



Norwalk Lunch Menu Grades 9-12 August 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Prices for the 2017-2018 School Year Secondary Breakfast \$1.75 Secondary Lunch \$2.70 Individual Milk \$0.50 Second Entrée \$2.70 Second Meal \$3.20			
Choose an Entrée: Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 fruit or veggie side to build a meal.)	Daily Side Choices also include fresh vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrots, Tomatoes, Broccoli or Cauliflower, and other assorted fresh vegetables.		23 WEDNESDAY Stuffed Crust Pepperoni Pizza* Corn Dog Beef & Cheese Nachos Refried Beans Oven Baked Tater Gems Mandarin Oranges Fruit Cocktail Assorted Fresh Fruit	24 THURSDAY Cheese Stuffed Sticks/Marinara BBQ Beef on a Bun Pancakes/ Li' Smokies* Hash Brown Glazed Carrots Blueberries 100% Juice Assorted Fresh Fruit	25 FRIDAY Chicken Nuggets/Dinner Roll Hamburger on Bun Meatball Sub Crosstrax Sweet Potato Fries Seasoned Corn Dried Fruit Peaches Assorted Fresh Fruit
Choose an Entrée: Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 fruit or veggie side to build a meal.)	28 MONDAY Bosco Cheese Sticks/Marinara Chicken Tenders/Dinner Roll Salisbury Steak/Biscuit Mashed Potatoes Green Beans Pineapple Strawberry Cup Assorted Fresh Fruit	29 TUESDAY Spicy Chicken Sandwich Cheese Burger on Bun Orange Chicken over Steamed Rice Steamed Peas California Blend Vegetables Applesauce Fruit Cocktail Assorted Fresh Fruit	30 WEDNESDAY Breaded Chicken Sandwich Cheese Pizza Beef & Noodles/Dinner Roll Scalloped Potatoes Steamed Cauliflower Watermelon Tropical Fruit Assorted Fresh Fruit	31 THURSDAY Breaded Mozzarella Sticks/Marinara Hot Dog on a Bun* Soft-Shell Beef Tacos/Salsa Refried Beans Steamed Broccoli Pears Mandarin Oranges Assorted Fresh Fruit	

Weekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:20 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.