

Norwalk Community School District-Oviatt



APRIL 2017 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast Pizza*	4 Cheese Omelet, Toast	5 Breakfast Pizza*	6 French Toast Sticks	7 Sausage & Pancake Bites*
Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
Chicken Nuggets/Dinner Roll	Cheese Pizza Wedge	Chicken & Noodles	Hamburger on a Bun	French Toast/Trix Yogurt
String Cheese/Dinner Roll	Diced Turkey/Biscuit	Diced Ham*/Dinner Roll	Cheese Sandwich	Deli Turkey Sandwich
Green Beans	Sweet Potato Fries	Mashed Potatoes	Baked Beans	Hash Brown
Baby Carrots	Romaine Salad	Baby Carrots	Romaine Salad	Baby Carrots
Chilled Edamame	Red Pepper Strips	Broccoli Florettes	Tomato Slices	Cucumber Slices
Applesauce	Mandarin Oranges	Watermelon	Mixed Dried Fruit	100% Orange Juice
Apricots	Pineapple Tidbits	Pears	Peaches	Blueberries
10 Breakfast Pizza*	11 Cheese Omelet, Toast	12 Breakfast Pizza*	13 French Toast Sticks	14 Sausage & Pancake Bites*
Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
Pepperoni Pizza*	Chicken Sticks/Dinner Roll	Soft Shell Beef Taco/Salsa	Breaded Chicken Patty on Bun	Pancakes/Egg Omelet
Sun Butter Sandwich	Cottage Cheese/Dinner Roll	Diced Ham*/Dinner Roll	Deli Ham on a Bun*	Diced Turkey/Dinner Roll
Steamed Broccoli	Corn	Refried Beans	Baked Beans	Hash Brown
Baby Carrots	Romaine Salad	Shredded Romaine Lettuce	Romaine Salad	Baby Carrots
Cauliflower Florettes	Zucchini Slices	Shredded Cheese/Baby Carrots	Tomato Slices	Celery Sticks
Peaches	Pineapple Tidbits	Apple Crisp	Applesauce	100% Orange Juice
Pears	Grapes	Mandarin Oranges	Fruit Cocktail	Blueberries
17 Breakfast Pizza*	18 Cheese Omelet, Toast	19 Breakfast Pizza*	20 French Toast Sticks	21 Sausage & Pancake Bites*
Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
Hot Dog on a Bun*	Cheese Stuffed Sticks/Marinara	Chicken Tenders/Dinner Roll	Beef & Cheese Nachos/Salsa	Popcorn Chicken/Dinner Roll
Sun Butter Sandwich	Deli Turkey Sandwich	Cheese Sandwich	Diced Ham/Dinner Roll	Cottage Cheese/Dinner Roll
Baked Beans	Corn	Steamed Peas	Ranch Beans	Green Beans
Baby Carrots	Romaine Salad	Baby Carrots	Romaine Salad	Baby Carrots
Broccoli Florettes	Cucumber Slices	Zucchini Slices	Diced Tomatoes	Celery Sticks
Apple Wedges	Banana	Peaches	Mixed Dried Fruit	Baked Apples
Pears	Fruit Cocktail	Applesauce	Thickened Strawberries	Mandarin Oranges
24 Breakfast Pizza*	25 Cheese Omelet, Toast	26 Breakfast Pizza*	27 French Toast Sticks	28 Sausage & Pancake Bites*
Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk	Fruit, Juice & Milk
Sloppy Joe on a Bun	Pepperoni Pizza Bites	Corn Dog	BBQ Pork Rib on a Bun*	Garlic Cheese Bread
Deli Ham on a Bun*	Diced Turkey/Dinner Roll	Sun Butter Sandwich	Cottage Cheese/Dinner Roll	Deli Turkey Sandwich
Oven Baked Fries	Sweet Potato Fries	Baked Beans	Steamed Green Beans	Steamed Broccoli
Baby Carrots	Romaine Salad	Baby Carrots	Romaine Salad	Baby Carrots
Chilled Peas	Cucumber Slices	Chilled Edamame	Red Pepper Strips	Zucchini Slices
Peaches	Apple Slices	Pineapple Tidbits	Strawberry Kiwi Side Kick	Baked Apples
Fruit Cocktail	Pears	Applesauce	Raisins	Grapes



SEAL the deal and eat a healthy school breakfast beginning at 7:30 each morning!

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.