



## Norwalk Lunch Menu Grades 6-8 November 2017

	MONDAY	TUESDAY	1 WEDNESDAY	2 THURSDAY	3 FRIDAY
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>Daily Side Choices also include fresh vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrots, Tomatoes, Broccoli or Cauliflower, and other assorted fresh vegetables.</p>		<p><b>BBQ Pork Rib on Bun*</b></p> <p><b>Stuffed Crust Pepperoni Pizza*</b></p> <p><b>Walking Taco</b></p> <p>Ranch Beans</p> <p>Oven Baked Fries</p> <p>Orange Wedges</p> <p>Baked Apples</p> <p>Assorted Fresh Fruit</p>	<p><b>Chicken Tenders/Dinner Roll</b></p> <p><b>Beef &amp; Bean Burrito/Salsa</b></p> <p><b>French Toast/Sausage Patties*</b></p> <p>Hash Brown</p> <p>Steamed Cauliflower</p> <p>Chilled Blueberries</p> <p>100% Juice</p> <p>Assorted Fresh Fruit</p>	<p><b>NO SCHOOL</b></p> 
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p><b>6 MONDAY</b></p> <p><b>Philly Chicken Sandwich</b></p> <p><b>Breaded Pork Fritter on a Bun</b></p> <p><b>Baked Potato with Cheese/Biscuit</b></p> <p>Steamed Broccoli</p> <p>Corn on the Cob</p> <p>Apple Slices</p> <p>Apricots</p> <p>Assorted Fresh Fruit</p>	<p><b>7 TUESDAY</b></p> <p><b>Chicken Sticks/Roll</b></p> <p><b>Cheese Stuffed Sticks/Marinara</b></p> <p><b>Frito Chili Pie/Cinnamon Roll</b></p> <p>Oregon Blend Vegetables</p> <p>Tater Gems</p> <p>Applesauce</p> <p>Banana</p> <p>Assorted Fresh Fruit</p>	<p><b>8 WEDNESDAY</b></p> <p><b>Mini Corn Dogs</b></p> <p><b>Grilled Cheese Sandwich</b></p> <p><b>Pancakes/Egg Omelet</b></p> <p>Hash Brown</p> <p>Edamame</p> <p>100% Fruit Juice</p> <p>Chilled Blueberries</p> <p>Assorted Fresh Fruit</p>	<p><b>9 THURSDAY</b></p> <p><b>Spicy Chicken on a Bun</b></p> <p><b>Cheese Pizza</b></p> <p><b>Turkey &amp; Gravy/Biscuit</b></p> <p>Mashed Potatoes</p> <p>Glazed Carrots</p> <p>Mandarin Oranges</p> <p>Diced Pears</p> <p>Assorted Fresh Fruit</p>	<p><b>10 FRIDAY</b></p> <p><b>Garlic Cheese Bread</b></p> <p><b>BBQ Pork Rib Sandwich*</b></p> <p><b>Chicken Fajita/Salsa</b></p> <p>Green Beans</p> <p>Steamed Cauliflower</p> <p>Peaches</p> <p>Dried Cherries</p> <p>Assorted Fresh Fruit</p>
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p><b>13 MONDAY</b></p> <p><b>Bosco Cheese Sticks/Marinara</b></p> <p><b>Chicken Tenders/Dinner Roll</b></p> <p><b>Salisbury Steak/Biscuit</b></p> <p>Mashed Potatoes</p> <p>Green Beans</p> <p>Mandarin Oranges</p> <p>Fruit Cocktail</p> <p>Assorted Fresh Fruit</p>	<p><b>14 TUESDAY</b></p> <p><b>Pizza Burger</b></p> <p><b>Drumstick/Dinner Roll</b></p> <p><b>Macaroni &amp; Cheese/Dinner Roll</b></p> <p>Sugar Snap Peas</p> <p>Broccoli</p> <p>Apple Wedges</p> <p>Pineapple</p> <p>Assorted Fresh Fruit</p>	<p><b>15 WEDNESDAY</b></p> <p><b>Stuffed Crust Pepperoni Pizza*</b></p> <p><b>Corn Dog</b></p> <p><b>Beef &amp; Cheese Nachos</b></p> <p>Refried Beans</p> <p>Oven Baked Tater Gems</p> <p>Pears</p> <p>Grapes</p> <p>Assorted Fresh Fruit</p>	<p><b>16 THURSDAY</b></p> <p><b>Cheese Stuffed Sticks/Marinara</b></p> <p><b>BBQ Beef on a Bun</b></p> <p><b>Pancakes/ Lil' Smokies*</b></p> <p>Hash Brown</p> <p>Glazed Carrots</p> <p>Mixed Berries</p> <p>100% Juice</p> <p>Assorted Fresh Fruit</p>	<p><b>17 FRIDAY</b></p> <p><b>Chicken Nuggets/Dinner Roll</b></p> <p><b>Hamburger on Bun</b></p> <p><b>Meatball Sub</b></p> <p>Cross Trax Sweet Potato Fries</p> <p>Seasoned Corn</p> <p>Dried Fruit</p> <p>Peaches</p> <p>Assorted Fresh Fruit</p>
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p><b>20 MONDAY</b></p> <p><b>Mini Corn Dogs</b></p> <p><b>Buffalo Ranch Chicken Sandwich</b></p> <p><b>Pork Carnita &amp; Cheese Rice Bowl</b></p> <p>Fiesta Black Beans and Corn</p> <p>Cheesy Hashbrowns</p> <p>Thickened Strawberries</p> <p>Pineapple</p> <p>Assorted Fresh Fruit</p>	<p><b>21 TUESDAY</b></p> <p><b>Spicy Chicken Sandwich</b></p> <p><b>Cheese Burger on Bun</b></p> <p><b>Orange Chicken over Steamed Rice</b></p> <p>Steamed Peas</p> <p>California Blend Vegetables</p> <p>Apple Wedges</p> <p>Fruit Cocktail</p> <p>Assorted Fresh Fruit</p>			
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p><b>27 MONDAY</b></p> <p><b>Cheese Burger</b></p> <p><b>Pizza Crunchers</b></p> <p><b>Loaded Baked Potato Soup/Cinnamon Roll</b></p> <p>Corn on the Cob</p> <p>Steamed Broccoli</p> <p>Strawberry Applesauce</p> <p>Fruit Cocktail</p> <p>Assorted Fresh Fruit</p>	<p><b>28 TUESDAY</b></p> <p><b>Fiestada Pizza/Salsa</b></p> <p><b>Breaded Chicken Sandwich</b></p> <p><b>Teriyaki Chicken/Rice</b></p> <p>Glazed Carrots</p> <p>Steamed Peas</p> <p>Banana</p> <p>Pears</p> <p>Assorted Fresh Fruit</p>	<p><b>29 WEDNESDAY</b></p> <p><b>Pepperoni French Bread*</b></p> <p><b>Pulled BBQ Pork on a Bun*</b></p> <p><b>French Toast Sticks/Egg Omelet</b></p> <p>Hash Brown</p> <p>Edamame</p> <p>100% Juice</p> <p>Chilled Blueberries</p> <p>Assorted Fresh Fruit</p>	<p><b>30 THURSDAY</b></p> <p><b>Spicy Chicken Tenders</b></p> <p><b>Real Slice Pepperoni Pizza*</b></p> <p><b>Orange Chicken &amp; Rice</b></p> <p>Green Beans</p> <p>Sweet Potato Fries</p> <p>Pineapple</p> <p>Strawberries</p> <p>Assorted Fresh Fruit</p>	

Weekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:20 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

\*Entrée May Contain Pork    Whole Grain Products Offered Daily    Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.