* Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries</p>
<p>16</p> 	<p>17</p> <p>Hot Dog on GF Bun* Baked Beans Baby Carrots Broccoli Florettes Peaches Fruit Cocktail</p>	<p>18</p> <p>Hot Ham & Cheese on GF Bread Steamed Corn Baby Carrots Cucumber Slices Apple Wedges Pears</p>	<p>19</p> <p>GF Chicken Tenders Steamed Peas Baby Carrots Zucchini Slices Pineapple Tidbits Applesauce</p>	<p>20</p> <p>Beef & Cheese Nachos/Salsa Glazed Carrots Romaine Salad Diced Tomatoes Mixed Dried Fruit Thickened Strawberries</p>
<p>23</p> <p>Sloppy Joe on GF Bun Oven Baked Fries Baby Carrots Chilled Peas Mandarin Oranges Fruit Cocktail</p>	<p>24</p> <p>Hamburger on GF Bun Sweet Potato Fries Romaine Salad Cucumber Slices Peaches Pears</p>	<p>25</p> <p>Grilled Chicken Sandwich Baked Beans Baby Carrots Chilled Edamame Pineapple Tidbits Applesauce</p>	<p>26</p> <p>Grilled Cheese on GF Bread Steamed Green Beans Romaine Salad Red Pepper Strips Thickened Strawberries Apricots</p>	<p>27</p> <p>Homemade GF Garlic Cheese Bread Corn Baby Carrots Broccoli Florettes Baked Apples Blueberries</p>
<p>30</p> <p>GF Pepperoni Pizza* Oven Baked French Fries Baby Carrots Spinach Salad Diced Pears Applesauce</p>	<p>31</p> <p>Hot Ham & Cheese on GF Bread Cuban Black Beans Romaine Salad Cucumber Slices Fruit Cocktail Thickened Strawberries</p>	