






## Norwalk Lunch Menu Grades 9-12 February 2017

Choose an Entrée:	MONDAY	TUESDAY	1 WEDNESDAY	2 THURSDAY	3 FRIDAY
<b>Entrée Selection</b> <b>Entrée Selection</b> <b>Entrée Selection</b>  Choose Side Items: (Must choose at least 1 side to build a meal.)	Daily Side Choices also include fresh vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrots, Tomatoes, Broccoli or Cauliflower, and other assorted fresh vegetables.		<b>BBQ Pork Rib on Bun*</b> <b>Stuffed Crust Pepperoni Pizza*</b> <b>Walking Taco</b>  Ranch Beans Oven Baked Fries Peaches Orange Wedges Assorted Fresh Fruit	<b>Chicken Tenders/Dinner Roll</b> <b>Breaded Beef Patty on Bun</b> <b>French Toast/Sausage Patties*</b>  Hash Brown Steamed Cauliflower Chilled Blueberries 100% Fruit Juice Assorted Fresh Fruit 	<b>Cheese Quesadilla/Salsa</b> <b>Chicken Sticks/Dinner Roll</b> <b>Chicken Fajita Pasta/Breadstick</b>   Glazed Carrots Italian Blend Vegetables Dried Fruit Mandarin Oranges Assorted Fresh Fruit
<b>Choose an Entrée:</b> <b>Entrée Selection</b> <b>Entrée Selection</b> <b>Entrée Selection</b>  Choose Side Items: (Must choose at least 1 side to build a meal.)	<b>6 MONDAY</b> <b>Breaded Mozzarella Sticks/Marinara</b> <b>Chicken Quesadilla/Salsa</b> <b>Turkey &amp; Gravy/Biscuit</b>  Mashed Potatoes Corn Thickened Strawberries Fruit Cocktail Assorted Fresh Fruit	<b>7 TUESDAY</b> <b>Chicken Tenders/Roll</b> <b>Cheese Stuffed Sticks/Marinara</b> <b>Frito Chili Pie/Cinnamon Roll</b>  Steamed Broccoli Glazed Carrots Applesauce Banana Assorted Fresh Fruit	<b>8 WEDNESDAY</b> <b>Mini Corn Dogs</b> <b>Grilled Cheese Sandwich</b> <b>Pancakes/Little Smokies*</b>  Hash Brown Edamame 100% Fruit Juice Pineapple Tidbits Assorted Fresh Fruit	<b>9 THURSDAY</b> <b>Spicy Chicken on a Bun</b> <b>Buffalo Chicken Pizza</b> <b>Penne with Italian Meat Sauce/Breadstick</b>  Green Beans Sweet Potato Tots Mandarin Oranges Diced Pears Assorted Fresh Fruit	<b>10 FRIDAY</b> <b>Garlic Cheese Bread</b> <b>BBQ Pork Rib Sandwich*</b> <b>Chicken Fajitas/Salsa</b>  Cheesy Potatoes Steamed Cauliflower Peaches Dried Cranberries Assorted Fresh Fruit
<b>Choose an Entrée:</b> <b>Entrée Selection</b> <b>Entrée Selection</b> <b>Entrée Selection</b>  Choose Side Items: (Must choose at least 1 side to build a meal.)	<b>13 MONDAY</b> <b>Individual Cheese Pizza</b> <b>Chicken Parmesan Sandwich</b> <b>Teriyaki Chicken Over Rice</b>  Edamame Steamed Broccoli Apricots Thickened Strawberries Assorted Fresh Fruit	<b>14 TUESDAY</b> <b>Garlic Cheese Bread</b> <b>BBQ Beef Sandwich</b> <b>Cheeseburger Macaroni/Dinner Roll</b>  Green Beans California Blend Vegetables Mandarin Oranges Pineapple Assorted Fresh Fruit 	<b>15 WEDNESDAY</b> <b>Chicken Nuggets/Dinner Roll</b> <b>Hamburger on Bun</b> <b>Meatball Sub</b>  Crosstrax Sweet Potato Fries Seasoned Corn Dried Fruit Strawberry Applesauce Assorted Fresh Fruit	<b>No School (6-12 Only)</b> <span style="margin-left: 100px;"><b>No School K-12</b></span>  	
<b>Choose an Entrée:</b> <b>Entrée Selection</b> <b>Entrée Selection</b> <b>Entrée Selection</b>  Choose Side Items: (Must choose at least 1 side to build a meal.)	<b>20 MONDAY</b> <b>Bosco Cheese Sticks/Marinara</b> <b>Chicken Tenders/Dinner Roll</b> <b>Salisbury Steak/Biscuit</b>  Mashed Potatoes Italian Blend Vegetables Peaches Pears Assorted Fresh Fruit	<b>21 TUESDAY</b> <b>Spicy Chicken Sandwich</b> <b>Cheese Burger on Bun</b> <b>Orange Chicken over Steamed Rice</b>  Steamed Peas California Blend Vegetables Orange Wedges Pineapple Assorted Fresh Fruit	<b>22 WEDNESDAY</b> <b>Breaded Chicken Sandwich</b> <b>Real Slice Pepperoni Pizza*</b> <b>Chicken &amp; Noodles/Dinner Roll</b>  Scalloped Potatoes Steamed Cauliflower Cherry Crisp Fruit Cocktail Assorted Fresh Fruit 	<b>23 THURSDAY</b> <b>Breaded Mozzarella Sticks/Marinara</b> <b>Chicken Fried Steak on Bun</b> <b>Soft-Shell Beef Tacos/Salsa</b>  Refried Beans Steamed Broccoli Peaches Applesauce Assorted Fresh Fruit	<b>24 FRIDAY</b> <b>Chicken Sticks/Dinner Roll</b> <b>Grilled Cheese Sandwich</b> <b>Pasta with Meat Sauce/Bread Stick</b>  Sweet Potato Fries Green Beans 100% Juice Blueberries Assorted Fresh Fruit
<b>Choose an Entrée:</b> <b>Entrée Selection</b> <b>Entrée Selection</b> <b>Entrée Selection</b>  Choose Side Items: (Must choose at least 1 side to build a meal.)	<b>27 MONDAY</b> <b>Hot Dog on a Bun*</b> <b>Pepperoni Pizza Bites*</b> <b>Baked Potato with Cheese &amp; Ham*/Biscuit</b>  Baked Beans Glazed Carrots Peaches Pears Assorted Fresh Fruit	<b>28 TUESDAY</b> <b>Fiestada Pizza/Salsa</b> <b>Breaded Chicken Sandwich</b> <b>Macaroni &amp; Cheese/Dinner Roll</b>  Oven Baked Fries Italian Blend Vegetables Fruit Cocktail Banana Assorted Fresh Fruit	<b><i>FEBRUARY is National Cherry Month! Try our tasty cherry crisp on the 22nd!</i></b>		

Weekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:20 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

\*Entrée May Contain Pork    Whole Grain Products Offered Daily    Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.