

Norwalk Community School District-Gluten Free Eastview

APRIL 2017-LUNCH MENU



		THE ROLL DOTT DOTTON MENTO		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
GF Grilled Chicken Sandwich	GF Garlic Cheese Bread	Beef & Cheese Nachos	GF Pancakes/Egg Omelet	GF Egg & Cheese Bagel
Steamed Broccoli	Green Beans	Refried Beans	Hash Brown	Sweet Potato Tots
Edamame	California Blend Vegetables	Oven Baked Fries	Glazed Carrots	Corn
Applesauce	Mandarin Oranges	Watermelon	Chilled Blueberries	Dried Fruit
Apricots	Pineapple Tidbits	Pears	100% Juice	Strawberry Applesauce
10	11	12	13	14
GF Chicken Tenders/GF Roll	Cheese Burger on GF Bun	Grilled Chicken on GF Bun	Taco Meat with Tortilla Chips	GF Grilled Cheese Sandwich
Mashed Potatoes	Steamed Peas	California Blend Vegetables	Refried Beans	Sweet Potato Fries
Italian Blend Vegetables	Cauliflower	Baby Carrots	Steamed Broccoli	Green Beans
Peaches	Pineapple Tidbits	Apple Slices	Applesauce	Baked Apples
Pears	Grapes	Mandarin Oranges	Fruit Cocktail	Blueberries
17	18	19	20	21
Hot Dog on GF Bun*	Deli Turkey on GF Bread	GF Pancakes/Egg Omelet	GF Pizza	Queso & Tortilla Chips
Baked Beans	Oven Baked Fries	Hash Brown	Baby Carrots	Sweet Potato Tots
Glazed Carrots	Italian Blend Vegetables	Edamame	Steamed Broccoli	Steamed Corn
Apple Wedges	Banana	Chilled Blueberries	Dried Cherries	Baked Apples
Pears	Fruit Cocktail	100% Fruit Juice	Thickened Strawberries	Mandarin Oranges
24	25	26	27	28
Sloppy Joe on a GF Bun	Hot Dog on GF Bun*	Chicken Fajita/Tortilla Chips	GF Garlic Cheese Bread	Cheese Burger on GF Bun
Potato Smiles	Sweet Potato Cross Trax Fries	Green Beans	Italian Blend Vegetables	California Blend Vegetables
Steamed Peas	Refried Beans	Baby Carrots	Steamed Broccoli	Mashed Potatoes
Peaches	Orange Wedges	Pineapple Tidbits	Strawberry Kiwi Side Kick	Chilled Blueberries
Strawberry Applesauce	Pears	Baked Apples	Dried Cranberries	Grapes



SEAL the deal and eat a healthy school breakfast beginning at 7:30 each morning!

* Entrée May Contain Pork

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

All meals include side choices & carton of milk.