



Norwalk Community School District-Gluten Free

JANUARY 2017 EASTVIEW-GLUTEN FREE MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 	3 GF Cheese Pizza Green Beans Steamed Broccoli Mandarin Oranges Pineapple Tidbits	4 Beef & Cheese Nachos Refried Beans Oven Baked Fries Mixed Dried Fruit Peaches	5 Grilled Chicken Sandwich Hash Brown Glazed Carrots Blueberries 100% Juice	6 Hamburger on GF Bun Cross Trax Sweet Potato Fries Seasoned Corn Apple Wedges Pears
9 GF Chicken Tenders Mashed Potatoes Italian Blend Vegetables Peaches Pears	10 Cheese Burger on GF Bun Steamed Peas California Blend Vegetables Pineapple Tidbits Banana	11 Hot Ham & Cheese on GF Bread Steamed Cauliflower Baby Carrots Apple Wedges Fruit Cocktail	12 Beef Taco Meat/Tortilla Chips Refried Beans Broccoli Applesauce Orange Wedges	13 Grilled Cheese on GF Bread Sweet Potato Fries Green Beans Mandarin Oranges Fruit Cocktail
16 	17 Homemade Garlic Cheese Bread Oven Baked Fries Italian Blend Vegetables Peaches Pears	18 GF Pancakes/Egg Omelet Hash Brown Edamame 100% Juice Blueberries	19 Cheese Burger on GF Bun Steamed Broccoli Baby Carrots Pineapple Tidbits Applesauce	20 Queso & Chips Sweet Potato Tots Steamed Corn Mixed Dried Fruit Thickened Strawberries
23 Grilled Chicken on GF Bun Potato Smiles Steamed Peas Mandarin Oranges Fruit Cocktail	24 Chicken & Cheese Nachos Sweet Potato Cross Trax Refried Beans Peaches Pears	25 Hot Dog on GF Bun Green Beans Steamed Broccoli Pineapple Tidbits Applesauce	26 GF Pancakes/Sausage Patties Hash Brown Italian Blend Vegetables 100% Juice Chilled Blueberries	27 Homemade Garlic Cheese Bread California Blend Vegetables Mashed Potatoes Baked Apples Thickened Strawberries
30 Sloppy Joe on GF Bun Steamed Corn Edamame Diced Pears Applesauce	31 Grilled Chicken on GF Bun Steamed Broccoli Sweet Potato Tots Fruit Cocktail Thickened Strawberries	