



Norwalk Lunch Menu Grades 6-8 April 2017



	MONDAY	TUESDAY			
	Daily Side Choices also include fresh vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrots, Tomatoes, Broccoli or Cauliflower, and other assorted fresh vegetables.				

Choose an Entrée:	3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY
<i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i>	Individual Cheese Pizza Chicken Parmesan Sandwich Teriyaki Chicken over Rice	Garlic Cheese Bread BBQ Beef on a Bun Cheeseburger Macaroni/Dinner Roll	Stuffed Crust Pepperoni Pizza* Grilled Chicken Sandwich Beef & Cheese Nachos	Cheese Stuffed Sticks/Marinara Pulled BBQ Pork Sandwich* Pancakes/ Lil' Smokies*	Chicken Nuggets/Dinner Roll Egg & Cheese Bagel Sandwich Meatball Sub
Choose Side Items: (Must choose at least 1 side to build a meal.)	Edamame Steamed Broccoli Apricots Applesauce Assorted Fresh Fruit	Green Beans California Blend Vegetables Mandarin Oranges Pineapple Assorted Fresh Fruit	Refried Beans Oven Baked French Fries Watermelon Pears Assorted Fresh Fruit	Hash Brown Glazed Carrots 100% Juice Chilled Blueberries Assorted Fresh Fruit	Sweet Potato Tots Seasoned Corn Dried Fruit Strawberry Applesauce Assorted Fresh Fruit

Choose an Entrée:	10 MONDAY	11 TUESDAY	12 WEDNESDAY	13 THURSDAY	14 FRIDAY
<i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i>	Bosco Cheese Sticks/Marinara Chicken Tenders/Dinner Roll Salisbury Steak/Biscuit	Spicy Chicken Sandwich Cheese Burger on Bun Orange Chicken over Steamed Rice	Breaded Chicken Sandwich Pepperoni Pizza* Chicken & Noodles/Dinner Roll	Breaded Mozzarella Sticks/Marinara Bean & Cheese Burrito/Salsa Soft-Shell Beef Taco/Salsa	Chicken Sticks/Dinner Roll Grilled Cheese Sandwich Pasta with Meat Sauce/Bread Stick
Choose Side Items: (Must choose at least 1 side to build a meal.)	Mashed Potatoes Italian Blend Vegetables Peaches Pears Assorted Fresh Fruit	Steamed Peas Steamed Cauliflower Grapes Pineapple Assorted Fresh Fruit	Scalloped Potatoes California Blend Vegetables Homemade Fruit Crisp Mandarin Oranges Assorted Fresh Fruit	Refried Beans Steamed Broccoli Fruit Cocktail Applesauce Assorted Fresh Fruit	Sweet Potato Fries Green Beans Baked Apples Blueberries Assorted Fresh Fruit

Choose an Entrée:	17 MONDAY	18 TUESDAY	19 WEDNESDAY	20 THURSDAY	21 FRIDAY
<i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i>	Hot Dog on a Bun* Pepperoni Pizza Bites* Baked Potato with Cheese Sauce/Biscuit	Fiestada Pizza/Salsa Breaded Chicken Sandwich Macaroni & Cheese/Dinner Roll	Bosco Cheese Sticks/Marinara Cheese Quesadilla/Salsa French Toast Sticks/Egg Omelet	Chicken Drumstick & Biscuit Real Slice Pepperoni Pizza* Orange Chicken & Rice	Spicy Chicken Tenders/Dinner Roll Stuffed Crust Cheese Pizza Queso & Chips/Salsa
Choose Side Items: (Must choose at least 1 side to build a meal.)	Baked Beans Glazed Carrots Apple Wedges Pears Assorted Fresh Fruit	Oven Baked Fries Italian Blend Vegetables Fruit Cocktail Banana Assorted Fresh Fruit	Hash Brown Edamame Chilled Blueberries 100% Fruit Juice Assorted Fresh Fruit	Cheesy Potatoes Steamed Broccoli Florets Dried Cherries Thickened Strawberries Assorted Fresh Fruit	Sweet Potato Tots Steamed Corn Baked Spiced Apples Mandarin Oranges Assorted Fresh Fruit

Choose an Entrée:	24 MONDAY	25 TUESDAY	26 WEDNESDAY	27 THURSDAY	28 FRIDAY
<i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i>	Popcorn Chicken/Dinner Roll Breaded Mozzarella Sticks/Marinara Breaded Pork Fritter on a Bun	Spicy Chicken Sandwich Corn Dog Chicken & Cheese Nachos	Individual Cheese Pizza Hot Dog on Bun* Chicken Fajita/Salsa	Chicken Nuggets/Dinner Roll Fiestada Pizza/Salsa Sweet & Sour Chicken Over Steamed Rice	Bacon Cheese Burger Garlic Cheese Bread Chicken & Noodles/Dinner Roll
Choose Side Items: (Must choose at least 1 side to build a meal.)	Potato Smiles Steamed Peas Peaches Strawberry Applesauce Assorted Fresh Fruit	Sweet Potato Cross Trax Refried Beans Diced Pears Fresh Orange Wedges Assorted Fresh Fruit	Green Beans Scalloped Potatoes Pineapple Baked Apples Assorted Fresh Fruit	Italian Blend Vegetables Steamed Broccoli Assorted Fruit Side Kicks Dried Cranberries Assorted Fresh Fruit	California Blend Vegetables Mashed Potatoes Chilled Blueberries Grapes Assorted Fresh Fruit

Weekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:20 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.