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Norwalk Community School District-Elementary



FEBRUARY 2017 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
		1	2	3		
	FEBRUARY is National	GF Chicken Tenders	Grilled Cheese on GF Bread	GF Pancakes/Trix Yogurt		
	Cherry Month!	Baked Beans	Baby Carrots	Hash Brown		
	cherry wonth:	Baby Carrots	Romaine Salad	Baby Carrots		
		Green Pepper Strips	Broccoli Florettes	Celery Sticks		
		Peaches	Pineapple	100% Orange Juice		
		Orange Wedges	Mandarin Oranges	Blueberries		
6	7	8	9	10		
Deli Turkey Sandwich on GF Bread	Grilled Chicken Sandwich	Chicken Fajita Strips/Tortilla Chips	Walking Taco	Cheese Burger on GF Bun		
Oven Baked Potato Smiles	Steamed Broccoli	Green Beans	Refried Beans	Salad		
Baby Carrots	Romaine Salad	Baby Carrots	Shredded Romaine Lettuce	Baby Carrots		
Chilled Edamame	Zucchini Slices	Celery Sticks	Diced Tomatoes	Chilled Peas		
Thickened Strawberries	Banana	Apple Wedges	Mandarin Oranges	Peaches		
Fruit Cocktail	Applesauce	Pineapple Tidbits	Pears	Dried Fruit		
13	14	15	16	17		
GF Chicken Tenders	GF Cheese Pizza	Grilled Cheese on GF Bread	Hamburger on a GF Bun	NO SCHOOL		
Sweet Potato Fries	Green Beans	Steamed Broccoli	Baked Beans			
Baby Carrots	Romaine Salad	Baby Carrots	Romaine Salad			
, Chilled Edamame	Cucumber Slices	Chilled Peas	Tomato Slices			
Baked Apples	Strawberries	Mandarin Oranges	Mixed Dried Fruit			
Apricots	Pineapple Tidbits	Pears	Peaches			
20	21	22	23	24		
GF Pepperoni Pizza*	Sun Butter Sandwich on GF Bread	Beef Taco Meat/Tortilla Chips	Grilled Chicken on GF Bun	GF Pancakes/Sausage Patties*		
Steamed Broccoli	Steamed Broccoli	Refried Beans	Baked Beans	Hash Brown		
Baby Carrots	Romaine Salad	Shredded Romaine Lettuce	Romaine Salad	Baby Carrots		
Cauliflower Florettes	Zucchini Slices	Shredded Cheese/Baby Carrots	Tomato Slices	Celery Sticks		
Peaches	Pineapple Tidbits	Apple Wedges	Applesauce	100% Orange Juice		
Pears	Orange Wedges	Fruit Cocktail	Mandarin Oranges	Blueberries		
27	28					
Hot Dog on a GF Bun*	Turkey & Gravy/GF Dinner Roll	Take a LEAP and try				
Baked Beans	Mashed Potatoes					
Baby Carrots	Romaine Salad		school breakfast			
Broccoli Florettes	Cucumber Slices	beginning at 7:30 each				
Peaches	Banana					
Pears	Fruit Cocktail	morning!				
* Entrée May Contain Pork A Variety of Condiments Are Offered Daily						
USDA is an equal opportunity provider. Menu is subject to change without notice.						
A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry						
مامر ، +C	ante may choose a hot ontrée, cold ontré	a or vogurt & string shapes antice daily	v. All meals include side choices ° cost	on of milk		
Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.						