


Norwalk Lunch Menu Grades 6-8 February 2017

	MONDAY	TUESDAY	1 WEDNESDAY	2 THURSDAY	3 FRIDAY
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>Daily Side Choices also include fresh vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrots, Tomatoes, Broccoli or Cauliflower, and other assorted fresh vegetables.</p>		<p>BBQ Pork Rib on Bun*</p> <p>Stuffed Crust Pepperoni Pizza*</p> <p>Walking Taco</p> <p>Ranch Beans</p> <p>Oven Baked Fries</p> <p>Peaches</p> <p>Orange Wedges</p> <p>Assorted Fresh Fruit</p>	<p>Chicken Tenders</p> <p>Breaded Beef Patty on Bun</p> <p>French Toast/Sausage Patties*</p> <p>Hash Brown</p> <p>Steamed Cauliflower</p> <p>Chilled Blueberries</p> <p>100% Fruit Juice</p> <p>Assorted Fresh Fruit</p> 	<p>Cheese Quesadilla/Salsa</p> <p>Chicken Sticks</p> <p>Chicken Fajita Pasta/Breadstick </p> <p>Glazed Carrots</p> <p>Italian Blend Vegetables</p> <p>Dried Fruit</p> <p>Mandarin Oranges</p> <p>Assorted Fresh Fruit</p>
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>6 MONDAY</p> <p>Breaded Mozzarella Sticks/Marinara</p> <p>Chicken Quesadilla/Salsa</p> <p>Turkey & Gravy/Biscuit</p> <p>Mashed Potatoes</p> <p>Corn</p> <p>Thickened Strawberries</p> <p>Fruit Cocktail</p> <p>Assorted Fresh Fruit</p>	<p>7 TUESDAY</p> <p>Chicken Tenders/Roll</p> <p>Cheese Stuffed Sticks/Marinara</p> <p>Frito Chili Pie/Cinnamon Roll</p> <p>Steamed Broccoli</p> <p>Glazed Carrots</p> <p>Applesauce</p> <p>Banana</p> <p>Assorted Fresh Fruit</p>	<p>8 WEDNESDAY</p> <p>Mini Corn Dogs</p> <p>Grilled Cheese Sandwich</p> <p>Pancakes/Little Smokies*</p> <p>Hash Brown</p> <p>Edamame</p> <p>100% Fruit Juice</p> <p>Pineapple Tidbits</p> <p>Assorted Fresh Fruit</p>	<p>9 THURSDAY</p> <p>Spicy Chicken on a Bun</p> <p>Buffalo Chicken Pizza</p> <p>Penne with Italian Meat Sauce/Breadstick</p> <p>Green Beans</p> <p>Sweet Potato Tots</p> <p>Mandarin Oranges</p> <p>Diced Pears</p> <p>Assorted Fresh Fruit</p>	<p>10 FRIDAY</p> <p>Garlic Cheese Bread</p> <p>BBQ Pork Rib Sandwich*</p> <p>Chicken Fajita/Salsa</p> <p>Cheesy Potatoes</p> <p>Steamed Cauliflower</p> <p>Peaches</p> <p>Dried Cranberries</p> <p>Assorted Fresh Fruit</p>
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>13 MONDAY</p> <p>Individual Cheese Pizza</p> <p>Chicken Parmesan Sandwich</p> <p>Teriyaki Chicken Over Rice</p> <p>Edamame</p> <p>Steamed Broccoli</p> <p>Apricots</p> <p>Thickened Strawberries</p> <p>Assorted Fresh Fruit</p>	<p>14 TUESDAY</p> <p>Garlic Cheese Bread</p> <p>BBQ Beef Sandwich</p> <p>Cheeseburger Macaroni </p> <p>Green Beans</p> <p>California Blend Vegetables</p> <p>Mandarin Oranges</p> <p>Pineapple</p> <p>Assorted Fresh Fruit</p>	<p>15 WEDNESDAY</p> <p>Chicken Nuggets/Dinner Roll</p> <p>Hamburger on Bun</p> <p>Meatball Sub</p> <p>Crosstrax Sweet Potato Fries</p> <p>Seasoned Corn</p> <p>Dried Fruit</p> <p>Strawberry Applesauce</p> <p>Assorted Fresh Fruit</p>	<p>16 THURSDAY</p> <p>17 FRIDAY</p> <p>No School (6-12 Only) No School K-12</p> 	
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>20 MONDAY</p> <p>Bosco Cheese Sticks/Marinara</p> <p>Chicken Tenders/Dinner Roll</p> <p>Salisbury Steak/Biscuit</p> <p>Mashed Potatoes</p> <p>Italian Blend Vegetables</p> <p>Peaches</p> <p>Pears</p> <p>Assorted Fresh Fruit</p>	<p>21 TUESDAY</p> <p>Spicy Chicken Sandwich</p> <p>Cheese Burger on Bun</p> <p>Orange Chicken over Steamed Rice</p> <p>Steamed Peas</p> <p>California Blend Vegetables</p> <p>Orange Wedges</p> <p>Pineapple</p> <p>Assorted Fresh Fruit</p>	<p>22 WEDNESDAY</p> <p>Breaded Chicken Sandwich</p> <p>Real Slice Pepperoni Pizza*</p> <p>Chicken & Noodles/Dinner Roll</p> <p>Scalloped Potatoes</p> <p>Steamed Cauliflower</p> <p>Cherry Crisp</p> <p>Fruit Cocktail</p> <p>Assorted Fresh Fruit </p>	<p>23 THURSDAY</p> <p>Breaded Mozzarella Sticks/Marinara</p> <p>Chicken Fried Steak on Bun</p> <p>Soft-Shell Beef Taco/Salsa</p> <p>Refried Beans</p> <p>Steamed Broccoli</p> <p>Peaches</p> <p>Applesauce</p> <p>Assorted Fresh Fruit</p>	<p>24 FRIDAY</p> <p>Chicken Sticks/Dinner Roll</p> <p>Grilled Cheese Sandwich</p> <p>Pasta with Meat Sauce/Bread Stick</p> <p>Sweet Potato Fries</p> <p>Green Beans</p> <p>100% Juice</p> <p>Blueberries</p> <p>Assorted Fresh Fruit</p>
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p><i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>27 MONDAY</p> <p>Hot Dog on a Bun*</p> <p>Pepperoni Pizza Bites*</p> <p>Baked Potato with Cheese & Ham*/Biscuit</p> <p>Baked Beans</p> <p>Glazed Carrots</p> <p>Peaches</p> <p>Pears</p> <p>Assorted Fresh Fruit</p>	<p>28 TUESDAY</p> <p>Fiestada Pizza/Salsa</p> <p>Breaded Chicken Sandwich</p> <p>Macaroni & Cheese</p> <p>Oven Baked Fries</p> <p>Italian Blend Vegetables</p> <p>Fruit Cocktail</p> <p>Banana</p> <p>Assorted Fresh Fruit</p>	<div style="border: 2px solid red; padding: 10px; margin: 10px auto; width: 80%;"> <p><i>FEBRUARY is National Cherry Month! Try our tasty cherry crisp on the 22nd!</i></p> </div>		

Weekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:20 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.