





Norwalk Lunch Menu Grades 6-8 May 2017



Choose an Entrée:	1 MONDAY	2 TUESDAY	3 WEDNESDAY	4 THURSDAY	5 FRIDAY
Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 side to build a meal.)	Sloppy Joe on a Bun Breaded Chicken Patty on Bun Meatball Sub* Oven Baked Fries Edamame Sliced Peaches Applesauce Assorted Fresh Fruit	Cheese Burger on Bun Grilled Chicken Patty on Bun Orange Chicken/Rice Steamed Broccoli & Cheese Sweet Potato Fries Fruit Cocktail Grapes Assorted Fresh Fruit	Turkey & Cheese Melt Pepperoni Pizza Walking Taco Ranch Beans Seasoned Corn Mandarin Oranges Strawberry Applesauce Assorted Fresh Fruit	Spicy Chicken Tenders/Roll BBQ Beef on a Bun French Toast/Egg Omelet Hash Brown Glazed Carrots Chilled Blueberries 100% Juice Assorted Fresh Fruit	NO SCHOOL Daily Side Choices also include fresh vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrots, Broccoli/Cauliflower, Tomatoes and other assorted fresh vegetable options.
Choose an Entrée: Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 side to build a meal.)	8 MONDAY Breaded Mozzarella Sticks/Marinara Quesadilla/Salsa Beef Stir Fry/Rice Broccoli Corn Pears Sliced Peaches Assorted Fresh Fruit	9 TUESDAY Chicken Tenders/Roll Cheese Stuffed Sticks/Marinara Salisbury Steak or Drumstick/Biscuit Mashed Potatoes with Gravy Glazed Carrots Dried Fruit Watermelon Assorted Fresh Fruit	10 WEDNESDAY Mini Corn Dogs Grilled Cheese Sandwich Pancakes/Sausage Patties* Hash Brown Edamame Mandarin Oranges Pineapple Tidbits Assorted Fresh Fruit	11 THURSDAY Spicy Chicken on a Bun Cheese Pizza or Buffalo Chicken Pizza Penne with Italian Meat Sauce/Breadstick Green Beans Sweet Potato Cross Trax Peaches Baked Apples Assorted Fresh Fruit	12 FRIDAY Garlic Cheese Bread BBQ Pork Sandwich Chicken Fajita/Salsa Cheesy Potatoes Spicy Black Beans Fruit Cocktail Applesauce Assorted Fresh Fruit
Choose an Entrée: Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 side to build a meal.)	15 MONDAY Individual Cheese Pizza Breaded Chicken Patty on a Bun Teriyaki Chicken over Rice Mixed Vegetables Steamed Broccoli Mandarin Oranges Pineapple Assorted Fresh Fruit	16 TUESDAY Garlic Cheese Bread BBQ Beef on a Bun Fajita Macaroni & Cheese/ Breadstick Green Beans California Blend Vegetables Pears Peach Slices Assorted Fresh Fruit	17 WEDNESDAY Pepperoni Pizza* Grilled Chicken Sandwich Queso & Chips Refried Beans Oven Baked French Fries Strawberries Fruit Cocktail Assorted Fresh Fruit	18 THURSDAY Cheese Stuffed Sticks/Marinara Chicken Wrap Cook's Choice Vegetable of the Day Glazed Carrots Strawberry Kiwi Side Kick Fruit Crisp Assorted Fresh Fruit	19 FRIDAY Chicken Nuggets/Dinner Roll Egg & Cheese Bagel Sandwich Meatball Sub Sweet Potato Fries Seasoned Corn 100% Juice Cup Chilled Blueberries Assorted Fresh Fruit
Choose an Entrée: Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 side to build a meal.)	22 MONDAY Cheese Sticks/Marinara Chicken Tenders/Dinner Roll Cook's Choice Potato Smiles Italian Blend Vegetables Baked Apples Peaches Assorted Fresh Fruit	23 TUESDAY Spicy Chicken Sandwich Cheese Burger on Bun Orange Chicken over Steamed Rice Steamed Peas Steamed Broccoli Grapes Applesauce Assorted Fresh Fruit	24 WEDNESDAY Breaded Chicken Sandwich Pepperoni Pizza* Chicken & Noodles/Dinner Roll Mashed Potatoes California Blend Vegetables Pears Strawberries Assorted Fresh Fruit	25 THURSDAY Breaded Mozzarella Sticks/Marinara Corn Dog Soft-Shell Beef Taco/Salsa Refried Beans Cauliflower Fruit Cocktail Peach Cup Assorted Fresh Fruit	26 FRIDAY Popcorn Chicken/Dinner Roll Grilled Cheese Sandwich Cook's Choice Sweet Potato Fries Green Beans Fruit Choice Fruit Choice Assorted Fresh Fruit
Choose an Entrée: Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 side to build a meal.)	29 MONDAY <div style="text-align: center;"> MEMORIAL DAY-NO SCHOOL  </div>	30 TUESDAY Corn Dog Cook's Choice Cook's Choice Baked Beans Vegetable Choice Fruit Choices Assorted Fresh Fruit	31 WEDNESDAY <div style="text-align: center;"> Sack Lunch Deli Turkey Sandwich Baby Carrots Cold Vegetable Choice Craisins Strawberry Applesauce Cup </div>	<div style="text-align: center;">  </div>	

Weekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:20 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.