



**FOODBANK**  
OF IOWA



## Norwalk School District

### The Facts

- 1 in 5 children does not have enough to eat in Iowa
- Up to 5,000 children (K -6<sup>th</sup> grade) are served each week through the Backpack Program™
- 138 sites in 31 Iowa counties participate in the program



### What Participating Children Receive

- Two Breakfast Items
- Two 100% juice/veg boxes
- Two fruit items
- Two snack items
- Two shelf-stable servings of milk
- One main meal
- One individual sized nut butter

### How to Help

- Donate funds – For approximately \$4 a week, you can provide a backpack full of food to a child in need
- Volunteer – Groups or individuals are needed on a monthly basis to set-up, pack and assemble more than 4,000 sacks of food for participating children

### Questions/Contacts

- For eligibility to participate in the Norwalk program – Carrie Graber 515-981-0435 x4605
- To volunteer in Norwalk – Bob Casettline 515-287-8580
- Questions – Please contact the Food Bank of Iowa – Kate Pauly 515-564-0330