






Norwalk Lunch Menu Grades 9-12 March 2017



Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	MONDAY	TUESDAY	1 WEDNESDAY	2 THURSDAY	3 FRIDAY
	Daily Side Choices also include fresh vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrots, Tomatoes, Broccoli or Cauliflower, and other assorted fresh vegetables.		Bosco Cheese Sticks/Marinara Cheese Quesadilla/Salsa French Toast Sticks/Egg Omelet Hash Brown Edamame 100% Juice Chilled Blueberries Assorted Fresh Fruit	Cheeseburger Real Slice Pepperoni Pizza* Orange Chicken & Rice Cheesy Potatoes Steamed Broccoli Pineapple Applesauce Assorted Fresh Fruit	Spicy Chicken Tenders/Dinner Roll Stuffed Crust Cheese Pizza Queso & Chips Sweet Potato Tots Steamed Corn Dried Fruit Thickened Strawberries Assorted Fresh Fruit
Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	6 MONDAY	7 TUESDAY	8 WEDNESDAY	9 THURSDAY	10 FRIDAY
	Popcorn Chicken/Dinner Roll Breaded Mozzarella Sticks/Marinara Breaded Pork Fritter on a Bun Potato Smiles Steamed Peas Mandarin Oranges Fruit Cocktail Assorted Fresh Fruit	Spicy Chicken Sandwich Corn Dog Chicken & Cheese Nachos Sweet Potato Cross Trax Refried Beans Pears Peaches Assorted Fresh Fruit	Individual Cheese Pizza Hot Dog on Bun* Chicken Fajitas/Salsa Green Beans Steamed Broccoli Pineapple Applesauce Assorted Fresh Fruit	Chicken Nuggets/Dinner Roll Fiestada Pizza/Salsa Pancakes/Sausage Patties* Italian Blend Vegetables Hash Brown Chilled Blueberries 100% Juice Assorted Fresh Fruit	Bacon Cheese Burger Garlic Cheese Bread Beef & Noodles/Dinner Roll California Blend Vegetables Mashed Potatoes Strawberry Applesauce Baked Apples Assorted Fresh Fruit
Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	13 MONDAY	14 TUESDAY	15 WEDNESDAY	16 THURSDAY	17 FRIDAY
	 <p>NO SCHOOL MARCH 13-17</p>  				
Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY
	Sloppy Joe on a Bun Breaded Chicken Patty on Bun Meatball Sub* Steamed Corn Edamame Pears Applesauce Assorted Fresh Fruit	Cheese Burger on Bun Grilled Chicken Patty on Bun Orange Chicken/Rice Steamed Broccoli Sweet Potato Tots Fruit Cocktail Thickened Strawberries Assorted Fresh Fruit	BBQ Pork Rib on Bun* Pepperoni Pizza Wedge* Walking Taco Ranch Beans Oven Baked Fries Peaches Orange Wedges Assorted Fresh Fruit	Chicken Tenders/Dinner Roll BBQ Beef on a Bun French Toast/Sausage Patties* Hash Brown Steamed Cauliflower Chilled Blueberries 100% Fruit Juice Assorted Fresh Fruit	Cheese Quesadilla/Salsa Chicken Sticks/Dinner Roll Cheese Enchiladas/Salsa Glazed Carrots Italian Blend Vegetables Dried Fruit Mandarin Oranges Assorted Fresh Fruit
Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	27 MONDAY	28 TUESDAY	29	30	31
	Breaded Mozzarella Sticks/Marinara Chicken Quesadilla/Salsa Turkey & Gravy/Biscuit Mashed Potatoes Corn Thickened Strawberries Fruit Cocktail Assorted Fresh Fruit	Chicken Tenders/Roll Cheese Stuffed Sticks/Marinara Frito Chili Pie/Cinnamon Roll Steamed Broccoli Glazed Carrots Applesauce Banana Assorted Fresh Fruit	Mini Corn Dogs Grilled Cheese Sandwich Pancakes/Little Smokies* Hash Brown Edamame 100% Fruit Juice Pineapple Tidbits Assorted Fresh Fruit	Spicy Chicken on a Bun Cheese Pizza Wedge Penne with Italian Meat Sauce/Breadstick Green Beans Sweet Potato Tots Mandarin Oranges Diced Pears Assorted Fresh Fruit	Garlic Cheese Bread BBQ Pork Rib Sandwich* Chicken Fajitas/Salsa Cheesy Potatoes Steamed Cauliflower Peaches Dried Cranberries Assorted Fresh Fruit

Weekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:20 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.